

Title	Description	Presenter
Working with Children is Easy! The Real Question is How Do I Work with Adults? Childhood Mental Health in Early Learning Settings	While working with children poses many challenges, one of the biggest hurdles of the early childhood field is learning how to communicate effectively and professionally with colleagues. This workshop will share strategies for coaching, developing, and fostering positive and impactful communication with colleagues, from both a teacher and administrative perspective. There are many different models of teaching in different centers, ranging from co-teachers, lead and assistants, or an am to pm teacher duo; along with aides and volunteers in the classroom. This presentation will help attendees learn how to work together and grow as a team in all settings. Engaging and developing other professionals in the early childhood field is critical for personal professional growth, but also by ensuring the continued success of a colleague, classroom, center, and the early childhood profession.	Courtney Hultgren
Reflective Practice and Supervision/Facilitation	The presentation on reflective supervision is an overview of the history of supervision of professionals, their professional development and maintenance throughout their practice. A historical review of supervision, types of supervision, and how the focus of infant mental health lends itself to reflective supervision are discussed. Further, the complex nature of multiple layers of relationships in the family and between the infant, family, and therapist are explored as a way of understanding the value of the reflective process. KDHE approval: Course ID # 2021-000070-001	Rick Gaskill, PhD, IMH-E®

Special Education		(Part C)
Breastfeeding and Maternal Mental Health	Explore the protective power of breastfeeding to improve maternal and infant mental health. We will look at the physiological effects of breastfeeding on both the mother and the infant. Learn why protecting breastfeeding can be an essential strategy to improving the mental health of mothers and children.	Brenda Bandy, KS Breastfeeding Coalition
KAIMH IMH Endorsement I: Introduction to Infant Mental Health - Be a Voice for Babies	<p>Understanding Infant Mental Health is the foundation to KAIMH endorsement. This session will give an overview of Infant Mental Health including the basics of brain development, discuss what Infant and Early Childhood Mental Health is, and how that knowledge can benefit both the professional and caregiver.</p> <p>KDHE Approval: Course ID # 2021-000067-001</p>	Lana Messner, IMH-E® Tammy Wallin, MS, IMH-E®
KAIMH IMH Endorsement II: Orientation to the KAIMH Infant Mental Health Endorsement	<p>IMH Endorsement® is a process that supports and recognizes the development of professionals who work with or on behalf of infants, toddlers, and their families. This process uses a nationally recognized set of competencies that helps define best practice and guides professional growth. This session will discuss the process and value of IMH Endorsement®, an overview of Kansas Association of Infant and Early childhood Mental Health (KAIMH) and how it can benefit mental health professionals.</p> <p>KDHE Approval: Course ID # 2021-000069-001</p>	Beth Blubaugh, LCMFT, IMH-E®
KAIMH IMH Endorsement III: Specialized Training for IMH Endorsement	The Endorsement for Culturally Sensitive, Relationship-focused Practice Promoting Infant and Early Childhood Mental Health (IMH-E®) documents competency in the infant, young child-family field. Gaining	Lana Messner, IMH-E® Tammy Wallin, MS, IMH-E®

	<p>the IMH Endorsement recognizes professionals who understand these concepts and apply them to their work with families and children. This session will explore professional development and training resources to attain this skill level in infant and early childhood mental health practice. Building skills for providing Reflective Supervision/Consultation as a new income source and increased community supports for CMHCs.</p> <p>KDHE Approval: Course ID # 2021-000068-001</p>	
Parallel Equity: Exploring, Fostering, and Sustaining Inclusive Cultures of Belonging	<p>A session to uncover where you are, where you want to go, and how to do it equitably, in partnership with others. Using the parallel process as our catalyst for change, participants will reflect on equity and explore how to foster an inclusive culture of belonging. We will work collaboratively to provide a counter narrative to being the expert and identify ways to sustain that work within your relationships and organizations. This training will apply to child care providers as they hold our most precious babies in their care. Their role is perhaps of the utmost importance to create a culture of belonging in their care and within their relationships with families and other providers.</p>	Suzy Green
The Growing Brain 0-3 Years Friday, 4-29-22	Understanding our brain and it's functions can be daunting. The session will make learning about the developing brain fun and interactive while also learning about ways to support the healthy development of the brains of the young children we care for every day.	Heather Barnett, LSCSW, RPT, IMH-E®
The Growing Brain 4-5 Years Friday, 4-29-22	Understanding our brain and it's functions can be daunting. The session will make learning about the developing brain fun and interactive while also learning about ways to support the healthy development	Heather Barnett, LSCSW, RPT, IMH-E®

	of the brains of the young children we care for every day.	
Family First Prevention Services: Supporting Families With Young Children Thursday, 4-28-22 afternoon	Family First Prevention Services launched in Kansas in 2019, signaling a new federal focus and statewide commitment to prevention. Following two years of implementation and evaluation, Dr. Kaela Byers, Family First Evaluator, will share the story and lessons of this program. Specifically, Kaela will discuss how Family First came to be, lessons learned along the journey, and early outcomes as they relate to families with young children. This session will highlight practical implications for professionals working with families of young children.	Kayla Byers, Ph.D.
(NOT A BREAKOUT - WILL BE PLENARY ON 4/29) The Intersection of Parent-Child Relationships and Neuroscience	Parents and child care providers spend considerable time with infants and young children. This offers great opportunities for relational interactions which promote neurostimulation and growth. When parents and caregivers understand this process they are better prepared to offer an enriched environment for children to flourish, maximizing each child's neural growth and potential.	Rick Gaskill PhD, IMH-E®
Our Babies Are Dying: Doulas on the Battlefield	This breakout session will begin with an overview of disparities in birth outcomes at a national and state level. Time will be spent examining root causes for these disparities and the long-term impact on developing children. Participants will learn about a community-based doula project in Douglas County that aims to support some of the most vulnerable birthing people and their babies. Doulas work with parents in their home during pregnancy and postpartum to encourage healthy bonding, attachment and parenting practices that support the social and emotional well-being of infants. The session will conclude with an open discussion and AMA with members from Doulas of Douglas County.	Traci Dotson, LBSW, Doula Project Manager, Success By 6 Coalition of Douglas County and Daneka Vann, Pre-Certified Doula

