

Robin Rose Bennett - The Green Witch

Path to Self-Discovery 2024

During this enlightening and restorative course, you'll:

- Learn to **synchronize with the Earth's cycles** and elements, fostering a deeper appreciation and understanding of the natural world and enhancing your mental and emotional wellbeing
- Discover the **therapeutic and spiritual benefits of various plants** and trees, and how their unique properties can be harnessed for physical and spiritual healing
- Acquire the skills to **create potent herbal remedies** from nature's bounty, such as infusions, oils, and syrups, empowering you with self-sufficiency in natural healing
- Gain insights into the significance of **seasonal rituals** and how they align with natural cycles, enriching your spiritual practice and connection to the earth
- **Unveil the magic and medicine** of delicate flowers and robust roots, understanding their roles in holistic health and spiritual practices
- Participate in **meaningful and playful rituals** that celebrate life's cycles, including Beltane, enhancing your joy and spiritual depth
- Understand the **profound bond between humans and trees**, learning to identify and commune with your tree guardian for a unique and personal spiritual experience
- Be guided through meditations and practices to connect you intimately with each plant studied, **fostering a sense of peace**, grounding, and unity with the living world
- And *much* more...

You'll experience **transformative rituals, guided meditations, and tea tastings** to help you connect with the plants and yourself in a more meaningful way.

The course materials begin with the spring equinox — a time of hope, of clearing the way for a new beginning. **You'll discover a special Spring Equinox Ritual of Awakening** that can help you discover how you are an integral part of Nature's continuous cycle of birth, death, and rebirth. You'll feel yourself as the rising sap in the trees or a bear emerging from hibernation — and explore which parts of you are **yearning to awaken**.

In the final module of the program, you'll be lead **through a lively Beltane ceremony** to honor the energies of spring and celebrate the sensual joining of the sacred energies of the divine feminine with the divine masculine. You'll immerse yourself in a sensory practice with **chocolate and honey**, preparing you for a meditation on the union of spirit and sensuality.

With Robin Rose's on-demand course, you'll uncover **the beauty, power, and fun of living in sync with nature's rhythms...**

... and a **renewed sense of belonging in the web of life**, helping you cultivate balance, wellness, and harmony.

What You'll Discover in These 7 Modules

In this 7-module transformational course, you'll be guided through the fundamental skills and competencies you'll need to advance a holistic journey of self-discovery and healing, where you'll learn to harness the restorative powers of nature, deepen your connection with the Earth's cycles and elements, and explore the richness of plant and tree medicine.



Module 1

Harness the Invigorating Essence of Spring's Regenerative Power to Revitalize Your Spirit



Module 2

Explore the Art of Herbal Alchemy for Unparalleled Self-Sufficiency & Healing Potency



Module 3

Fortify Your Organs and Systems With the Power of Earth's Roots



Module 4

Elevate Your Wellbeing & Nourish Your Body With the Healing Magic of Leaf Medicine



Module 5

Blossom Into Radiant Health With Flower Remedies



Module 6

Embrace the Mystical Gifts of Your Forest Guardians for Personal Healing & Spiritual Connection



Module 7

Ignite the Ecstasy of Life With a Transformative Beltane Ritual

SPECIAL BONUS OFFER

In addition to Robin Rose's transformative 7-module online course, you'll receive this special bonus offering to complement the course and take your understanding and practice to an even deeper level.



Bonus

Journey With Sassafras for Love, Light & Herbal Healing

Audio Teaching From Robin Rose Bennett

In this 23-minute audio journey, Robin Rose leads you in a practical approach to plant communication, focusing on the *Sassafras albidum* tree. You'll learn how to tune into the subtle messages and understand the unique healing properties of Sassafras. This

experience is designed to be both informative and meditative, providing insights into the herbal benefits of Sassafras, which offers gifts of love and light to our hearts as well as profound physical herbal medicine gifts.



Bonus

The Art of Herbal Medicine Making

Video Teaching From the Illuminated Herbalism Summit

Robin Rose Bennett shares artful ways to prepare effective herbal remedies using common fresh and dried herbs in this 75-minute video. Learn about preparations that use water, alcohol, or oil. Also, discover the gifts offered by the herbs, and why it's important to learn about them and use them in your daily life.