

## **BEEC's Community Book Recommendations:**

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### *What makes a good book?*

- Order that material is presented. If disorganized it makes it hard
- Content Scaffolding
- Level of conceptual explanation (that it matches the level of students)
- Purpose of textbook (e.g. practical, theory, application)
- Good work examples
- Opportunities of practice and recall
- Downside - questions tend to be about spitting back rather than reflection
- Access to a digital version
- Good figures and images (that can be matched with class)
- Up-to-date with information

### *Highlight Books:*

### **Topics:**

<b>Anatomy / Physiology</b>	<b>2</b>
<b>Bioimaging</b>	<b>2</b>
<b>Bioinstrumentation</b>	<b>3</b>
<b>Biomedical Signals and Systems</b>	<b>3</b>
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Example:

Book Title: Principles of Biomedical Instrumentation

Author: Andrew G. Webb

Course/Topic: Circuits/Bioinstrumentation/Devices

Community Comments:

## Anatomy / Physiology

Book Title: Medical Physiology: A System's Approach

Author: Lange

Course/Topic: Pathology / Physiology

Community Comments: Medically-focused. Useful for upper-level or graduate course that goes in-depth with understanding systems in the body.

Book Title: Human physiology: From cells to systems

Author: Sherwood

Course/Topic: Systems physiology

Community Comments: Overall focus on maintaining homeostasis; looks at the relationship between structure and function; systems focus

**Book Title: Quantitative Human Physiology**

Author: Feher

Course/Topic: Quant physiology

Community Comments: Good for overviews and some checks for understanding - good figures

## Bioimaging

Book Title: Medical Imaging Signals & Systems

Author: Prince & Links

Course/Topic: Introduction to Biomedical Imaging

Community Comments: Derives mathematical foundations of imaging signals, integrates concepts into systems-level topics. Covers X-ray, ultrasound, CT, Radiologic, MRI, & other. systems. Accessible, but **useful as 3rd year text or above.**

Book Title: Digital Image Processing

Author: Gonzalez & Woods

Course/Topic: Signal / Image processing

Community Comments:

Book Title: Optics

Author: Eugene Hecht

Course/Topic: Optics / Introduction to optics

Community Comments: Broad theory & background for optics in general. Very useful for this specific topic, very thorough. However is not geared specifically towards BME applications.

Book Title: Quantitative Biomedical Optics

Author: Bigio and Fantini

Course/Topic: Optics & Biomedical Applications

Community Comments: Balance of fundamentals, inclusion of brief statistical tests, and general overview of multiple optical imaging techniques, primarily focused on diffuse optics.

## Bioinstrumentation

Book Title: Principles of Biomedical Instrumentation

Author: Andrew G. Webb

Course/Topic: Circuits/Bioinstrumentation/Devices

Community Comments: Really good examples, depending on the circuit background students have. Not suitable for students that have not taken circuits.

Book Title: Medical Instrumentation: Application and Design

Author: John G. Webster

Course/Topic: Circuits/Bioinstrumentation/Devices

Community Comments:

# Biomedical Signals and Systems

Book Title: Linear Systems and Signals

Author: B.P. Lathi and Roger Green

Course/Topic: Signals and Systems

Community Comments: pros: -easy to read presentation of the theory, - nice figures and graphs, -ebook available. Cons: -errors in solutions, -Matlab example a bit out of date, - no direct link to BME applications

Book Title: Signals and Systems using MATLAB

Author: B.P. Chaparro and Allen

Course/Topic: Signals and Systems / Digital signal processing

Community Comments: pros: -nice MATLAB examples with source code. Cons: - no direct link to BME applications

Book Title: Circuits, Signals and Systems for Bioengineers: A MATLAB Based Introduction

Author: John Semmlow

Course/Topic: Biomedical Signals/Systems

Community Comments: Pretty standard signals book (aka very dry) but at least focused on bioengineering specifically for example problems and context. Also includes circuit elements so could be used in a hybrid instrumentation/signals course.

Book Title: The intuitive guide to Fourier Analysis & Spectral estimation

Author: Charan and Langton

Course/Topic: Signals with a focus on Fourier Series and Transform

Community Comments: it's not exactly a textbook, but it explains the heavy abstract math involved in the Fourier Series and Transform in plain english (very simple language). Nice supplemental reading.

Title: Physiological Control Systems

Author: Michael Khoo

Course/Topic: Control systems

Comments: has several good MATLAB & Simulink examples to simulate body systems

# Biomaterials

Book Title: Biomaterials: The Intersection of Biology and Materials Science

Author: Mikos

Course/Topic:

Community Comments: currently used for a junior level biomaterials course at West Chester

Book Title: Biomaterials Science

Author: Ratner

Course/Topic: High level overview, but has some good conceptual questions in it

Community Comments: Also covers some biomechanics and tissue engineering

## Biomechanics

Book Title: Fundamental of Biomechanics [**resource, not required**]

Author: Knudson

Course/Topic:

Community Comments:

Skeletal Tissue Mechanics, Martin 2015

Book title: Fundamentals of Biomechanics: Equilibrium, Motion, and Deformation. Springer 2012

Author: Ozkaya N

Course: *Biomechanics*

Comments: *Covers everything from statics and dynamics through biomechanics. Fits well in our program since we don't have a traditional statics course so it's more vertically integrated.*

*Also includes information about function anatomy and application to the human body (also has traditional kinematics, e.g., car on a road, examples)*

Book Title: Sports Biomechanics, The Basics: Optimizing Human Performance

Author: Anthony Blazeovich

Course/Topic: Sports Engineering/Biomechanics

Community Comments: Really good grounding in how biomechanics arises from basic physics concepts, with each topic centered around a case study/question. Great incorporation of modelling techniques as well. A bit outdated (2007)

Book Title: Basic Biomechanics of the Musculoskeletal System; 4th Edition; 2012

Author: Nordin & Frankel

Book Title: Basic Biomechanics; (McGraw Hill); 9th edition

Author: Hall

Biomechanics: Mechanical Properties of Living Tissues

Authors: Yuan-Cheng Fung

Comments: more at graduate student level but SO good for a deep understanding

# Biomedical Engineering Education

Book Title: The Art of Problem Solving

Author: Ackoff

Course/Topic: PBL problem solving courses

Community Comments:

Book Title: Cambridge Handbook of Engineering Education Research

Author: Johri and Olds

Course/Topic: Provides an overview of the field of engineering education research as of 2014. I think there may be a newer edition of this in the works.

Community Comments:

Book Title: Bioengineering Fundamentals

Author: Saterbak, McIntire, San

Course/Topic: Principles of problem solving in bioengineering and human organ systems

Community Comments: used very effectively in conjunction with problem-based learning courses.

## ***Suggestions from Kaitlin Mallouk at Rowan University***

Teaching and Learning in STEM (Felder and Brent)

McKeachie's Teaching Tips (McKeachie and Svinicki)

How Learning Works (Ambrose et al.)

Teaching Engineering (Wankat and Oreovicz)

Uncommon Sense Teaching (Oakley)

Teaching What You Don't Know (Huston)

How Humans Learn (Eyler)

Powerful Teaching (Agarwal & Bain)

# Biotransport

Book Title: Transport Phenomena

Author: Bird, Stewart, and Lightfoot

Course/Topic: Advanced transport - the bible of heat and transport

Community Comments: not BIOE specific

Book Title: Advanced Transport PHenomena

Author: John Slattery

Course/Topic: Advanced transport - good for some theory explanations in fluids, mass transport

Community Comments: not BIOE specific

Book Title: Biotransport Principles and Applications

Author: Roselli and Diller

Course/Topic: Bio-related examples

Community Comments: BIOE specific

Book title: Transport Phenomena in Biological Systems

Author: G.A. Truskey, F. Yuan, D.F. Katz,

Course/topic: transport and fluids

Community comments: lots of problems, not much theory explanation

## Cell/Tissue Engineering

Book Title: Cells: Molecules and Mechanisms

Author: E.V. Wong

Course/Topic: Intro/Cell Biology

Community Comments: Open Access (pdf and web-based), parallel sections for intro both level and advanced level

## Circuits

Book Title: Electrical Engineering 101: Everything You Should Have Learned in School...But Probably Didn't

Author: Darren Ashby

Course/Topic: Electrical Engineering/Circuits (Intro)

Community Comments: Really approachable for non-majors. Covers the basics with really good examples and analogies. Low Cost (~\$33 new). Definitely agree that this is very approachable and takes an easy-to-understand approach to electrical engineering. I think it even relates electrical engineering concepts to other engineering principles.

Book Title: Circuit Analysis for Dummies

Author: Santiago

Course/Topic: Used as a reference for intro circuits content

Community Comments:

## Entrepreneurship

Book Title: Disciplined Entrepreneurship

Author: Aulet

Course/Topic:

Community Comments:

Book Title: Commercializing Successful Biomedical Technologies

Author: Mehta

Course/Topic: Capstone/regulatory course

Community Comments: used as a resource, to build cases, not for students

Title: Keep Innovation Simple: Lead with Clarity and Focus in a World of Constant

Author: Brad Barbera

Comments: used in intro to innovation and entrepreneurship type course - good intro to innovation

Title: The Innovator's DNA: Mastering the Five Skills of Disruptive Innovator

Authors: Jeff Dyer, Hal Gregersen, Clayton M. Christensen

Comments: used in intro to innovation and entrepreneurship type course - good intro to innovation

## Ethics

Book Title: Biomedical Ethics for Engineers

Author: Vallero

Course/Topic: currently used in senior design at West Chester

Community Comments: so far mixed reviews from students, but I had not actually looked at it myself

## Introduction

Book Title: Biomedical Engineering

Author: Saltzmann

Course/Topic: Previously used for a 1st year course at Colorado State

Community Comments: depending on what knowledge your students come in with, some sections may be unnecessary review

Title: *Introduction to Biomedical Engineering*, 4<sup>th</sup> edition, 2017

Author: Enderle, J.D., and Bronzino, J.D.

Course:

Comments:

Title: Introduction to Biomedical Engineering

Author: Douglas A. Christensen

Course: Intro to BME course

Comments: Pro: the math level is truly introductory. Focuses on cardiovascular system. Used as a reference text, but not used for class

Book Title: Bioengineering Fundamentals

Author: Saterbak

Course/Topic: Conservation Principles

Community Comments: Doesn't flow right for me as a course textbook but I **pull problems from here**

Agreed - I don't use it for a course but I pull problems from it

## Micro/Nano Technology

Book Title: Micro- and Nanoscale Fluid Mechanics: Transport in Microfluidic Devices

Author: Brian Kirby

Course/Topic: Microfluidics

Community Comments: Grad level material

## Regulatory/FDA

Book Title: Medical Device Development: Regulation and Law

Author: Jonathan S Kahan

Course/Topic: capstone, regulatory course

Community Comments: as a reference only, good case studies

Book Title: Development of FDA-Regulated Medical Products

Author: Elaine Whitmore

Course/Topic: capstone, regulatory course

Community Comments: as a reference only, good case studies

Book Title: Design and Analysis of Experiments

Author: Douglas Montgomery

Course/Topic: capstone, regulatory course

Community Comments: good statistical resource as well

Book Title: Medical Device Design and Regulation

Author: Carl T. DeMarco

Course/Topic: Industrial practices/regulatory course

Community Comments:

## Thermodynamics

Book Title: Fundamentals of engineering thermodynamics (9e)

Author: Moran

Course/Topic: Thermodynamics

Community Comments: It is now available as a Zybook so it should be much better and more interactive than a regular textbook.

Book Title: Biological thermodynamics

Author: Haynie

Course/Topic: Thermodynamics

Community Comments: Lacks example problems, but content wise it is suitable for bio-related examples. Very biochemistry focused. Less conventional thermodynamics.

## Design/Capstone

Book Title: Introduction to Engineering Design

Author: Saterbak and Wettergreen

Comments: Introduction and practical education on how to conduct engineering design in teams on real-world projects.

Title: Biodesign: the Process of Innovating Medical Technology [resource, not required]

Author: Yock et al.

Community Comments: Very detailed - almost too much information for a year-long course, but easy to pick and choose chapters to focus on.

Must try! Everything is online: <https://biodesignguide.stanford.edu/>

Cool new resource library and toolkits (check out the justice, equity, diversity and inclusion one):

<https://biodesignguide.stanford.edu/resource-library/>

<https://biodesignguide.stanford.edu/toolkit/justice-equity-diversity-and-inclusion-in-design/>

Title: Medical Device Development: Regulation and Law

Author: Jonathan S Kahan

Course/Topic: capstone, regulatory course

Community Comments: as a reference only, good case studies

Title: Development of FDA-Regulated Medical Products

Author: Elaine Whitmore

Course/Topic: capstone, regulatory course

Title: Designing Engineers, An introductory text

Author: McCahan, Anderson, Kortschot, Weiss, Woodhouse

Course: sophomore design

Comments: Very different format design process book

Title: Design of Biomedical Devices and Systems

Author: Paul H. King, Richard C. Fries, Arthur T. Johnson

Title: Biomedical Engineering Design  
Author: Tranquillo et al  
Course: New book, planning for spring biomedical innovation course  
Comment: This is exciting! Go Joe!

Title: Medical Device Design  
Author: Vikki Hazelwood  
Course/Topic: General BME Design with emphasis on regulatory, insurance reimbursement  
Community Comments: This book is great for a graduate level course or to supplement with a more detailed design book like Biodesign (Yock). It has many specific case study examples which can make lectures and assignments more engaging.

Book Title: Medical Device Design and Regulation  
Author: Carl T. DeMarco  
Course/Topic: Industrial practices/regulatory course  
Community Comments:

## Biomedical Statistics

Title: Biostatistics: A Foundation for Analysis in the Health Sciences  
Author: Wayne W. Daniel, Chad L. Cross  
Course: Statistics for BME  
Comments:

## Reference

Title: Pathologic Basis of Disease  
Author: Robbins & Cotran  
Course/Topic: Pathology / Physiology  
Community Comments: **Excellent reference** material for students to use in class. Not necessarily an “assigned” textbook to teach from. Has a good digital edition.

Title: Physics of the Human Body  
Author: Herman  
Course/Topic: Many courses at many levels for concepts and examples  
Community Comments:

Title: Business Model Generation  
Author: Osterwalder  
Course/Topic: excellent reference for the creation of business model canvas - many excellent work examples  
Community Comments:

Title: The Visual Display of Quantitative Information

Author: Tufte

Course/Topic: authoritative reference on graphing best practices

Community Comments: A beautiful book

Title: The Craft of Scientific Presentations

Author: Alley

Topic: Assertion-Evidence approach to slide creation

Comments: SO GOOD! I teach a class using this. :)

Title: Practical Electronics for Inventors

Author: Scherz

Link: <https://www.amazon.com/Practical-Electronics-Inventors-Fourth-Scherz/dp/1259587541>