

Coalition Meeting Notes 1/27/2022

Recordings: This meeting was so full of good ideas and helpful resources that we agreed to record idea-sharing and presentation segments of our next meeting, pending consent of next meeting's participants.

This meeting's themes were topics for future meetings/what you would like for trainings and sharing favorite resources within our own programs and others.

Resources/ideas shared:

Dementia and Dementia in Down's Syndrome:

- From Becca Brandt at Up with Downs via a participant: "I know the NDSS (National Down syndrome Society) has some information on their website. Just Google NDSS. Also, Rebecca Partridge, MD, runs a Down syndrome clinic in Seattle and she probably has some experience. Just google Rebecca"
- Michelle Lehosky and Doreen Vandervort, Parent to Parent Pierce Co. are deeply invested in dementia and Down's Syndrome mlehosky@wapave.org
- Lutheran Community Services Northwest in [Tacoma](#) and [Bremerton](#) offer programs and information for individuals with dementia and their families and friends. Tacoma has Dementia Friends, Opening Minds through Art, and Music and Memories, Memory Walks and Memory Cafes. Bremerton has Memory Walks and Memory Cafes.

Fragile X syndrome: Lifespan Respite WA/PAVE has a contact available to do training on Fragile X syndrome

Healthy Ages: a program at Kadlec in Tri-Cities within the Community Health Department.
<http://www.seniorscene.org/where-to-turn/>

Equine Therapy: a suggestion for a Lifespan Respite Provider for the Lifespan Respite Voucher Program, [Rainy Day Ranch Therapeutic Riding Center in Olympia](#).

Learn more about [Lifespan Respite WA's process for potential providers](#).

Tailored Support for Older Adults (TSOA), a pre-Medicaid program to help older adults stay in their homes of choice with as much independence as possible. More info: Stephanie Watson, 360-337-5700 or swatson@co.kitsap.wa.us

[Informing Families](#): information through the lifespan, presented by Washington State Developmental Disabilities Council in partnership with Developmental Disabilities Administration.

[Rural Dementia Caregiver Project](#): Free Workshops for family caregivers in rural areas, part of a program by University of California, San Francisco. Caregivers receive support through the workshop, feedback on workshop supports research on effective supports for rural caregivers.

