

Weekly Mooncast

July 17 - 23, 2023

- Waning Crescent & New Moon in Cancer: Feel into what actions feel right to you on a heart and gut level, you know the way
- New Moon in Leo: Spend time with your inner child and honour your authenticity that it comes through in your content
- New Moon & Waxing Crescent in Virgo: Analyze your goals and critique your work objectively without tearing yourself down
- Waxing Crescent in Libra: Lean on your confidentes, coaches and guides right now to navigate the way forward

Monday, July 17

New Moon in Cancer (24°) begins at 11:31 am PST







- Tap into the deep creative well inside yourself and feel into what projects and tasks most need your nurturing attention right now
- Let your intuition lead and listen to what your inner voice has to say about your next steps
- Release the need for perfection and instead focus on what is essential for you to move forward
- New Moon: Low energy, purging and planting seeds, new beginnings

This New Moon is to awaken something latent in us, with a trine to retrograde Neptune and an opposition to retrograde Pluto which is straddling the cusp of Capricorn and Aquarius, we may find that something is stirring in us. How that stirring shows up for you could be through your dreams, through an inner agitation, or simply a feeling that something is off. We also find Mars opposing retrograde Saturn on the Virgo-Pisces Axis, and Mercury in Leo squaring Jupiter in Taurus, bringing our need to take action and manage details, and our inspired minds and desire to generate more finances at the helm.

You may feel that you are a bundle of ideas and emotions, with too many captains trying to navigate your ship. If we pause for a moment we can notice that even though we feel pulled in multiple directions, our core longing and desire are the same, and these seemingly different parts of ourselves are actually just reflecting that feeling.

While it may feel hard to decide what to do next, or where to start, if you lean into the feeling of what you want to create through your actions and next steps, you'll be guided on where to start, even if feels in the middle of chaos. You are the storm, and you are also the center, choose where you want to begin, and let everything else fall into place - you don't need to have all the answers or a blueprint right away, you just need to tap into the core feeling at the heart of your storm, and then let the winds go where they may.

Social Media & Clients:

- Focus on family, self-care and encourage your audience to remind themselves of the life-work balance
- 1:1 services and coaching calls good for exploring emotions
- Whatever you learn through emotional processing can be shared through a vulnerability in your posts
- Share rituals and techniques for how you navigate strong and bewildering emotions
- Create a space of intimacy with your audience by creating posts that ask them about their personal lives and self-care routines

Moon Boost:

Scorpio South Node: It will feel more important than ever to step away from what we can't control and into navigating our own spaces and choosing what we

allow into them. Also, lean into your own intuition to determine what's true for you and trust in your truth to guide you.

Pisces Neptune is dreamy, creative, forgiving, compassionate, and boosts intuition and spiritual abilities.

Void Moon from 8:05 - 9:39 pm PST [Cancer to Leo]





- Vulnerable, emotional space, great for self-care sessions
- **Hold off:** on any big announcements/launches as this energy makes us distracted and like we're lingering in limbo
- Water to Fire = cleansing and releasing

New Moon in Leo begins at 9:40 pm PST







- Nurture your inner artist free of judgement and full of authenticity
- Tap into who you really are and what makes you happy
- **Get in touch with your inner child** and have fun with whatever process unfolds for you as you dive into channeled artistry
- Take a moment to honour your creativity by warming your soul in your own powerful fire, devoid of the need for external approval or opinion
- New Moon: Low energy, purging and planting seeds, new beginnings

If you're high energy/in a work mood: The key to working with this New Moon in Leo is to focus internally on all the ways you can nurture your authenticity and channel emotions into your creative work. Use this as the essence of everything that flows out from you, your connection with the divine child within you. The one that is full of optimism, passion and creativity, that creates with ease and never out of obligation. If you felt at all overwhelmed by what came through

during the Eclipse, this is the time to coalesce those energies and use them to feed your inner fire. Do know that no matter how dark (New Moon) things get, that your creative abilities always burn bright when you are pure of heart and true to who you are. Authenticity above all else is favoured with this moon.

If you're low energy/in a self care mood: Do something right now that completely fills your cup and reminds you to play more in life. Pamper yourself, nourish those self care routines and let yourself have fun doing what you love. If you've been trying to make time for any hobbies or interests that ignite your passion, this is a great time to do it.

Social Media & Clients:

- Share your personal story with your audience
- Have something coming up? Give your community and clients a 'sneak peek' or behind the scenes of what you're working on. Give them a snapshot, or short video, or even a walkthrough.
- Talk about it and how excited you are or even share your sign up or opt-in page if you have a launch coming.
- Don't underestimate the power of gifts and support that you give at this time, Leo when sharing from a place of love, breeds loyalty, something that businesses that last are built on.

Moon Boost:

Aries Chiron: We're focused on our own wounds and how they've held us back from living our authenticity. How can we move through them and heal?

Leo Venus gives us flair and a luxuriousness to anything we create, especially as it relates to aesthetic aspects of our business (graphics, branding, websites, etc.)

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Mercury Square Jupiter	ÿ □ 4	
This is a very positive, life-affirming transit. We are feeling more optimistic than usual and are ready to dive into making big-long range plans and goals.		

Because we can be more optimistic than usual with this transit, it's important to not neglect the details, if we overlook them we can over-exaggerate our energy, and what's possible and run into problems later than can cost us the prize. This is especially the case if we see things that don't fit into our vision, we may wish to discard or ignore them but that would be a mistake, we need to take in the full picture, even the parts we don't like in order to make a realistic plan and have a chance at reaching our dreams. This is a great time for business, transactions, and plans, for what we focus on at this time has a great opportunity of manifesting in our tangible reality. Just make sure that you have all the details in any business agreements, if it seems too good to be true, or we find ourselves (or others) skipping over important details it could cost us the deal or create heartache later on. The more flexible we can be to things not fitting in our EXACT vision the better the end product and outcome will be. Remember it can be even BETTER than you imagine if you let it.

Be sure whatever you set your sights on at this time that you focus, concentrate on what you want, and don't lose sight of the details, we can make some careless mistakes or errors in judgment due to our optimism and desire to see only what we want to see during this transit.

Remember it's okay to have your head in the clouds seeing all the possibilities but we must also keep our feet on the ground so that we can navigate all the moving pieces. We'll be feeling more optimistic and confident than usual at this time, just don't let it go to your head, it can become the cause of arguments, misunderstandings, loss of friendships, or even business dealings. It's better to under-promise and over-deliver than over-promise and become stuck under-delivering which can affect your reputation, trust in yourself, and overall outcome of your dreams.

We may find during this period that people are more overconfident, egotistical, and opinionated, just remember that opinions don't always = truth, and it is enough to trust what feels right for you even if it doesn't mesh with the 'status quo'.

Tuesday, July 18

New Moon in Leo - All Day

Wednesday, July 19

New Moon in Leo - All Day

Thursday, July 20

Void Moon from 7:08 - 10:12 am PST [Leo to Virgo]





- Simmering down from the excitement and thinking more seriously about what needs to be accomplished over the next few days
- **Hold off:** on any big announcements/launches as this energy makes us distracted and like we're lingering in limbo
- Fire to Earth = putting creativity into practice & structuring

New Moon in Virgo begins at 10:13 am PST

Critique Your Work, Not Your Worth







- Organize and give some TLC to your content creation process
- Take a new approach to how you work and handle responsibilities
- Explore ways to become more efficient and minimize energy outputs
- Improve any systems and structures for operating your business
- New Moon: Low energy, purging and planting seeds, new beginnings
- Waxing Crescent: beginnings of momentum, increasing productivity

If you're high energy/in a work mood: This is the moon to lay all the cards on the table and be honest about where you're falling short on your goals. Dissect those reasons with as little attachment as you can, so that you're not spending precious moments getting down on yourself. Instead, use this time to gently but

firmly guide yourself into a space of truly being aligned with creating high-quality work. The key is in learning how to focus on improvement without degrading your worth. If you can reinvent perfectionism this way, you can set intentions in your business to do excellent work without picking yourself apart.

If you're low energy/in a self-care mood: If you're feeling burnt out and requiring more down time, this is the perfect energy to take a step back and tune into your health routines instead. Listen to your body and your mind, they likely are giving you clues about your well being that are key to you recovering properly. You deserve to attend to the details of your well being just as much as the details of operating your business. You are an essential piece.

Social Media & Clients:

- Nothing brings Virgo more pleasure than system-gasms.
- Inspirational how-tos, details, data, plans, blueprints, templates, step-by-steps, and organizational systems.
- Systemize your products, offers, content, or make it step by step. Create and share content that walks your people through a process.
- In an email sequence, break down their biggest questions or host a live stream, boot camp, or challenge, to help them channel their get-shit-done energy efficiently and in a way where they start to see results.

Moon Boosts:

Virgo Mars brings us a motivation to get things right and if we use this energy properly, we can get a lot done. Try to let go of needing things to be perfect in order to move forward though as this can be masked self-sabotage.

Taurus Jupiter & Uranus

- **Jupiter:** This an important time to focus on how you're expanding your long-term financial goals and building a sales system that fully supports you and the healthiest lifestyle you're wanting to build.
- **Uranus** asks us to innovate new ways of making money, with it in mind that the global economic landscape is constantly shifting and changing. Be adaptable and creative to ride the unpredictabilities of this long storm.

Sun Trine Neptune

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During this transit, our eyes will be set upon bigger and more important things, projects, and causes that go beyond us, as well as in helping others. Our empathy, understanding, and intuition will be heightened during this time. We want our actions to have greater meaning, and it will feel important to focus on causes and projects that align with our values. Creativity can be at an all-time high now, as well as our desire to learn about new places, cultures, and spiritual experiences. Your spiritual connection will help to strengthen and grow your personal and business success. Partnerships, and relationships are all enhanced right now, especially sexual relationships. This may show up as new relationships, with a more spiritual connection, or diving more deeply into yourself.

Mars Opposition Saturn

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This isn't an easy transit. We can be taken off guard by unexpressed anger, resentment, and frustration. Feeling that we are being held back, or somehow affected by the decisions and behaviors of others. There can be a feeling of loss during this time, in terms of lost opportunities and missed windows. It is important to not catastrophize your thinking as all or nothing at this time, and instead find a way to channel your feelings in a healthy way, an outlet that isn't destructive, but allows you to release what you are feeling and the pent-up energy connected with Mars. In this case, the challenge isn't so much with other people (although this can be heightened right now), or their actions so much as it is how you treat yourself, and that we risk becoming our own worst enemy at this time. We must be very cautious not to take this energy out on ourselves, and use it to shame, blame, attack, judge, criticize or berate ourselves. Blaming yourself isn't the answer for what you are feeling, even though it seems intense. It is important to stay on top of your mental self-talk, the language you choose

to use, and any depressive patterns. This won't last forever, but the damage you inflict, if this is not properly released, can be more lasting.

Friday, July 21

Waxing Crescent in Virgo begins at 2:21 pm PST







[Combined with New Moon Phase]

Sun Opposition Pluto

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We can feel an increased sense of frustration, loss of control, and resistance to change with this transit. This period is a time of breakdown and dissolution that will lead us to breakthrough but it happens often outside of our control. We may feel frustrated at having to navigate these changes and shifts that are happening outside of what we desire or wish for ourselves. This is a natural (although maybe abrupt) ending and rebirth, affecting relationships, addictive and unhealthy patterns and behaviors, and how we see ourselves and our pasts. Although not an easy transit, it can wake us up and show us what is important, and help us to create significant transformation in our lives.

Saturday, July 22

Void Moon from 9:05 - 10:54 pm PST [Virgo to Libra]





- Emerging out of intense productivity and solitude towards socialization
- **Hold off:** on any big announcements/launches as this energy makes us distracted and like we're lingering in limbo
- Earth to Air = Introducing flow and balancing heavy with light energies

Waxing Crescent in Libra begins at 10:55 pm PST







- Others can assist you in gaining clarity on your ideas
- Create a dialogue with others to learn more about your audience
- Get feedback from others about anything you lack expertise in
- Write down ideas freely, especially any that come up in brainstorming sessions with other people
- Waxing Crescent: Beginnings of momentum, increasing productivity

If you're high energy/in a work mood: This moon is all about the giving and receiving of assistance on our ideas, projects and perspectives about business. If you happen to find yourself looking for social connection right now, this moon is urging us to exchange intellectually and consult others. Clarity can best be found in the spaces we create for others to share and lend their insight, especially in realms of work that we're unfamiliar with. What we learn now from

others can turn the tides of our existing plans and systems if we utilize them to bring clarity to our projects.

If you're low energy/in a self-care mood: Focus on how you bring more beauty and balance into your routines, relationships and personal life. Spend time on artistic projects that make you feel good and connect you with more grace, patience and gentle femininity. Communicate with supportive friends and groups that make you feel seen and valued for who you are. Talking out difficulties under the influence of this moon can bring you mental clarity you might not be able to connect with on your own.

Social Media & Clients:

- Use this period to focus on your brand visuals, strategy, and storytelling process. This moon favours any focus on creating polished, well-lit and high-quality lifestyle-oriented content, feeds and profiles.
- If you are selling your product or service, focus on the after, what is their happily ever after? How can you tell/demonstrate this story through your marketing?
- How does your business help your audience live their dream life? How does it help them become or be seen as the person they want to be?
- How does your imagery tell a story? Where does your ideal client fall in that story and how can you elevate them to the Hero, with you and your business in the supportive role?
- This is also a great time for online collaborations, virtual summits, IG Giveaways, etc.

Sun in Leo (July 22 - August 23, 2023)





Leo Focus: Creativity, inspiration, passion, excitement, popularity, art, playfulness, behind-the-scenes, selfishness (good), design, product/service creation, brand loyalty, humor, connection, creating new offers, giving new life to old offers, visibility, Instagram Stories, Facebook Stories

The Sun rules our physical vitality and natural energy flow, and in this case, it highlights a specific area of our lives and businesses where we (and our community) will feel naturally drawn. So it only makes sense to use it for goal setting and theming our marketing out in one-month cycles.

The Sun first moves into the sign and then within a few days, we have the Moon join the Sun aligning our emotions with our physical vitality beginning the one-month lunar cycle.

Where the Moon sets the stage for task planning, and emotional energy (both mental and how we're feeling) on a daily level, the Sun sets the stage for the one-month container that we're working within. The Sun Is the Macro while the Moon rules the Micro (the daily tasks that will help you get there).

In this case with the Sun moving into Leo, we will naturally feel more comfortable being in the limelight and capturing attention for our businesses and offers. This is an easy-going marketing period that is best used by giving a 'trailer' or sneak peek at your upcoming offers and getting your community excited. This is also an excellent period to get creative and focus on your newest passion project and let your inspiration flow.

This can feel like a very fun, jovial, outgoing, and adventurous period, where our desire is to really enjoy our lives and the people in them. We may be more inclined to share openly who we are, wear our hearts on our sleeves and share our work more directly. We want to shout from the rooftops and have everyone feel how amazing things can be. We want to help others to reach success and happiness in their own lives and to find peace the way we have, even if we aren't perfect and even if we haven't mastered everything, we can still share what we have learned. This is a great period of self-expression and putting ourselves out there.

Venus Retrograde in Leo (July 22 - September 3, 2023)





28°36' - 12°12'

When the planet of wealth, relationships and value goes retrograde in fiery Leo, we will get some kind of 'redo' when it comes to establishing security in our lives. Some part of who we are is undergoing a makeover, most likely related to our sense of self-esteem and expression. Do you recognize not just your physical beauty but the radiance that comes from internal happiness?

The main theme of this transit is to give us space to experience our own glory, giving us a sense of empowerment and stability of self regardless of how others see us. If you have needed to nurture yourself in some way, Venus retrograde will help you do the inner and outer work. The trick here though is to make changes based only on what truly makes us happy.

If we are changing our appearance or some other aspect of ourselves for the approval of others, we may experience some painful realizations that this is not how we experience real happiness. Either we will get what we think will make us happy, only to feel empty, or we will be met with rejection, and the wounds we have of needing external validation to affirm our worthiness will be triggered.

The more we own who we really are and make decisions from this heart-centered space, the more we can cultivate a healthy relationships with others. We will notice that old stories from the past about our low worth will fade away to make room for divinely aligned connections. This can apply to both personal and business relationships, including the relationship we have with money itself. Take this transit as an opportunity to build more confidence and see your own magnificence, then watch how you attract everything that matches that energy of wholeness.

Sun Square North Node The energy of this transit can be a mixed experience. Either you might be stimulated into more creative action in the face of challenges, or you may find yourself shrinking into the shadow of your own self-doubt. The key to making sure your ego doesn't run the show is focusing far more on creating masterpieces than boasting about any ideas and unrealized potential. We could discover that the more we harbor confusion around who we are, the less sure we will be that we're following the right path in business.

Sunday, July 23

Waxing Crescent in Libra - All Day







Chiron Retrograde in Aries (July 23 - December 26, 2023)

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Degrees: 19°57' - 15°27'

With Chiron turning retrograde in Aries, we are healing our relationship with all things Aries. From violence in the shadow to assertive action in the light, the energies of Aries are all coming to the fore during this time, requiring our attention to heal any distortions or misdirected lines of energy. In particular, we are examining any wounds we have around taking action, a hallmark of Aries. During this time, our ability to stand up for ourselves is coming into question, our existential courage. Also known as our will to exist, existential courage is a pronouncement of being, a statement of life. If you think back to recent times, has there been a moment where you wanted to act but did not? A time when you were going to stand up for yourself, but you held back? We all have these moments and perhaps less important than our response at the time is how we make meaning and move forward after the fact. As Chiron retrogrades, we continue to gain visibility into these moments of vulnerability while learning about ourselves. We continue to make sense of the healing story of our lives.

When we have existential courage, we are fearless, acting from a space of original boldness. When we are searching for existential courage, perhaps the path is not as clear. The paradoxical truth is that despite what we think, we always have the courage that the moment requires of us, but we may not always be dialed into its frequency. If we think of consciousness like a radio dial, perhaps we are on a different station right when the moment comes. In this

period of time, we are healing our ability to switch back to the other station, the station that supports growth, evolution, and development. As we perfect and grow this ability, we come into a deeper resonance with any healing that needs to take place. Not only do we identify the misguided assumptions that have been holding us back, but we transform them into energetic assets that do not weigh us down. On the contrary, they lift us up. No longer do we carry energetic weight around with us. Our only choice is to stand up for ourselves and if we can get to this space during this Chiron retrograde, we will have achieved a significant milestone.

NOTE: It's important to be aware at this time, as Chiron is the wounded healer, and represents the inner wound we all carry, we need to be mindful that we don't direct violence or harm at ourselves (with this being retrograde), that we instead focus on positive internal action to help ourselves overcome our wounds and pain. Often when it comes to trauma the victim, will internalize the reason for the trauma as being because of something they did, said, or are. When Chiron goes retrograde and in Aries nonetheless we may find more trauma coming up, especially in areas where we may need to defend or protect ourselves, or triggering our trauma responses. It is helpful to schedule self-care, therapy, journaling, or things that help YOU to feel like you're taking an active stance towards your own healing.

At this time it can feel like (or actually are) we are being wounded, where events from the outside are triggering our pre-existing wounds, or that we are being met with external events that bring about further wounds, that are difficult to heal from or take action to prevent while Chiron is retrograde. It is often not until Chiron goes direct that we feel able to process what has happened and are in a space to do anything about it.

Mercury Square Uranus	ţ□₩	
Today's plans may not gowell, according to plan. Uranus delivers shocks, and surprises and tends to disrupt our best intentions, and with it being squared by		

Mercury, this can make our thinking a bit frantic, or nervous (if you're really attached to things working out how you planned), or may open us up to new ideas, interests, and opportunities (if we're more flexible). Either way, this is absolutely a day to go with the flow, because as we've learned when it comes to Uranus, it's the equivalent of trying to argue with a Tornado or lightning storm, we're not more powerful than what is at work today.

You may find your mind is operating at hyper-speed today, and you may be getting downloads of ideas at a rapid rate, this is definitely a day to keep a notebook with you so that you don't lose these sparks of insight, with a little polishing at a later date they can become gems. Because of the hyper-speed, our mind is operating at this time, we need to be gentle with ourselves if we can't keep focused, if you need to be able to work on something that requires a great deal of focus you may want to adjust your schedule and move it to another day. If you do still have to work on something important today, be sure to check over your work or have someone else do it later on, as we may miss a few things or lose our focus throughout the project/task. It's easier to miss things at this time which can make us more prone to making mistakes or having an accident so be mindful.

This transit can also bring rigid thinking and disrupted communication so it may be a better use of your time to step away from engaging with others and instead focus, or refocus yourself on something lighter, that doesn't create so much mental agitation.

Ongoing Transits

North Node in Aries (July 12 - December 31, 2023)





The North Node transit shows us what we are moving towards, and the global trends that we should expect over the next 18-month cycle.

The past 18 months have seen a massive change in global trends as the North Node moved through Taurus and the South Node transited Scorpio.

This showed a significant period of growth for home-based and online businesses, as well as home education, and bringing luxurious experiences into our homes from home decor, home improvements, comfort foods, products, and beauty services. We also witnessed a shift in the markets and currencies with food (Taurus), Gas, and Oil (Scorpio) increasing in cost and access.

This was an 18-month cycle of trying to stabilize and hold on to what we have, without making significant changes, as Taurus & Scorpio are fixed signs that don't appreciate change. The South Node movement through Scorpio which naturally rules the 8th house may have represented financial losses, scams, and increased debts, with even big businesses experiencing shareholder losses, including Target, Walmart, and Disney.

The movement of the North Node into Aries, and the South Node into Libra will usher in new significant changes. With the movement from fixed signs (Taurus-Scorpio) into Cardinal Signs (Aries-Libra), we will find ourselves being forced either through desire or circumstance to take big action and initiate new things, grabbing life by the steering wheel.

The next 18 months will be a period of innovation, as Cardinal Cycles are here to bring about the new change, and with it occurring in the signs of Aries-Libra, we will find that it may be due to a need to ensure our own survival whether that is in business, or for basic needs.

This is a time for working for yourself, trusting in your own ability, and refining your skills, and marks a movement away from people pleasing, partnerships, and collaborations. You may find that you have to defend your work or fend off theft or copyright issues during this transit and that the support to protect yourself legally or receive justice is lacking (South Node Libra). We will have an unsettled feeling (met with reality) that fairness and justice seem to be missing

during this period, and this can in some ways reflect a period of 'acts of war', whether that is directly through competitors, having your reputation or assets under attack, or experiencing underhandedness.

This will also be reflected in our world with it appearing that people, government, institutions, etc are 'getting away with murder'. Justice will prevail, but it will be delayed and we may not see the resolution to some of these matters until much, much later. It is better to not focus on seeking salvation through legal routes, or being saved by others during this time and instead take measures to protect yourself, and your work and meet your own needs as necessary.

The last times this cycle took place on the Aries-Libra axis were 1911 - 1913, 1930-1932, 1949 - 1950, 1967 - 1969, 1986 - 1987, and 2004 - 2006.

To draw from the historical record, specifically the transit from 1930 - 1932 occurred off the back of the 1929 Stock Market Crash (North Node Taurus - South Node Scorpio) which echoed the 2021- 2023 transit of the North Node's movement through Taurus before entering Aries, with Taurus representing the financial system and the Earth (Soil/Agriculture). During this time we also saw severe droughts (Taurus) in the US, creating the Dust Bowl with many farmers and families needing to leave their homes (Taurus) out of necessity. As the North Node moves out of one sign and into another, we are leaving behind something from the previous sign, during the 1930-1932 transit, we left behind agricultural lands, homes, and consistent 'easy' money, and we shifted into a period of shortages, survival, and resourcefulness out of necessity.

We have already seen the mirror of this in 2022 with the agricultural challenges, fertilizer shortages/inflation, and animal feed shortages/inflation affecting the agricultural sector at the time of writing this forecast (August 2022).

It is very possible that into 2023 - 2025 we will see droughts, issues with fires, heatwaves, and continued food supply shortages/inflation/sanctions and challenges with the agricultural sector, as well as financial structural instability, and potentially a stock market low, or crash (possibly October 2022 - at the time of writing), and onward into 2023 - 2025 as the North Node in Aries dries out and heats everything up.

Historically speaking the Nodes in Aries/Libra also marked periods of socialism/marxism, rise to power, and initiation of world wars (under Cardinal & Mutable signs), which tended to expand and amplify under the following nodal shifts - North Node in Pisces (World War 1, next transit Coming 2025 - 2026), North Node Capricorn (Desert Storm, Opposite to North Node Cancer), North Node Cancer (911 & Afghanistan -opposite to North Node Capricorn) North Node Libra (reverse to now - Beginning of World War 2), North Node Virgo (World War 2 - opposite North Node Pisces coming 2025-2026).

Now no single astrological transit can predict future events, however, it can indicate ongoing themes and challenges, and historical events that are echoes of periods of the past to give us an indication of what we may be navigating. There are of course other planets involved in significant world events, but if we look at the current transits at work, some are the exact opposite (mirrors) of previous events. How they may express themselves during this cycle is yet to be seen.

This can be a big period for your business if keep your head in your own lane and focus on what you want to build, taking action and starting things that excite you while also meeting your basic needs.

Beginning of: The End of people pleasing, finding a new identity, Survival, and taking care of oneself, Impulsivity, Taking big risks, Learning self-sufficiency, Decisiveness, Trusting yourself, Independence, Pioneering, Entrepreneurialism, Saying 'no'

In terms of business, there are certain industries that will be trending with this transit -

Fitness & exercise industry, adventure sports, strength training, diamonds, engineering & inventions, metal working, wood carving, garnets, hairstyling, manufacturing, land, metals and metalworking, weapons, military gear, survival programs, skills & courses, optometry, physical therapy, hunting, preserving, politics, cattle & sheep, home improvements to heating systems, roofing, walls, etc, automobile services, sleep products, medical care, knives, engineering tools, welding, farm animal care, services, supplies, and housing.

What to watch during this period collectively:

- Heat, heat exhaustion, Burns, fires, explosions, sharp tools, and instruments causing injury, accidents, Adrenaline (fear)/Adrenal Issues, we need to be extra careful to keep this in check and support our adrenal system watch the caffeine and mental stress.
- Auto-immune issues, Brain diseases, and afflictions, cerebral congestion and hemorrhages, cerebrospinal nervous system, comas, convulsions, dizziness, inflammatory diseases, encephalitis, epilepsy, eye conditions and disorders, headaches, diseases of the head, smallpox, surgeries, toothaches, vertigo, violent diseases

Countries in the News: France, Denmark, Poland, Germany, England, Iceland, Italy, Iran, Israel, Japan, Lebanon, Lithuania, New Zealand, Portugal, Peru, Palestine, Spain, Northern Sudan, Syria, Netherlands, Wales

Organizations: United Nations

South Node in Libra (July 12 - December 31, 2023)

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The South Node shows us what we're coming away from as a collective on a global level, and rules 18-month trends.

The past 18 months have seen a massive change in global trends as the South Node transited Scorpio.

This showed a moving away from deeper transformation, problem-solving, addressing root issues, and an inclination to self-soothe through food, sex, caffeine, sugar, luxury items, retail therapy, and shiny objects. It also showed potentially an increase in debt, and a deep desire to get out of debt or avoid loans.

We saw an interest in the stock market, currency exchange, investments, food security, gardening, real estate, land, agriculture, as well as more luxury items/retail therapy.

The South Node's transit through Scorpio saw a significant shift in our relationships to debt, credit cards, insurance, gas and travel costs, interest rates, mortgages, savings, retirement funds, and other investment assets.

Governmental we also saw run-away spending, mass printing of fiat currency, lack of disclosure on funding, increased taxes and debt collection, and more governmental enforcement around debts and taxes. Longer wait times and delays in health care, layoffs, increased job loss, unemployment, and bankruptcy as well as increased costs in insurance, health coverage, and the insurance industry taking significant losses.

Now that the South Node is moving into Libra, we will see more divorces, breakups, ending of business partnerships, and collaborations. We will also see the stress on our justice departments, courthouses, and legal infrastructure, with significant delays and wait times, which will also be met with dissatisfaction with justice, and mistrust of the legal system. The injustices of the transit of the South Node in Scorpio will only create more friction between the government, the legal system, and the people as the South Node moves into Libra and witness the widening gap between those with power and money and those without. As more people experience higher taxation, increased costs of living and lower and inconsistent wages, while witnessing that big business isn't paying their fair share we will likely see increased protests and pushback.

With the North Node in Aries, it can feel like a war on the little guy, with everyone out for themselves.

This can also be a period of increased legal issues, so make sure that you're doing business kosher or you might find yourself in hot water this year.

Lifestyle brands that don't fit into the current needs of their market may find sales drop this year, if you don't have anything of substance behind your business other than fancy pictures or Pina Coladas you may want to re-think your market and what will meet their needs now. Brands that meet more

imminent needs, survival, inspiration, action-oriented products, services, and skills development will fair much better during this period.

How can you become the swiss army knife of your industry?

The community isn't seeking balance, posh, and beauty right now, they're trying to keep their head above water, and aren't in a space to scale as much as to hold steady. They will be looking to take big action, innovate, and move quickly. This is not a period of focusing on long-term change or sustainability, it's a period of taking big risks and focusing on today and tomorrow. How does your brand fit in with that?

The South Node either obscures, ends, or creates obstacles to the themes of the sign it is transiting through.

And in this case, it is balance, justice, fairness, and high-quality products and services that are taking the back burner.

Things to monitor during this transit:

- The Legal System Checks & Balances
- The Law being used to benefit the rich/elite and not the common person/public
- Increased divorce rates
- Reduced Marriages
- Business Partnership Dissolution
- Quantity over Quality (cheaper materials, cheap labor, cutting corners)
- Short Cuts which can lead to legal issues
- Lawsuits
- Theft & Copyright issues

It can be helpful to simply take action on what you are inspired by, and where you feel nudged, this isn't so much a period to perfect or polish your offers,

services, and products (that will come later), as that will slow you down. Don't spend too much time overthinking things, utilize the energy you have as you have it, if things don't work out, this is not the time to dwell on the failures but instead to assess what didn't work, and keep moving forward.

This period traditionally is a period of great innovation, and creativity and a great many things are begun under this cycle, ones that you may not understand the significance of until much later.

Take action, stay inspired, and focus on what is within your control.

End of/Challenges to:

- Life of Luxury
- Easy-going existence
- Pursuit of mental activities
- Literature & books
- Tact & Diplomacy
- Ability to see both sides
- Ease in handling money
- Relying on others
- Justice system
- Indecisiveness
- cooperations/partnerships
- Poor boundaries

What will not be as important, end, or fall from 'grace':

Actors & actresses, Artists, Beauty parlors, cosmetics, Interior decoration, Relationships, marriages (increase in divorces), Social gatherings and functions, weddings, products/services considered luxury items

Potential Health issues: Diabetes, kidney issues, fallopian tubes, endocrine system and glands, ovaries and ovarian trouble, renal disorders, ailments of the spine and lumbar region, vasomotor system, urinary issues, bright's Disease, vein system.

Products/Services/Industries & Material Goods that will see a decrease/losses:

Acting, Dressmakers, Florists, Luxury Furniture, Golf, Jewelry/Jewels, Unions, Strawberries, Tailors/Tailoring

Countries/Cities that will experience challenges/endings/transformation:

Antwerp Belgium, Argentina, Austria, Chicago, Denmark, Charleston West Virginia, Burma, China, Frankfurt-am-main Germany, Fribourg Switzerland, India (areas near China), Iraq, Israel, Japan, Johannesburg South Africa, England, Lisbon Portugal, Los Angeles California, Miami Florida, Siberia, South Pacific Islands, Tibet, United States (east of Mississippi River), Vienna Austria

Mars in Virgo (July 10 - August 27, 2023)





When Mars Enters Virgo it can be a very productive and possibly obsessive period. We can take the hyper focus and attention to detail that Virgo provides and actually do something meaningful with it. This can mean getting a significant amount of work done, often things that we couldn't figure out how to do before all of a sudden become clear and possible. We must watch out for overwhelm and feelings of panic or anxiety, letting our perfectionistic side run

the show. This is meant to be a period of action, and we will experience much relief from our criticalness if we let that energy move through.

We must watch our standards and ask ourselves how much of what we desire needs to be done in a specific way, the phrase done is better than perfect applies here. We can't get stuck in the ideas of perfection as they are not based on reality. It is far better to complete it and then go back and make modifications to improve the quality than it is to try to make it perfect from the start. We will gain motivation and momentum from seeing ourselves complete what we have set out to do. If you find that you're pushing yourself to extremes it is good to reign the energy back in and do some deeper soul-searching. What is your goal here? Is it worth attaining if it costs you yourself in the process? How can you accomplish your goal and still feel intact and fulfilled in the end? These are powerful questions that can help see you through this transit.

Mercury in Leo (July 10 - 28, 2023)

5



Can you hear me at the back? During this transit, there is an urge to speak loudly, and from the heart. To ensure that we are being heard and that we are communicating our deepest passions and excitements. We will find our communication much easier at this time because the connection between the heart and head will feel stronger and clearer. How we feel is just how we feel, and we won't have as many inhibitions restricting what we wish to share. This can be a very fun, and jovial time, with many pleasant connections being formed, and great conversations. You will seem magnetic at this time, and draw people of like mind and like passion to you. This can seem like a period where we are on fire, and things are just coming together for us. It is a great time for public speaking, holding classes, live streams, and more. Your creativity will also be at an all-time high so be sure to really use this period to dive headfirst into a new project or give an old project a new surge of creative juice.

Neptune Retrograde in Pisces (June 30 - December 6, 2023)





27°41' - 24°53'

Each year, Neptune retrogrades for approximately 5 months.

Neptune rules both sleeping and waking dreams, imagination, fantasies, optimism, and idealism (in life and romance). Review your opinions, values, and belief systems, and listen to your gut. Work with the spiritual and mystical while keeping yourself grounded. Dreams, yoga, meditation, astrology, tarot, and deep inquiry can be very healing at this time. Contemplate your spirituality and belief systems. Focus on your creativity and allow what wants to come through to do so, unhindered. Let go of anything that feels heavy. Watch out for - unrealistic or fluffy thinking, seeing people, and circumstances as you want to see them rather than as they are. Overindulgence in numbing agents. Emotions may run high or over the top. To see what area of your life will be influenced by this retrograde, check the current transits in your chart and see what house Neptune is moving through for you.

Neptune in Pisces has been a central player in the virus of 2020, and on pandemics and viruses in general, every time it goes retrograde we are able to think clearer and we also notice the concerns of the media, government, and public fears around it (and variations) are reduced until it goes direct again.

Mercury in Cancer (June 26 - July 10, 2023)





During this transit Mercury, the planet of communication is amplified, we feel more talkative, sociable, and desire to network and make new connections. This is a great time to multi-task or take in information on multiple topics and areas of interest (so long as you don't intend to go too deep into a subject). This can be a great time for tackling smaller annoying tasks that don't take much brainpower.

We can become easily distracted during this time, so it's important to not put too much pressure on ourselves to complete major tasks or goals.

Sun in Cancer (June 21 - July 22, 2023)





Cancer Focus: Family dynamics, responsibilities, women's roles/caretaking, emotional processing, unpaid labor, boundaries, overgiving, nurturing, mothering, victim-ness, self-care, home business, emotional support, codependency, trauma, parents, women's rights, home environment, support systems, emotional expression, complaints/crankiness. Unmet/Unconscious needs, worth defined through work.

The Sun rules our physical vitality and natural energy flow, and in this case, it highlights a specific area of our lives and businesses where we (and our community) will feel naturally drawn. So it only makes sense to use it for goal setting and theming our marketing out in one-month cycles.

The Sun first moves into the sign and then within a few days, we have the Moon join the Sun aligning our emotions with our physical vitality beginning the one-month lunar cycle.

Where the Moon sets the stage for task planning, and emotional energy (both mental and how we're feeling) on a daily level, the Sun sets the stage for the one-month container that we're working within. The Sun Is the Macro while the Moon rules the Micro (the daily tasks that will help you get there).

In this case with the Sun moving into Cancer, we may find that our work day becomes dominated by personal matters and other people's wants, needs, and struggles.

The best use of this period in our businesses is to clarify what we are looking for from others in regards to our efforts and to give it to ourselves. If you are doing

too much and not getting support this is an important time to create boundaries for yourself and to fill your own cup first.

Under Cancer, it can be an excellent time to support our community and clients through well-rounded offers that meet their emotional and personal needs alongside the other work we're doing. Whatever you give to them now is likely to be greatly appreciated and can help grow your business considerably. It is best to use this period to give without strings attached or to overgive in your offers so that your clients feel they are getting a lot of value for their money. People tend to have high expectations and lean more toward complaining during this period so you can save yourself a lot of grief by either stepping back from direct sales and instead lean towards funnels, or evergreen offers or putting a buffer between you and your inbox through the support of a VA so that you can give yourself some much needed TLC.

During this transit, our focus will turn towards our family, home, and creating deeper connections. We may find our emotions heightened during this time as Cancer being a water sign is very attuned to our inner worlds. If we struggle with processing our emotions this can be an unwelcome experience, but we are being guided to find a healthy and comforting outlet to process our experiences, wounds, and emotions. If you find that you are quite logical, and struggle to bridge your emotional side with your mind try, talking it through or journaling it out on paper. We are being invited to open our sensitive natures during this transit and to allow ourselves to experience life in all of its fullness.

Saturn Retrograde in Pisces (June 17 - November 4, 2023)

2 R



07°12' - 00°30'

Saturn has turned retrograde in the sign of Pisces, signalling a time of review for all things hard, worthwhile, and Pisces. It is a full review of the way Saturn has been operating in our lives, looking particularly closely at the Piscean dream

world, and the home of our deepest psychology, unconscious, dream world, and traumas.

This is an opportunity to explore what has felt hard and challenging for you and what you have been pushing back on inside yourself. We may find that at this time it is harder to commit and follow through on projects and goals, as we are meant to re-evaluate our commitments before making new ones or recommitting to our current path.

Use this period to evaluate your progress, your responsibilities, and whether you are taking on more than your share. What does your mental load look like? What fears have you been experiencing and can you get some support to explore them, or address them head-on so that they don't have such a hold over you? Your dreams are within grasp and this retrograde period is a rest stop for you in between. What can't you do anymore? What needs to change about your goals, your path, or your pressures? Saturn often operates through internalized pressure and expectations, that psychological father-type figure waving their finger and shaming us, however, if we can recognize that it is us waving the finger and that maybe our expectations are not necessarily outlining a path to our own happiness or even maybe the best way to get there, we can thank ourselves for holding down the fort, but maybe look to changing the guard, or re-evaluating our strategies and where we need to send our soldiers moving forward.

What are you making progress on? Where do you feel halted, unsupported, overworked, or that you're banging your head against a wall? This is a great time to make some changes and then look to commit to new projects, new methods, or recommit to current ones in November. Know that it's okay and even healthy to have re-evaluation periods. This can also be a time where you throw some stuff at the wall to see what sticks and what doesn't so that you can gather intel for your new strategy into 2024.

A note on world events:

Globally with the lockdowns in effect since 2020, we have seen repeatedly that when Saturn goes retrograde, lockdowns and governmental restrictions are temporarily rescinded. It is likely we will see a temporary reprisal of lockdowns and governmental restrictions from now until November 4th, with a sharp return

in restrictions afterward, however, the previous retrogrades were in the sign of Aquarius (the people/the public), and Capricorn (the government, buildings, world infrastructure), whereas this is the first Saturn Retrograde to take place in Pisces since the events of 2020, so it is likely the restrictions and release of restrictions will look differently, in this case, it may be in policing what can be said online, freedom of speech (and thought), and an uptick in programs directed to guide public belief and perspectives, as well as potentially reproductive rights (Pisces rules the 12th house of birth/gestation), and potentially restrictions around water (Pisces), citing environmental concerns.

Pluto Retrograde in Capricorn (June 11 - October 10, 2023)

B R



29°59' - 27°53'

Pluto is retrograde for one last rendezvous in Capricorn, before leaving it for good and moving into Aquarius on January 21, 2024. Pluto will not transit Capricorn again in our lifetime, with its next transit through the sign of the goat occurring in the year 2254. So it's clear to see that this is the end of an era, and with it, we will be witnessing the destruction of the old, to prepare and make way for the new with Aquarius - which outside of this short jaunt back into Capricorn, will last for the next 20 years (2024 - 2044). Pluto forms and tears down empires, it rules dynasties, governments, and republics, and since its entrance into Capricorn in 2008 we have witnessed a concentration of power, collaborations between private corporate entities and government, the formation of new seats of power, increasing regulation and during its retrograde back into Sagittarius before fully entering Capricorn in 2008/2009 we saw the 2008 stock market and housing crash.

With Pluto's retrograde, we may see a temporary relief of governmental restrictions that have been in place since 2020, and a potential stagnation of inflation and marketing prices but this will return again once Pluto goes direct in October and we wrap up its journey in Capricorn into early 2024.

This is the time to pull out your swiss army knife and learn to use what you have well, assess your own needs, put on your own oxygen mask, and take advantage of this pause to re-evaluate what's needed for you at this time. This is a time to explore our fears, and beliefs and work with what is ending and changing in your life at this time. It may not be easy but it is the path forward and will help you to locate your new power center within you and expand your resources and skills in what you do have control over.

This is a good time to meet any financial, health, and foundational fears you have in your life or business, and notice what is no longer working for you. The more we attempt to hold on tightly to things that are clearly changing, the more we may find this period to be a struggle.

Look to new ways to bring in resources that can be more developed once Pluto goes direct in October. Through endings and transformation come new beginnings, and new perspectives.

I would expect the US to see some major restructuring, political upheaval or shifts, and changes to its health care, finances, and currencies during this time, as this retrograde is still activating the US Pluto return at 27 degrees Capricorn. We may see a new currency, new bids for power, and secret deals emerge as a result of this restructuring, as well as changes in its relationships with other countries as a result, to be seen more fully after October 10th.

<u>Venus in Leo (June 5 - July 22, 2023)</u>



This transit highlights love, money, how we view, value, and care for ourselves, the pride we take in our work, and our creative spark. This is a transit where we appear shiny in regard to the work we've been doing, how we stand out, and what we're known for and want to be known for. This isn't about snatching the spotlight (although that can happen under this transit) but more about authentic recognition and magnetism that comes from putting yourself out there and creating greatness around you. We will be more inclined to want to play, have fun, and take risks during this period, especially in regard to romance, and our creative outlets. We'll be bucking all the rules and really focusing on what makes us happy and fulfilled. Let this transit fill all of your cups in all the right ways:)

Jupiter in Taurus (May 16 - September 4, 2023)



This transit marks an approximately one-year period where Jupiter will move through Taurus, providing us with opportunities to grow our wealth and skills, but it can also lead us to overspend, and we are likely also to see a magnification of the current inflation. Under the influence of Jupiter, everything can seem possible, and while this may endow us with more faith this year, it also needs to be backed up with good spending habits, resourcefulness, and focusing on what we currently have and can leverage, rather than trying to add more onto our plates.

Taurus is an excellent business sign, but it is through its stinginess, ingrained habits, and resistance to change that it is able to maintain what it has. This is not the year to spend extravagantly, especially on luxury items although we will feel really inclined to do so. Taurus loves beautiful things, and under Jupiter, we will feel more than ever that not only do we deserve these things but we should have them right away, after all, Taurus needs those dopamine hits, and retail

therapy is one of the fastest ways to get those fixes. But we would be doing ourselves a disservice, we can in fact build stability this year so long as we can follow up our purchases with a plan and have a clear light of sight to the ROI it will generate for us whether that is more time, more money, more security or more support. We just need to make sure that we are being honest about where we're at currently and focus on leveraging what we already have first, if you can shop from your own kitchen first, then you have more left in your pocket. This doesn't mean cutting out the things you enjoy, but it does mean looking to potential other ways to meet those needs, or the underlying need beneath the wants and cravings so that you can nourish the root before throwing money at it that may ultimately not bring you what you want.

This can absolutely be a year to build wealth and fortitude for yourself and your business, but it is NOT through taking big risks, but instead first building from what you already have, and investing in yourself first, with things that will bring you a quicker ROI, under Taurus we need to meet the basic needs first before we can think about scaling. If you have a viable business already then improving the infrastructure can be beneficial, as can running things a bit leaner so that you have more cash flow to bank, or invest in other areas.

Things are going to cost more this year, and we may feel we have enough to cover it, but what about next year, or the year after that? Find ways to find joy, satisfaction, and pleasure now, while also thinking about the stability of your future.

Jupiter in Taurus will highlight the following areas, so if you have business ventures in these areas this is a good year to focus on expanding them. This can also help you to focus on WHERE and WHAT to spend your money on for the future.

Products: Leather goods, leather, aromatherapy, clothing, cosmetics, chocolate, flowers, home furnishings, herbal medicine, meditation, Educational Products, sugar, woven products, safes, home security products, crystals and precious stones, agricultural feed, food storage, corn, wheat, purses, rings, shoes,

Services: loans, loan services, clothing design, budgeting, investments, cash flow specialists, graphic design, esthetics/beauty, home decoration/interior design, real estate, foreign exchange, herbal health, jewelry design, Higher

Education from Home/Homeschooling, High-end travel, Product development, sex therapy, stock broking, singing/music production, textile design, upholstery, vocational training, business development and coaching, voicework, legal ownership rights, financial law, appraisals, legal services, home security, cabinet making, cellars for food storage, funeral services,

Skills: Ranching, home decoration/interior design, real estate, working with leather, meditation, Higher Education from Home/Homeschooling, home business, singing/music production, textile design, upholstery, new vocational training, business development, and coaching, weaving, cabinet making/carpentry/furniture making, carpet installation, food storage, harvesting,

Assets: cattle, meat industry, pigs, Farms, farming, farmers, farming equipment, fields, wheat, corn, flax, agriculture, copper, real estate, jewelry, sugar, precious stones, fields, feeding places for animals, stables, food storage/wheat storage, horses.

Industries: Banking, Chocolate, Copper, Cosmetics, Esthetics/Beauty, real estate, flowers/nurseries, Foreign Exchange, Money Lending, Securities, Wallstreet, Corporate law, TreasuryEducation/Home Schooling, singing, music, textiles, safes/home security, cabinet making, home building supplies, lumber, textile manufacturing, furniture manufacturing, corn,

Health: glandular swellings, neck complaints, the base of the skull/brain, throat issues, adenoids, gums, gout, goiters, larynx, irregular menstruation, mumps, parotids, tongue, tonsils, thyroid, teeth issues, voice box, cervical vertebrae, blood disorders, blood pressure (high/low), blood fibrin, circulation of blood (arteries)

Uranus Direct (January 23 - August 28, 2023)





14°56' - 23°04' Taurus

Uranus will remain direct in Taurus from now until August 28th, 2023. When Uranus moves from retrograde to direct, we are being gifted the opportunity to act on those big, bold ideas and innovations that we've been marinating in.

This is a time to regain our bearings. Uranus has been retrograde since August 24, 2022, and has been not so politely nudging us to pay attention to our finances, how we go about earning, spending, and saving our moolah, so that we can create a more stable financial future for ourselves, especially during a time on the planet where there is a great deal of change.

It is asking us to not get distracted by the surface changes, to the algorithms on social media, or the next new platform feature, but rather how do we create consistency, security, comfort, and long-termness within financial and governmental structures no longer offer us the sense of safety that they once did. Uranus brings with it innovation, a rebelliousness that isn't interested in doing things 'the old way'. It doesn't like externally or socially imposed structures, it is here to help you form your own, oddly enough in the comfort-seeking nature of Taurus.

Taurus loves its food, its home, its friends, and keeping things kosher, and when it's met with change-agent Uranus, this area of our life is bound to see the most dramatic upgrades (which may feel like mini earthquakes)

What areas of your business have shifted over the past 6 months - a year?

Have you had financial sources dry up, or change?

Have you been compelled to create a new income source for yourself?

How can you create consistency during a time when there is so much inconsistency in our lives and society?

Uranus will remain in Taurus until July 2025. The last time that Uranus was in Taurus was post WW2, when new systems were created to ensure the welfare and balance for all, things like social welfare and standard work weeks.

Necessary and important to the financial stability of both the family, community, and country's welfare.

As Uranus embarks upon its remaining 3+-year journey through Taurus what we can be sure of is that by 2025 the way you have looked at, used, and generated money, financial security, government, law, and growth will not look the same.

Chiron Direct in Aries (December 23, 2022 - July 23, 2023)

R



Degrees: 11°56' - 19°57'

Chiron has been in Aries since 2019 and will continue to move through the remainder of Aries energy between now and 2027 with a few retrogrades between help us be reminded that healing our wounds comes in layers. We are never really 'over something' but we can find new facets of ourselves and our own medicine with each revisit.

Chiron reminds us of our tenacity, our ability to heal ourselves, and to share that medicine with others, to transform otherwise difficult experiences through alchemy. When Chiron is in Aries it is a time of action, to walk our talk and to enact real change in regard to our wounds. It is a time when we may impulsively react due to our wounds, so we will need to take a pause before jumping in fully but it can also be a very powerful period to bring the wounds to light. If there is something that you have experienced that you don't want someone else to go through this is a time to bring that cause to light.

With Aries we're not messing around, we need to mobilize our healing, and we need to create movements around it. It's a time to allow our anger and fury to become channelled into positive change in our world. To use our words and actions in an empowering way, to become the light. It is a period where we will no longer be silenced, and where we will allow our wounds to help us to become who we are meant to be.

LEGEND: - Void Moon - Fire Moon Energy/Tasks - Earth Moon Energy/Tasks - Air Moon Energy/Tasks - Water Moon Energy/Tasks \mathbf{R} - Retrograde *Click 'File > Make a Copy' to add this to your google drive, and add your own notes :) * My Notes and Plans: