

Erica M. LaFata

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ACADEMIC APPOINTMENTS

Assistant Research Professor August 2021-Present
Drexel University
Center for Weight, Eating, and Lifestyle Science (WELL Center)

EDUCATION

Postdoctoral Research Fellow, Center for Weight and Eating Disorders August 2019-June 2021
Perelman School of Medicine, University of Pennsylvania
Primary Mentors: Thomas A. Wadden, Ph.D. and Kelly C. Allison, Ph.D.

Ph.D. University of Michigan, Clinical Psychology August 2019
Dissertation: *Food Characteristics Implicated in Biobehavioral Indicators of Addiction in Vulnerable Individuals* Defended March 2018
Primary Mentor: Ashley N. Gearhardt, Ph.D.

Predoctoral Internship, Medical University of South Carolina July 2018-July 2019

M.S. University of Michigan, Clinical Psychology May 2015
Thesis: *Which Foods May Be Addictive? The Roles of Processing, Fat Content, and Glycemic Load* Defended February 2015

B.A. University of Kansas, Psychology May 2012
Minor in Business
Magna Cum Laude (GPA: 3.9, Major GPA: 3.93)

PROFESSIONAL PSYCHOLOGY LICENSURE

Licensed Psychologist in the State of Pennsylvania (PS019147) October 2020-Present

GRANT FUNDING

(FORMERLY SCHULTE, EM)

ACTIVE

Title: Biobehavioral Reward Responses Associated with Consumption of Nutritionally Diverse Ultra-Processed Foods

Major Goals: This study systematically examines differences in the rewarding characteristics of and physiological and metabolic responses to ultra-processed foods that are high in fat, refined carbohydrates (like sugar), or both.

Project Number: 1K23DK129825-01A1

Name of PD/PI: **LaFata (Schulte), EM**

Names of Co-Investigators: Forman, EM; Allison, KC; Audrain-McGovern, JE

Source of Support: NIDDK

Primary Place of Performance: Drexel University

Project/Proposal Start and End Date (MM/YYYY) (if available): 07/15/2022-03/31/2027

Total Award Amount (including Indirect Costs): \$720,080

Title: Using Artificial Intelligence to Optimize Delivery of Weight Loss Treatment Research

Major Goals: This project aims to evaluate an AI-powered behavioral weight loss system designed to provide the optimal combination of individual meetings, group meetings, texts, and automated messages for each individual participant, over time.

Status of Support: Active

Project Number: R01DK125641-01A1

Name of PD/PI: Forman, EM (5/4/2021-6/26/2024); Interim PI: **LaFata, EM** (6/27/2024-Present)

Names of Co-Investigators: Butryn, ML, Juarascio, AS, **LaFata (Schulte), EM** (5/4/2021-6/26/2024), & Hagerman, CJ

Source of Support: NIDDK

Primary Place of Performance: Drexel University

Project/Proposal Start and End Date (MM/YYYY) (if available): 5/4/2021-4/30/2026

Total Award Amount (including Indirect Costs): \$2,971,225

Title: Sharing Digital Self-Monitoring Data with Others to Enhance Long-Term Weight Loss: A Randomized Trial Using a Factorial Design

Major Goals: This study tests if sharing digital data (i.e., body weight from wireless scale, physical activity from wearable sensor, and dietary intake from smartphone app) with coaches, program peers, or friends/family improves long-term weight loss.

Status of Support: Active

Project Number: 1R01DK129300

Name of PD/PI: Butryn, ML

Names of Co-Investigators: Forman, EM, **LaFata (Schulte), EM**, & Hagerman, CJ

Source of Support: NIDDK

Primary Place of Performance: Drexel University

Project/Proposal Start and End Date (MM/YYYY) (if available): 7/1/2021-6/30/2026

Total Award Amount (including Indirect Costs): \$3,629,978

Title: Development of a Just-in-Time Intervention to Reduce Ultra-Processed Food Intake

Major Goals: This study is designed to develop and test the feasibility of a smartphone application that uses just-in-time adaptive intervention technology to reduce ultra-processed food consumption.

Project Number: SAP #4100095603

Name of PD/PI: **LaFata, EM**

Names of Co-Investigators: Nasser, J & Forman, EM

Source of Support: Commonwealth of Pennsylvania

Project/Proposal Start and End Date: 1/1/2023-12/31/2026

Total Award Amount (including Indirect Costs): \$84,601

Title: Integrative Intervention with Creative Arts Therapies and Nutrition- I2CAN

Major Goals: In this study, we will use a novel integrative program combining Creative Arts Therapy including art therapy and dance/movement therapy with Nutrition Education, a program we are calling I2CAN as an innovative combinatorial therapeutic strategy to reduce cardiometabolic risk and improve psychosocial well-being.

Project Number: SAP #4100095603

Name of PD/PI: Sukumar, D

Names of Co-Investigators: **LaFata, E**, Kaimal G, Shewokis, P

Source of Support: Commonwealth of Pennsylvania

Primary Place of Performance: Drexel University

Project/Proposal Start and End Date: 1/1/2023-12/31/2026

Total Award Amount (including Indirect Costs): \$84,590

COMPLETED

Title: Assessment of and Treatment Applied to Food Addiction to Encourage Self-Management of Obesity in a Rural Healthy Behaviors Clinic

Role: Consultant

Source: University of Nebraska- Rural Futures Institute

Total Amount: \$74,647

Grant Duration: July 2017-July 2019

Title: Food Attributes Implicated in Biobehavioral Indicators of Addiction in Vulnerable Individuals

Role: Primary Investigator

Source: Rackham Graduate School, Graduate Student Research Award- Candidate

Total Amount: \$3,000

Grant Duration: May 2016-May 2019

Title: An Examination of Behavioral Responses to Highly Processed Foods

Role: Primary Investigator

Source: Blue Cross Blue Shield of Michigan

Total Amount: \$3,000

Grant Duration: August 2015-August 2016

Title: An Examination of Behavioral Responses to Highly Processed Foods

Role: Primary Investigator

Source: Rackham Graduate School, Graduate Student Research Award- Pre-Candidate

Total Amount: \$1,500

Grant Duration: May 2015-May 2016

PEER-REVIEWED JOURNAL PUBLICATIONS

(*FORMERLY SCHULTE, E.M.*)

(**= SENIOR AUTHOR; MENTEE/STUDENT CO-AUTHORS UNDER MY SUPERVISION ARE UNDERLINED)

SUMMARY: 22 FIRST AUTHOR PUBLICATIONS; 2 SENIOR AUTHOR PUBLICATIONS

- 1) Lima, V., Cavalcante, E., Leão, M., **LaFata, E.M.**, Sampaio, A., & Nunes Neto, P. (2024). [Reliability and validity of the Modified Yale Food Addiction Scale 2.0 \(mYFAS 2.0\) in a sample of individuals with depressive disorders.](#) *Journal of Eating Disorders*, 12, 144.
- 2) Prescott, S.L., Logan, A.C., **LaFata, E.M.**, Naik, A., Nelson, D.H., Robinson, M.B., & Soble L. (2024). [Crime and nourishment: A narrative review examining ultra-processed foods, brain, and behavior.](#) *Dietetics*, 3(3), 318-345.
- 3) Butryn, M.L., Miller, N.A., Hagerman, C.J., Arigo, D., LaFata, E.M., Zhang, F., Spring, B., & Forman, E.M. (2024). [Coach access to digital self-monitoring data: An experimental test of short-term effects in behavioral weight loss treatment.](#) *Obesity (Silver Spring)*, 1-9.
- 4) Logan, A.C., Prescott, S.L., **LaFata, E.M.**, Nicholson, J.J., & Lowry, C.A. (2024). [Beyond auto-brewery: Why dysbiosis and the legalome matter to forensic and legal psychology.](#) *Laws*, 13, 46.
- 5) **LaFata, E.M.**, Worwag, K., Derrigo, K., Hessler, C., Allison, K.C., Juarascio, A.S., & Gearhardt, A.N. (2024). [Development of the Food Addiction Symptom Inventory: The first clinical interview to assess ultra-processed food addiction.](#) *Psychological Assessment*. Advance online publication. <https://doi.org/10.1037/pas0001340>

- 6) **LaFata, E.M.**, Allison, K.C., Audrain-McGovern, J., & Forman, E.M. (2024). [Ultra-processed food addiction: A research update](#). *Current Obesity Reports*, 13, 13, 214–223.
- 7) Wiss, D. & **LaFata, E.M.** (2024). [Ultra-processed foods and mental health: Where do eating disorders fit into the puzzle?](#) *Nutrients*, 16(12), 1955.
- 8) Wiss, D., **LaFata, E.M.**, Tomiyama, A.J. (2024). [A novel weight suppression score associates with distinct eating disorder and ultra-processed food addiction symptoms compared to the traditional weight suppression measure among adults seeking outpatient nutrition counseling](#). *Journal of Eating Disorders*, 12(1), 75.
- 9) **Hu, S.**, Gearhardt, A.N., & **LaFata, E.M.**** (2024). [Development of the Modified Highly Processed Food Withdrawal Scale \(mProWS\)](#) *Appetite*, 198, 107370.
- 10) **Derrigo, K.** & **LaFata, E.M.**** (2023). [Examining the proportions of food addiction among women with and without polycystic ovarian syndrome who do and do not take hormonal birth control](#). *Eating Behaviors*, 51, 101824.
- 11) **Ehmann, M.M.**, **LaFata, E.M.**, McCausland, H., Knudsen, F., & Butryn, M.L. (2023). [Perceived importance of moderate-to-vigorous physical activity as a weight control strategy in behavioral weight loss](#). *Obesity Science & Practice*, 1-10.
- 12) Miller, N.A., Ehmann, M.M., Hagerman, C.J., Forman, E.M., Arigo, D., Spring, B., **LaFata, E.M.**, Zhang, F., Milliron, B., & Butryn, M.L. (2023). [Sharing digital self-monitoring data with others to enhance long-term weight loss: A randomized controlled trial](#). *Contemporary Clinical Trials*, 129, 107201.
- 13) Pearl, R.L., Wadden, T.A., Bach, C., & **LaFata, E.M.**, Gautam, S., Leonard, S., Berkowitz, R.I., Latner, J.D., & Jakicic, J.M. (2023). [Long-term effects of an internalized weight stigma intervention: A randomized controlled trial](#). *Journal of Consulting and Clinical Psychology*, 91(7), 398.
- 14) **Crane, N.T.**, Butryn, M.L., Gorin, A.A., Lowe, M.R., & **LaFata, E.M.**** (2023). [Overlapping and distinct relationships between hedonic hunger, uncontrolled eating, food craving, and the obesogenic home food environment during and after a 12-month behavioral weight loss program](#). *Appetite*, 185, 106543.
- 15) Horsager, C., **LaFata, E.M.**, Færk, E., Lauritsen, M.B., Østergaard, S.D., & Gearhardt, A.N. (2023). [Psychometric validation of the Yale Food Addiction Scale for Children 2.0 among adolescents from the general population and adolescents with a history of mental disorder](#). *European Eating Disorder Review*, 31, 474-488.
- 16) Pearl, R.L., Wadden, T.A., Groshon, L., Fitterman-Harris, H.F., Bach, C., & **LaFata, E.M.** (2023). [Refining the conceptualization and assessment of internalized weight stigma: A mixed methods approach](#). *Body Image*, 44, 93-102.
- 17) Chwyl, C., **LaFata, E.M.**, Abber, S.R., Juarascio, A.S., & Forman, E.M. (2023). [Testing reward processing models of obesity using in-the-moment assessments of subjective enjoyment of food and non-food activities](#). *Eating Behaviors*, 48:101698.
- 18) Forman, E.M., Berry, M.P., Butryn, M.L., Hagerman, C.J., Huang, Z., Juarascio, A.S., **LaFata, E.M.**, Ontañón, S., Tilford, J.M., & Zhang, F. (2023). [Using artificial intelligence to optimize delivery of weight loss treatment: protocol for an efficacy and cost-effectiveness trial](#). *Contemporary Clinical Trials*, 124, 107029.
- 19) **LaFata, E.M.** & Gearhardt, A.N. (2022). [Ultra-processed food addiction: An epidemic?](#) *Psychotherapy and Psychosomatics*, 91, 363-372.
- 20) **LaFata, E.M.** (2022). [A commentary on the progress towards recognizing food addiction as a psychological diagnosis](#). *Current Addiction Reports*, 9, 251-254.

- 21) Wang, D., Huang, K., **Schulte, E.M.**, Zhou, W., Li, H., Hu, Y., Fu, J. (2022). [The association between food addiction and weight status in school-age children and adolescents](#). *Frontiers in Psychiatry, Addictive Disorders*, 13, 824234.
- 22) **Schulte, E.M.**, Kral, T.E.V., & Allison, K.C. (2022). [A cross-sectional examination of reported changes to eating and activity behaviors due to the COVID-19 Pandemic among individuals with food addiction](#). *Appetite*, 168, 105740.
- 23) **Schulte, E.M.**, Chao, A.M., & Allison, K.C. (2021). [Advances in the neurobiology of food addiction](#). *Current Behavioral Neuroscience Reports*, 8, 103-112.
- 24) Hales, S., **Schulte, E.M.**, Turner, T.F., Malcolm, R., Rethorst, C., Foster, G.D., Pinto, A.M., & O'Neil, P.M. (2021). [Pilot evaluation of a personalized commercial program on weight loss, health outcomes, and quality of life](#). *Translational Behavioral Medicine*, 11(12), 2091-2098.
- 25) **Schulte, E.M.**, Bach, C., Berkowitz, R.I., Latner, J.D., & Pearl, R.L. (2021). [Adverse childhood experiences and weight stigma: Co-occurrence and associations with psychological well-being](#). *Stigma and Health*, 6(4), 408–418.
- 26) Gearhardt, A.N. & **Schulte, E.M.** (2021). [Is food addictive? A review of the science](#). *Annual Review of Nutrition*, 41, 11.1–11.24.
- 27) Li, S., **Schulte, E.M.**, Cui, G., Li, Z., Cheng, Z., & Xu, H. (2021). [Psychometric properties of the Chinese version of the modified Yale Food Addiction Scale Version 2.0 \(C-mYFAS 2.0\): Prevalence of food addiction and relationship with resilience and social support](#). *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*, 27, 273–284.
- 28) Pearl, R.L. & **Schulte, E.M.** (2021). [Weight bias during the COVID-19 Pandemic](#). *Current Obesity Reports*, 10, 181–190.
- 29) Koehler, A., Aguirre, T., **Schulte, E.M.**, Bowman, R., & Struwe, L. (2021). [Secondary analysis of YFAS 2.0 symptom counts, impairment/distress, and food addiction severity in adults with overweight/obesity](#). *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*, 26, 2393–2399.
- 30) **Schulte, E.M.** & Gearhardt, A.N. (2020). [Attributes of the food addiction phenotype within overweight and obesity](#). *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*, 26, 2043–2049.
- 31) **Schulte, E.M.**, Wadden, T.A., & Allison, K.A. (2020). [An evaluation of food addiction as a distinct psychiatric disorder](#). *International Journal of Eating Disorders*, 53(10), 1610-1622.
- 32) Parnarouskis, L., **Schulte, E. M.**, Lumeng, J. C., & Gearhardt, A. N. (2020). [Development of the Highly Processed Food Withdrawal Scale for Children](#). *Appetite*, 147, 104553.
- 33) **Schulte, E.M.**, Tuerk, P.W., Wadden, T.A., Garvey, W.T., Weiss, D., Hermayer, K.L., Aronne, L.J., Becker, L.E., Fujioka, K., Miller-Kovach, K., Kushner, R.F., Malcolm, R.J., Raum, W.J., Rost, S.I., Rubino, D.M., Sora N.D., Veliko, J.L., & O'Neil, P.M. (2020). [Changes in weight control behaviors and hedonic hunger in a commercial weight management program adapted for individuals with type 2 diabetes](#). *International Journal of Obesity*, 44, 990-998.
- 34) **Schulte, E.M.**, Yokum, S., Jahn, A., & Gearhardt, A.N. (2019). [Food cue reactivity in food addiction: A functional magnetic resonance imaging study](#). *Physiology & Behavior*, 208, 112574.
- 35) **Schulte, E.M.**, Sonnevile, K.R., & Gearhardt, A.N. (2019). [Subjective experiences of highly processed food consumption in individuals with food addiction](#). *Psychology of Addictive Behaviors*, 33(2), 144-153.

- 36) **Schulte, E.M.**, Smeal, J.K. Lewis, J., & Gearhardt, A.N. (2018). [Development of the Highly Processed Food Withdrawal Scale](#). *Appetite*, 131, 148-154.
- 37) Aguirre, T., Bowman, R., Kreman, R., Holloway, J., LaTowsky, J., Stricker, M., Struwe, L., **Schulte, E.M.**, Koehler, A., Pierce, K., & Bloodgood, M. (2018). [Pre-intervention characteristics in weight loss participants scoring positive and negative for food addiction](#). *Clinical Nutrition and Metabolism*, 1(1), 1-3.
- 38) **Schulte, E.M.**, Potenza, M.N., & Gearhardt, A.N. (2018). [Specific theoretical considerations and future research directions for evaluating addictive-like eating as a substance-based, food addiction: Comment on Lacroix et al., \(2018\)](#). *Appetite*, 130, 293-295.
- 39) Carr, M.M., **Schulte, E.M.**, Saules, K.K., & Gearhardt, A.N. (2018). [Measurement invariance of the modified Yale Food Addiction Scale 2.0 across gender and racial groups](#). *Assessment*, 27(2), 356-364.
- 40) **Schulte, E.M.** & Gearhardt, A.N. (2018). [Associations of food addiction in a sample recruited to be nationally representative of the United States](#). *European Eating Disorders Review*, 26(2), 112-119.
- 41) **Schulte, E.M.**, Potenza, M.N., & Gearhardt, A.N. (2018). [How much does the Addiction-Like Eating Behavior Scale add to the debate regarding food versus eating addictions?](#) *International Journal of Obesity*, 42(4), 946-946.
- 42) **Schulte, E.M.**, Jacques-Tiura, A.J., Gearhardt, A.N., and Naar, S. (2018). [Food addiction prevalence and concurrent validity in African American adolescents with obesity](#). *Psychology of Addictive Behaviors*, 32(2), 187-196.
- 43) **Schulte, E.M.**, Joyner, M.A., Schiestl, E.T., & Gearhardt, A.N. (2017). [Future directions in “food addiction”: Next steps and treatment implications](#). *Current Addiction Reports*, 4(2), 165-171.
- 44) **Schulte, E.M.** & Gearhardt, A.N. (2017). [Development of the modified Yale Food Addiction Scale Version 2.0](#). *European Eating Disorders Review*, 25(4), 302-308.
- 45) Hauck, C., Weiß, A., **Schulte, E.M.**, Meule, A., & Ellrott, T. (2017). [Prevalence of ‘food addiction’ as measured with the Yale Food Addiction Scale 2.0 in a representative German sample and its association with sex, age and weight categories](#). *Obesity Facts*, 10(1), 12-24.
- 46) Polk, S.E., **Schulte, E.M.**, Furman, C.R., & Gearhardt, A.N. (2017). [Wanting and liking: Separable components in problematic eating behavior?](#) *Appetite*, 115, 45-53.
- 47) **Schulte, E.M.**, Potenza, M.N., & Gearhardt, A.N. (2017). [A commentary on the “eating addiction” versus “food addiction” perspectives on addictive-like food consumption](#). *Appetite*, 115, 9-15.
- 48) **Schulte, E.M.**, Grilo, C.M., & Gearhardt, A.N. (2016). [Shared and unique mechanisms underlying binge eating disorder and addictive disorders](#). *Clinical Psychology Review*, 44, 125-139.
- 49) **Schulte, E.M.**, Tuttle, H.M., & Gearhardt, A.N. (2016). [Belief in food addiction and obesity-related policy support](#). *PLoS One*, 11(1), e0147557.
- 50) Martin, L.E., Pollack, L., McCune, A., **Schulte, E.**, Savage, C.R., & Lundgren, J. (2015). [Comparison of obese adults with poor versus good sleep quality during a functional neuroimaging delay discounting task: A pilot study](#). *Psychiatry Research: Neuroimaging*, 234(1), 90-95.
- 51) Joyner, M.A., **Schulte E.M.**, Wilt, A., & Gearhardt, A.N. (2015). [Addictive-like eating mediates the association between eating motivations and elevated body mass index](#). *Translational Issues in Psychological Science*, 1(3), 217-228.

- 52) **Schulte, E.M.***, Joyner, M.A.*, Potenza, M.N., Grilo, C.M., & Gearhardt, A.N. (2015). [Current considerations regarding food addiction](#). *Current Psychiatry Reports*, 17(4), 19.
 a. *Shared first authorship
- 53) **Schulte, E.M.**, Avena, N.M., & Gearhardt, A.N. (2015). [Which foods may be addictive? The roles of processing fat content, and glycemic load](#). *PloS One*, 10(2), e0117959.

MANUSCRIPTS SUBMITTED FOR PUBLICATION

- 1) **Worwag, K.E.**, Audrain-McGovern, J., Butryn, M.L., & **LaFata, E.M.** (2024). The role of physical activity, calorie, and macronutrient intake on smoking cessation. [Manuscript submitted for publication].
- 2) **Wiss, D.** & **LaFata, E.M.** (2024). Ultra-processed food intake and ultra-processed food addiction symptoms mediate the relationship between adverse childhood experiences and eating disorder symptoms among adults seeking nutrition counseling in Los Angeles, CA. [Manuscript submitted for publication].
- 3) **Pearl, R.L.**, Groshon, L.C., Hernandez, M., Bach, C., **LaFata, E.M.**, Fitterman-Harris, H.F., Leget, D.L., Sheynblyum, M., & Wadden, T.A. (2024). Characterizing first, recent, and worst experiences of weight stigma: A descriptive study. [Manuscript submitted for publication].
- 4) **Tronieri, J.S.**, Ghanbari, E., Chevinsky, J., **LaFata, E.M.**, Minnick, A.M., Rajpal, S., Wang, S.Y., Burcaw, K., Berkowitz, R.I., Wadden, T.A. (2023). Use of anti-obesity medication to improve weight loss in early non-responders to behavioral treatment (A BETTER FIT): A randomised controlled trial by Dr. Jena Shaw Tronieri. [Manuscript submitted for publication].

BOOK CHAPTERS

(FORMERLY SCHULTE, E.M.)

- 1) **LaFata, E.M.**, Allison, K.C., & Forman, E.M. (2022). What foods may be addictive? In A.N. Gearhardt, K.D. Brownell, M.S. Gold, & M.N. Potenza (Eds.) *Food and Addiction: A Comprehensive Handbook, 2nd Edition*. Oxford, United Kingdom: Oxford University Press.
- 2) Gearhardt, A.N., **Schulte, E.M.**, & Schiestl, E.T. (2019). Food Addiction Prevalence: Development and Validation of Diagnostic Tools. In Cottone, P., Koob, G.F., Moore, C.F., Sabino, V. (Eds). *Compulsive Eating Behavior and Food Addiction: Emerging Pathological Constructs*. (pp.15-39). Cambridge, MA: Academic Press.
- 3) Gearhardt, A.N., Joyner M.A., & **Schulte E.M.** (2018). Food Addiction. In Pickard, H. & Ahmed, S. (Eds). *The Routledge Handbook of Philosophy and Science of Addiction*. Abington, Oxfordshire: Taylor & Francis Group.
- 4) **Schulte, E.M.**, Joyner, M.A., & Gearhardt, A.N. (2017). Food, Addiction, and Obesity. In Brownell, K. & Walsh, T. (Eds). *Eating Disorders and Obesity: A Comprehensive Handbook, 3rd Edition*. (pp. 427-432). New York, NY: Guilford Press.
- 5) **Schulte, E.M.**, Yokum, S., Potenza, M.N., & Gearhardt, A.N. (2015). Neural Systems Implicated in Obesity as an Addictive Disorder: From Biological to Behavioral Mechanisms. In Ekhtiari, H. & Paulus, M. (Eds). *Progress in Brain Research: Neuroscience for Addiction Medicine: From Prevention to Rehabilitation*. (223, pp.329-346). Waltham, MA: Elsevier.

OTHER JOURNAL PUBLICATIONS

(FORMERLY SCHULTE, E.M.)

- 1) Aguirre, T., Bowman, R., Struwe, L., Koehler, A., **Schulte, E.M.**, Holloway, J., LaTowsky, J., Stricker, M., Pierce, K., & Bloodgood, M. (2019). Impact of Interventions Used to Treat Addictive Disorders on Food Addiction and Depression in Individuals with Obesity. *International Journal of Psychiatry Research*, 2(4), 1-3.
- 2) Aguirre, T., Struwe, L., Koehler, A., Kreman, R., Bowman, R., **Schulte, E.M.**, Holloway, J., LaTowsky, J., Stricker, M., Pierce, K., & Bloodgood, M. (2018). Impact of four obesity interventions on biometric measures of individuals positive and negative for food addiction. *Archives of Psychiatry and Mental Health*, 2, 1-5.

CONFERENCE POSTER PRESENTATIONS

(FORMERLY SCHULTE, E.M.)

(MENTEE/STUDENT CO-AUTHORS UNDER MY SUPERVISION ARE UNDERLINED)

- 1) Hessler, C., Corso, M., Butryn, M.L., & **LaFata, E.M.** (November 2024). Characterizing ultra-processed food addiction in adults enrolled in a behavioral weight loss treatment. To be presented at the Association for Behavioral and Cognitive Therapies' (ABCT) 58th Annual Convention, Philadelphia, PA.
- 2) Corso, M., Hessler, C., Butryn, M.L., & **LaFata, E.M.** (November 2024). Exploring associations between ultra processed food addiction in adults seeking behavioral weight loss treatment with weight loss and calorie tracking. To be presented at the Association for Behavioral and Cognitive Therapies' (ABCT) 58th Annual Convention, Philadelphia, PA.
- 3) Ananna, T., Wilkinson, M.L., Hessler, C., **LaFata, E.M.**, & Juarascio, A. (May 2024). An analysis of foods eaten during binge-eating episodes using macronutrient category. Presented at the Drexel University College of Arts & Sciences Research Day, Philadelphia, PA.
- 4) Worwag, K., Audrain-McGovern, J., Butryn, M.L., & **LaFata, E.M.** (March 2024). Lifestyle modification for smoking cessation: Do diet and physical activity predict smoking abstinence? Presented at the 45th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine (SBM), Philadelphia, PA.
- 5) Worwag, K., Derrigo, K., Hessler, C., & **LaFata, E.M.** (February 2024). Exploring the addictive potential of foods in binge-type eating disorders. Presented at the 2024 American Association for the Advancement of Science Annual Meeting, Denver, CO.
- 6) Corso, M., Hessler, C., Chwyl, C., Worwag, K., & **LaFata, E.M.** (February 2024). Evaluating ultra-processed food withdrawal in real-time during dietary change interventions. Presented at the 95th Annual Conference of the Eastern Psychological Association (EPA), Philadelphia, PA.
- 7) Miller N. A., Crane, N. T., Butryn, M. L., & **LaFata, E.M.** (November 2023). Retail food environment quality and self-reported food purchasing decisions of women living in food swamps. Presented at the Association for Behavioral and Cognitive Therapies' (ABCT) 57th Annual Convention, Seattle, WA.
- 8) Tronieri, J.S., Ghanbari, E., Chevinsky, J., **LaFata, E.M.**, Minnick, A.M., Rajpal, S., Wang, S.Y., Burcaw, K., Wadden, T.A. (October 2023). Use of pharmacotherapy to improve weight loss in early non-responders to behavioral treatment: A randomized controlled trial. Presented at Obesity Week 2023, Dallas, TX.
- 9) Worwag, K., Audrain-McGovern, J., Butryn, M.L., & **LaFata, E.M.** (October 2023). Behavioral activation for health behavior changes in adults who smoke. Presented at Obesity Week 2023, Dallas, TX.
- 10) Hu, S. & **LaFata, E.M.** (May 2023). Development of the Modified Highly Processed Food Withdrawal Scale (mProWS). Presented at the 2023 Integrative Project Showcase hosted by the Graduate Student Journal of Psychology in the Department of Counseling and Clinical Psychology at Teachers College, Columbia University, New York, NY.

- 11) Pearl, R.L., Wadden, T.A., Bach, C., & **LaFata, E.M.**, Gautam, S., Leonard, S., Berkowitz, R.I., Latner, J.D., & Jakicic, J.M. (April 2023). Long-term effects of an internalized weight stigma intervention: A randomized controlled trial. Presented at the 2023 Society of Behavioral Medicine Conference, Phoenix, AR.
- 12) Derrigo, K., & **LaFata, E.M.** (November 2022). The prevalence of food addiction among women with polycystic ovarian syndrome. Presented at Obesity Week 2022, San Diego, CA.
- 13) Shogan, L., Borengasser, S., Cooper, E., Liu, C., Kechris, K., **LaFata, E.M.**, Heinsbroek, J., Stanislawski, M., Caldwell, A.E., Creasy, S.A., Catenacci, V.A., & Ostendorf, D.M. (November 2022). DNA methylation is associated with exercise-related factors among adults with overweight/obesity. Presented at Obesity Week 2022, San Diego, CA.
- 14) Shogan, L., Borengasser, S., Cooper, E., Liu, C., Kechris, K., **LaFata, E.M.**, Heinsbroek, J., Stanislawski, M., Creasy, S.A., Catenacci, V.A., & Ostendorf, D.M. (November 2022). DNA methylation is associated with eating behavior-related factors among adults with obesity. Presented at Obesity Week 2022, San Diego, CA.
- 15) Ehmann, M., **Schulte, E.M.**, McCausland, H., Knudsen, F., Butryn, M.L. (April 2022) Perceived importance of physical activity as a weight control strategy in behavioral weight loss treatment. Presented at the 43rd Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
- 16) **Schulte, E.M.**, Kral, T.E.V., & Allison, K.C. (November 2021) Changes to eating and activity behaviors during the COVID-19 Pandemic in persons with food addiction. Presented at Obesity Week 2021 (virtual).
- 17) **Schulte, E.M.**, & Gearhardt, A.N. (November 2020) Attributes of the food addiction phenotype within overweight and obesity. Presented at Obesity Week 2020 (virtual).
- 18) Hales, S., **Schulte, E.M.**, Turner, T.F., Malcolm, R., Rethorst, C., Foster, G.D., & O'Neil, P.M. (November 2020) Improvements in cravings, happiness and quality of life with weight loss and reduced caloric intake. Presented at Obesity Week 2020 (virtual).
- 19) **Schulte, E.M.**, Tuerk, P.W., Wadden, T.A., Garvey, W.T., Weiss, D., Hermayer, K.L., Aronne, L.J., Becker, L.E., Fujioka, K., Miller-Kovach, K., Kushner, R.F., Malcolm, R.J., Raum, W.J., Rost, S.I., Rubino, D.M., Sora N.D., Veliko, J.L., & O'Neil, P.M. (November 2019) Changes in weight control behaviors and hedonic hunger in a commercial weight management program adapted for individuals with type 2 diabetes. Presented at Obesity Week 2019, Las Vegas, NV.
- 20) Parnarouskis, L., **Schulte, E.M.**, Lumeng, J.C., & Gearhardt, A.N. (November 2019) Development of the Highly Processed Food Withdrawal Scale for Children. Presented at Obesity Week 2019, Las Vegas, NV.
- 21) Frawley, J., **Schulte, E.M.**, Malcolm, R.J., & O'Neil, P.M. (November 2019) Correlates of hedonic hunger among participants in an obesity treatment program. Presented at Obesity Week 2019, Las Vegas, NV.
- 22) **Schulte, E.M.**, Yokum, S., & Gearhardt, A.N. (November 2018) Food cue reactivity in food addiction: A functional magnetic resonance imaging study. Presented at Obesity Week 2018, Nashville, TN.
- 23) **Schulte, E.M.**, Joyner, M.A., Furman, C.R., & Gearhardt, A.N. (March 2017) The Yale Food Addiction Scale and eating behavior in adolescents. Presented at the 5th Annual Collaborative Perspectives on Addiction Meeting, Albuquerque, NM.
- 24) **Schulte, E.M.**, Furman, C.R., & Gearhardt, A.N. (May 2016) Food addiction symptomology and behavioral impulsivity are associated with body mass index in adolescents. Presented at the 28th Annual Convention of the Association for Psychological Science, Chicago, IL.

- 25) **Schulte, E.M.**, Sonnevile, K., & Gearhardt, A.N. (November 2015) Individual differences in reported frequency of highly processed food consumption. Presented at The Obesity Society's 2015 Annual Scientific Meeting, Los Angeles, CA.
- 26) Polk, S.E., **Schulte, E.M.**, & Gearhardt, A.N. (September 2015) The effects of restraint and gender on reported consumption frequency of high glycemic load and high fat foods. Presented at the XXIst Annual Meeting of the Eating Disorders Research Society, Taormina, Sicily, Italy.
- 27) **Schulte, E.M.**, & Gearhardt, A.N. (November 2014) Which foods may be addictive?. Presented at The Obesity Society's 2014 Annual Scientific Meeting, Boston, MA.
- 28) **Schulte, E.M.**, & Gearhardt, A.N. (October 2014) Which foods may be addictive?. Presented at the University of Michigan Health Psychology Research Symposium, Dearborn, MI.
- 29) Sorab, P., **Schulte, E.M.**, & Gearhardt, A.N. (May 2014) Problematic eating differs by gender. Presented at the 2014 Association for Psychological Science Annual Convention, New York City, NY.
- 30) **Orenstein, E.**, & Martin, L. (May 2012) A neuroimaging study: Relationships between binge eating behaviors, impulsivity, and BMI. Presented at the International Conference for Eating Disorders, Montreal, Quebec.
- 31) Papa, V., **Orenstein, E.**, Ruprecht, K., Owens, T., Martin, L. (April 2012) Neuroimaging Studies of Hunger and Impulsivity. Presented at the Cognitive Neuroscience Society 2013 Meeting, San Francisco, CA.
- 32) Martin, L.E., Ruprecht, K., Papa, V., **Orenstein, E.**, Cox, L.S. (March 2012) A Weighty Issue: Brain Responses to Food and Smoking Cues Among Healthy Weight and Overweight Smokers. Presented at the Society for Research on Nicotine and Tobacco 19th Annual International Meeting, Boston, MA.
- 33) **Orenstein, E.** & Martin, L. (May 2011) Perfectionism and Anxiety in Individuals With or Without Subclinical Binge Eating Patterns. Presented at the Undergraduate Research Symposium, Lawrence, KS.
- 34) **Orenstein, E.** & Martin, L. (October 2011) Perfectionism and Anxiety in Individuals With or Without Subclinical Binge Eating Patterns. Presented at the Kansas Psychological Association Conference, Topeka, KS.
- 35) **Orenstein, E.** & Martin, L. (October 2011) Perfectionism and Anxiety in Individuals With or Without Subclinical Binge Eating Patterns. Presented at the Association for Psychology and Educational Research in Kansas Conference, Hays, KS.

TALKS, PRESENTATIONS, AND LECTURES

(FORMERLY SCHULTE, E.M.)

- 1) **LaFata, E.M.** (May 2024). The Research on Why Ultra-Processed Food Addiction is Best Conceptualized as a Substance-Use Disorder. Invited presentation given at the International Food Addiction Consensus Conference, London, United Kingdom.
- 2) **LaFata, E.M.** (March 2024). Ultra-Processed Food Addiction and Socioeconomic Injustice: Targeting Vulnerable Populations with Addictive "Food" Products Compounds Health Inequalities. Invited presentation given at the NOVA Campfire on Food Justice: Avoiding an Ultra-Processed Future, virtual.
- 3) **LaFata, E.M.** (January 2024). Ultra-Processed Food Addiction in Youths: Prevalence Rates and Public Health Implications. Invited presentation given at the 8th International Conference on Childhood and Adolescence (ICCA2024), Peniche, Portugal and virtual.

- 4) **LaFata, E.M.** (December 2023). Ultra-Processed Food Addiction: A Mounting Social Justice Crisis. Invited presentation given at the NOVA Annual Conference 2023, virtual.
- 5) **LaFata, E.M.** (November 2023). The State of the Science on Ultra-Processed Food Addiction. Invited guest lecture given to the Obesity and Society course at the University of Pennsylvania.
- 6) **LaFata, E.M.** (August 2022). Spicy Debate: Food Addiction Versus Eating Disorder. Invited presentation given at the California Society of Addiction Medicine 2022 State of the Art Addiction Medicine Conference, San Diego, CA.
- 7) **Schulte, E.M.** (April 2022). Implications of the Addictive Potential of Hyper-Palatable Foods for Individuals with Food Addiction. Symposium presentation given at the Collaborative Perspectives on Addiction Conference, Portland, OR.
- 8) **Schulte, E.M.** (December 2021). The State of the Science on Ultra-Processed Food Addiction. Invited presentation given at the International Joint Congress for the World Association of Dual Disorders (WADD) and ALBATROS, Paris, France.
- 9) **Schulte, E.M.** (October 2021). Which Foods May Be Addictive? Invited panelist presentation at Addictive-Like Eating: What Do We Know So Far? An international webinar hosted by the University of Newcastle in Australia.
- 10) **Schulte, E.M.** (April 2021). Do Processed Foods Cause the “Munchies?” Invited guest lecture given at the Bariatric Support Group meeting at Perelman School of Medicine at the University of Pennsylvania.
- 11) **Schulte, E.M.** (March 2021). Defining Food Addiction. Symposium presentation given at the American Psychiatric Association’s Annual Meeting, virtual.
- 12) **Schulte, E.M.** (November 2020). Managing Eating Cues to Meet Your Goals. Invited guest lecture given at the Bariatric Support Group Meeting at Perelman School of Medicine at the University of Pennsylvania.
- 13) **Schulte, E.M.** (April 2020). The Addictive Potentials of Foods and Utility of a Food Addiction Phenotype. Invited guest lecture given at the Clinical Psychology Didactics Seminar at the University of Pennsylvania.
- 14) **Schulte, E.M.** (October 2019). The Addictive Potentials of Foods and Utility of a Food Addiction Phenotype. Invited guest lecture given to the Obesity and Society course at the University of Pennsylvania.
- 15) **Schulte, E.M.** (April 2018). Support for a Substance-Based, Food Addiction Framework of Addictive-Like Food Consumption. Invited keynote presentation given at the International Conference on Behavioral Addictions, Cologne, Germany.
- 16) **Schulte, E.M.** (April 2018). Associations of Food Addiction in Two Samples Recruited to be Nationally Representative of the United States or Germany. Symposium presentation given at the International Conference on Behavioral Addictions, Cologne, Germany.
- 17) **Schulte, E.M.** (October 2016). Addressing symptom-related suicidal ideation. Presentation given at the Clinical Science Area Brown Bag at the University of Michigan.
- 18) **Schulte, E.M.**, (March 2016). Food and addiction. Invited guest lecture given at University of Michigan.
- 19) **Schulte, E.M.**, Joyner, M.A. (October 2015). Family-based therapy for the treatment of anorexia nervosa in an adolescent male. Presentation given at the Clinical Science Area Brown Bag at the University of Michigan.
- 20) **Schulte, E.M.**, (April 2015). Data blitz: Which foods may be addictive?. Invited presentation given at the Interdisciplinary Science of Consumption 2015 meeting in Ann Arbor, MI.

- 21) **Schulte, E.M.**, (March 2015). Binge eating disorder awareness. Invited presentation given at the 2nd Annual National Eating Disorders Association Walk in Ann Arbor, MI.
- 22) **Schulte, E.M.**, (February 2015). The development of addictive disorders. Guest lecture given at University of Michigan.
- 23) **Schulte, E.M.**, (February 2015). Which foods may be addictive? Presentation given at the Clinical Area Brownbag at the University of Michigan.
- 24) **Schulte, E.M.**, (September 2014). Substance-use disorders, behavioral addictions, and addictive-like eating. Invited presentation given at Rudolf Steiner High School in Ann Arbor, MI.

MENTORSHIP AND MENTEE OUTCOMES

(MENTEES FOR WHOM I WAS THE PRIMARY SUPERVISOR ARE UNDERLINED)

Mentee Involvement	Mentee Name	Departure	Thesis or Dissertation Title	Positions Since Departure
PhD Student; MS Student	Hannah McCausland	TBD	Understanding the Relationship Between Depression Symptoms and Physical Activity in Behavioral Weight Loss Treatment (MS Thesis)	Drexel University PhD Program in Clinical Psychology
PhD Student	Christina Chwyl	2023	Beyond Calorie Tracking: Evaluating a Low-Intensity Behavioral Weight Loss Intervention Using an Ad Libitum Plant-Based Diet versus a Balanced Calorie Deficit Diet	Pacific Psychology and Comprehensive Health Clinics, Portland, OR
MS Student	<u>Madison Corso</u>	TBD	TBD	
MS Student	<u>Kate Worwag</u>	2024	The Role of Physical Activity, Calorie and Macronutrient Intake on Smoking Cessation	University of Florida Clinical Psychology PhD Program
MS Student	Alyssa Giannone	2024	TBD	Virginia Consortium PhD Program in Clinical Psychology
MS Student	<u>Karly Derrigo</u>	2023	An Ecological Momentary Assessment Study Examining Concordance Between Momentary Antecedents and Attributions of Binge Eating in Individuals with Binge-Type Eating Disorders	Virginia Commonwealth University PhD Program in Counseling Psychology
MS Student	Sarah Fischer	2023	Why Are So Many Individuals with Bulimia Nervosa Low in Weight Suppression?	TBD

Undergraduate Honors Thesis Mentor

2017 Priya Sorab
 2017 Alison Grenon
 2015 Sarah Polk
 2014 Hannah Tuttle

Mentee Awards (*Primary faculty mentor)

- 2022 WELL Center Meritorious Student Research Award (\$500) to *Karly Derrigo
2017 University of Michigan Undergraduate Program in Neuroscience Director's Award for Excellence (\$250) to Priya Sorab

TEACHING EXPERIENCE

Graduate Student Instructor, University of Michigan, Ann Arbor, MI

Courses taught:

- 2015 Introduction to Psychopathology (large undergraduate lecture), Winter
2015 Research Methods in Cognitive Neuroscience (upper-level undergraduate writing course), Fall
2014 Research Methods in Cognitive Neuroscience (upper-level undergraduate writing course), Fall

Teaching Assistant, University of Michigan, Ann Arbor, MI

- 2016 Introduction to Psychopathology (large undergraduate lecture), Fall
2015 Psychology of Adolescence (large undergraduate lecture), Winter

Graduate Student Grader, University of Michigan, Ann Arbor, MI

- 2015-2016 Eating Disorders Prevention and Treatment (graduate seminar)
2015-2016 Approaches in Nutrition Counseling (graduate seminar)
2015-2016 Introduction to Cognitive Psychology (undergraduate seminar)
2015-2016 Perception (undergraduate seminar)

SUPERVISED CLINICAL EXPERIENCE

Postdoctoral Fellow

August 2019-June 2021

University of Pennsylvania, Philadelphia, PA

Supervisors: Thomas A. Wadden, Ph.D., Kelly A. Allison, Ph.D., Rebecca L. Pearl Ph.D., and Jena S. Tronieri, Ph.D.

- Delivered evidence-based treatments for individuals with obesity in individual and group settings
- Administered neuropsychiatric testing to geriatric patients with overweight or obesity
- Conducted pre-bariatric surgery psychological evaluations

Predoctoral Internship in Clinical Psychology

August 2018-July 2019

Medical University of South Carolina, Charleston, SC

Supervisors: Patrick M. O'Neil, Ph.D, Joshua P. Smith, Ph.D, Amanda Gilmore, Ph.D, Constance Guille, M.D., and Alice Q. Libet, Ph.D

- Rotations: 1) Weight Management Center, 2) Center for Drug and Alcohol Programs, 3) Women's Reproductive Behavioral Health Clinic, and 4) Cognitive-Behavioral Therapy Counseling and Psychological Services Center
- At each rotation, conducted comprehensive diagnostic assessments, developed treatment plans in collaboration with an interdisciplinary team, and delivered evidence-based interventions

Psychosis Research Assessment Practicum

July 2017-April 2018

July 2014-July 2015

The Program for Risk Evaluation and Prevention Clinic, Ann Arbor, MI

Supervisor: Ivy Tso, Ph.D.

- Conducted diagnostic assessments for individuals with schizophrenia, schizoaffective disorder, and bipolar disorder with psychotic features.
- Participated in weekly individual and group supervision focusing on the assessment and treatment of psychotic symptoms.
- Participated in weekly group supervision focusing on cognitive-behavioral techniques for the treatment of anxiety disorders, with an emphasis on obsessive-compulsive disorder.
- Engaged in co-therapy for four cases, conducting cognitive-behavioral therapy (CBT) for prodromal psychosis and schizophrenia.

- Supervised junior members of the research team for psychodiagnostic assessments.

Anxiety Disorders Clinic

January 2016-June 2017

University of Michigan, Psychiatry, Ann Arbor, MI

Supervisors: Elizabeth Duval, Ph.D. and Ricks Warren, Ph.D.

- Provided empirically supported, cognitive-behavioral therapy to adults with a broad range of anxiety disorders, such as generalized anxiety disorder, panic disorder, and trichotillomania
- Interviewed potential new clients weekly to collect information about current and historical psychological symptoms, previous treatment efforts, social functioning, and substance-use. Formulated a treatment plan, presented recommendations to a multidisciplinary team, and wrote an integrative report for each patient.
- Participated in weekly individual and group supervision for didactic training

Comprehensive Eating Disorders Clinic Practicum

July-December 2015

C.S. Mott Children's Hospital, Ann Arbor, MI

Supervisor: Renee Rienecke, Ph.D.

- Provided empirically supported family-based therapy to adolescents with anorexia nervosa and their families
- Provided group therapy to children, adolescents, and adults with anorexia nervosa, bulimia nervosa, and other eating disorders, with an emphasis on empirically supported techniques like cognitive remediation therapy and cognitive behavioral therapy
- Conducted structured interviews for the evaluation of psychiatric diagnoses and the assessment of eating disorder symptoms
- Participated in both weekly individual and group supervision to develop treatment plans for individuals with eating disorders, focusing on empirically supported methods like family-based therapy and cognitive behavioral therapy

DEPARTMENTAL SERVICE

2022-	Faculty Director, WELL Center Intensive Grant Writing Fellowship (IGNITE) Program, Drexel University
2021-	Clinical Psychology Doctoral Program Admissions Committee, Drexel University
2021-	Master of Science in Psychology Program Admissions Committee, Drexel University
2020-2021	Director of Research, Center for Weight and Eating Disorders, Perelman School of Medicine
2017-2018	Department Associate, University of Michigan
2016-2018	Clinical Science Doctoral Program Admissions Committee, University of Michigan
2015-2016	Department Associate, University of Michigan
2014-2015	Clinical Science Brownbag Committee, University of Michigan
2013-2014	Department of Psychology Newspaper Committee, University of Michigan

EDITORIAL BOARD

2022-2024	Associate Editor, <i>Frontiers in Psychology</i> , <u>Addictive Behaviors</u>
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SECTION EDITOR

2022-2023	Invited Section Editor, <i>Current Addiction Reports</i> , <u>Topical Collection on Food Addiction</u>
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PROFESSIONAL COMMITTEES

2024	Reviewer, Association for Behavioral and Cognitive Therapies (ABCT) 58th Annual Convention
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AD-HOC JOURNAL REVIEWER

Addiction
Annals of Internal Medicine
Appetite
Behavioural Brain Research
Biological Psychiatry
BMJ Open Diabetes Research & Care
Brain Imaging and Behavior
British Journal of Nutrition
Clinical Chemistry
Current Addiction Reports
Eating Behaviors
Frontiers in Nutrition: Eating Behavior
Frontiers in Psychology: Eating Behavior
International Journal of Eating Disorders
Journal of Abnormal Psychology
Journal of Behavioral Addictions
Journal of Human Nutrition & Food Science
NeuroImage
Neuroscience & Biobehavioral Reviews
Nutrients
Obesity
Obesity Reviews
PLOS ONE
Psychological Reports
Scientific Reports

AD-HOC BOOK REVIEWER

Progress in Brain Research

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies
Association for Psychological Science
Society of Behavioral Medicine
The Obesity Society

HONORS AND AWARDS

2024 Association for Psychological Science Rising Star
2017 University of Michigan Barbara A. Oleshansky Memorial Fund
2017 University of Michigan Barbara Perry Roberson Fellowship
2016 Rackham Graduate School Domestic Conference Travel Award
2015 Rackham Graduate School International Conference Travel Award
2014 Rackham Graduate School Domestic Conference Travel Award
2011 Second Place, Poster Presentation Award at the Kansas Psychological Association Conference
2012 Psi Chi Psychology Honors Society, University of Kansas (2009-2012)
President, 2011-2012
Secretary, 2010-2011

2012 Order of Omega Honors Society, University of Kansas (2011-2012)

REFERENCES (LISTED ALPHABETICALLY)

Kelly C. Allison, Ph.D. Professor of Psychology in Psychiatry
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Email: marc.potenza@yale.edu

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Former Director, Center for Weight and Eating Disorders
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Email: wadden@pennmedicine.upenn.edu