

**KRI****ATA**AQUARIAN
TRAINER
ACADEMY

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ATA – Trainer Role Descriptions

Role Title: Mentor

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- Qualified Mentors oversee the development and qualification of Trainers-in-Training as they progress through the Academy.
 - Inspires, organizes, and leads meetings that involve all team members, problem-solving and resolving conflicts as needed.
 - Support mentees in developing an [Individual Development Plan](#) and qualifying them as they successfully demonstrate their Roles & Responsibilities, Competencies, Content Credits and Bench Hours.
 - o Provides assignments to mentees to support completion of IDP goals.
 - o Assesses the effectiveness of the mentee's skills by observing the mentee in the Trainer role.
 - o Provides feedback on performance and how well-prepared the mentee is in various skills and areas.
 - o Using the IDP, creates a learning strategy to bridge the gap of the mentee's development.
 - o Evaluates mentee's performance post completion of IDP and makes further recommendations.
 - Establishes mentee programs and mentoring for Interns and Associate Trainers as required
 - Oversees mentees and actively pursues opportunities to work with them throughout the delivery of the program.
 - Promotes the development of others by providing opportunities for growth. Encourages the development of the mentee's own discernment and does not enable dependency.
 - Knows when to step back and let others take charge.

KRI Requirements

- Be a Professional or a Lead Trainer
- Completion of **Mentoring Development Program**
- Fully Level Two certified.
- Abides by the KRI Code of Ethics and Professional Standards and represents the Golden Chain.
- Attends at least one major KRI, IKYTA or 3HO Event every year.
- Attends a Trainer Forum at least every other year.
- Continues to teach Kundalini Yoga classes.
- To continue developing the required *Qualities of a Mentor* (See the details on the required competencies in the document – [MnT Competency Evaluation Form](#))
- Have a valid KRI Trainer License, renewed annually.