### **Haulashore Circuit times**

NB The race starts at 30 minutes before high tide.

| Matthew Hansen   | 40.46 |
|------------------|-------|
| Christina Harris | 46.48 |

# 2009-2010

| Matthew Hansen | 37.24 |
|----------------|-------|
| Kirstin Ramsay | 42.24 |

# 2010-2011

| Harrison Dean | 38.02 |  |
|---------------|-------|--|
| Zoe Borrell   | 44.56 |  |

### 2011-2012

| Kaiori McGuinniety | 36.52 |
|--------------------|-------|
| Lisa Birkett       | 43.26 |

# 2012-2013

| Matthew Hansen | 38.17 |
|----------------|-------|
| Lisa Birkett   | 38.44 |

# 2013-2014

| Luke Kelly | 36.28 |  |
|------------|-------|--|
| Pip Dwyer  | 38.58 |  |

# 2014-2015

| Luke Kelly | 35.45 |
|------------|-------|
| Pip Dwyer  | 38.15 |

# 2015-2016

| Hamish Neill   | 40.00 |  |
|----------------|-------|--|
| Rachel McBride | 41.12 |  |

# 2016-2017

| Hayden Squance | 35.33 |
|----------------|-------|
| Jodie Lovell   | 39.25 |

# 2017-2018 - cancelled

### 2018-2019

| Ben Marshall     | 36.37 |
|------------------|-------|
| Christina Harris | 40.16 |

### 2019-2020

| Alec Swan     | 32.19 (record) |
|---------------|----------------|
| Sierra Thomas | 38.03 (record) |

#### 2020-2021

A new course - to the dolphin, out through The Cut, on to the beach.

Another option was to run across the island and a third option was the normal short course from the steps to the beach. Strangely, it was run about two hours prior to a huge high tide. Most of the people on the long course couldn't get around the end of the mole and had to climb on to it and drop down on the other side.

#### Long course

| 41.32 |
|-------|
| 34.30 |
|       |

David Osbourn 58.21 Sierra Thomas 42.40

Short course

Brian Mills 21.26 Lilly Claridge 18.32

#### 2021-22

Another new course - this time 5km. From the beach, dolphin, out through the cut, down to a buoy near the sandspit then to another buoy offshore by Rocks Rd an in to the beach

#### Long course

| Ben Isles   | 58.20   |
|-------------|---------|
| Kiri Aitken | 1.08.13 |

**Short course** 

Michael Crowe 33.52 Ruth Thomas 32.18

#### 2022-23

#### 5km Challenge

| 0-               |         |
|------------------|---------|
| Hayden Squance   | 1.05.41 |
| Christina Harris | 1.18.07 |

2km race

Chris Vincent 31.22 Nia Linyard 31.23

#### 2023-2024

### 5km race

| Matthew Hansen | 1.10.01 |
|----------------|---------|
| Jodie Lovell   | 1.13.08 |

2km race

Ben Van Dyke 36.53 Nia Linyard 36.35