

**KRI****ATA**AQUARIAN  
TRAINER  
ACADEMY

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## ATA – Trainer Role Descriptions

### Role Title: Mentor

- Qualified Mentors oversee the development and qualification of Trainers-in-Training as they progress through the Academy.
- Inspires, organizes, and leads meetings that involve all team members, problem-solving and resolving conflicts as needed.
- Support mentees in developing an [Individual Development Plan](#) and qualifying them as they successfully demonstrate their Roles & Responsibilities, Competencies, Content Credits and Bench Hours.
  - o Provides assignments to mentees to support completion of IDP goals.
  - o Assesses the effectiveness of the mentee's skills by observing the mentee in the Trainer role.
  - o Provides feedback on performance and how well-prepared the mentee is in various skills and areas.
  - o Using the IDP, creates a learning strategy to bridge the gap of the mentee's development.
  - o Evaluates mentee's performance post completion of IDP and makes further recommendations.
- Establishes mentee programs and mentoring for Interns and Associate Trainers as required
- Oversees mentees and actively pursues opportunities to work with them throughout the delivery of the program.
- Promotes the development of others by providing opportunities for growth. Encourages the development of the mentee's own discernment and does not enable dependency.
- Knows when to step back and let others take charge.

### **KRI Requirements**

- Be a Professional or a Lead Trainer
- Completion of **Mentoring Development Program**
- Fully Level Two certified.
- Abides by the KRI Code of Ethics and Professional Standards and represents the Golden Chain.
- Attends at least one major KRI, IKYTA or 3HO Event every year.
- Attends an [ATA Event \(Online or In Person Trainer events\)](#) at least every other year.
- Continues to teach Kundalini Yoga classes.
- To continue developing the required *Qualities of a Mentor* (See the details on the required competencies in the document – [MnT Competency Evaluation Form](#))
- Have a valid KRI Trainer License, renewed annually.