

SEAHAWKS 11-MAN TEAM SEASON TOTAL RECORDS 2015-PRESENT

OFFENSIVE

	Record	Year
Points	504	2019
	503	2020
	419	2018
Touchdowns	73	2019
	73	2020
	61	2018
Total Offensive Yards	4,259	2020
	4,238	2019
	3,867	2018
Total Yards/Game	354.9	2020
	353.2	2019
	322.3	2018
Rushing Yards	3,321	2020
	3,203	2019
	2,953	2017
Rushing Yards/Game	276.8	2020
	266.9	2019
	246.1	2017
Rushing Attempts	494	2020
	458	2018
	453	2017
	453	2021
Rushing TDs	49	2020
	47	2019
	45	2017
Passing Yards	1,302	2018
	1,107	2021
	1,035	2019
Passing Yards/Game	108.5	2018
	104.9	2025
	92.3	2021
Passes Completed	73	2018
	72	2025
	67	2021
Passing TDs	19	2019
	17	2020
	17	2021
Least Turnovers	6	2025
	8	2015
	9	2023
PAT Kick %	83.3	2016
	79	2021
	77	2020

2-Pt %	86	2020
	63.2	2024
	58.3	2019
Punt Return TDs	2	2018
	2	2020
Kick Return TDs	2	2019
	2	2017
	2	2016
First Downs	202	2020
	194	2021
	176	2018
Rushing First Downs	180	2020
	145	2019
	139	2021
Passing First Downs	47	2021
	36	2025
	33	2018
Longest Win Streak	23	2019-2020

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DEFENSIVE

	Record	Year
Least Points Allowed	70	2020
	106	2019
	118	2017
Least Touchdowns	11	2020
	15	2019
	15	2016
Least Points/Game	5.8	2020
	8.8	2019
	9.8	2017
Least Total Yards/Game	152.8	2020
	175.7	2016
	196.5	2019
Least Rushing Yards/Game	74.8	2020
	123.4	2016
	124.7	2018
Least Rushing TDs	6	2020
	10	2018
	11	2016
Least Passing Yards/Game	52.4	2016
	59	2017
	62.4	2019
	62.4	2022
Least Passing TDs	3	2019
	4	2017
	4	2016
	4	2015
Most Interceptions	21	2020
	17	2017
	17	2018
Fumbles Recovered	16	2017
	14	2018
	11	2021
QB Sacks	37	2017
	19	2018
	17	2019
Turnovers Forced	33	2017
	31	2018
	31	2020
Shutouts	5	2019
	4	2017
	4	2020