



REVOLUTION RUNNING

Thank you for choosing the Standing Boy Trail Festival as your next adventure! This information is to help everyone plan their weekend so their race goes as planned. We're super excited to support an amazing place like Standing Boy and host races at these amazing trails.





Welcome

Revolution Running presents the 3rd annual Standing Boy Trail Festival. We're so excited to show off these amazing trails hidden in the North end of Columbus.

Weekend Schedule:

Friday 12-5pm: Early Packet Pickup for all races at Dexafit Columbus (6440 W Hamilton Park Rd Ste B1, Columbus, GA 31909)

Friday: 7:15pm-8:15pm packet pickup for 5K at Start Line.

Friday: 8:30pm Night Time Vertical 5K start

Saturday: Packet Pickup for 10 mile race 6:30am-7:15am at start line.

Saturday: 10 Mile start 7:30am & Canicross start 7:32am

Sunday: Packet Pickup for 50K race 6:30am-7:15am at start line.

Sunday: 50K start at 7:30am

Sunday: Western States raffle after the last eligible runner finishes.

Directions to the start & parking:

We'll have a welcome runners banner at the front of the parking lot. The address is 1701 Old River Rd Columbus GA 31904. You will park in the bikers parking lot and there are two parking lots at the biking trail head, an upper and lower. The top lot has about 40 spots and the bottom has roughly 60 spots. The race starts and ends at the pole barn that is situated about 100 feet from the upper lot. Everyone must buy a daily parking pass in order to park at the trail head. It's not a State Park so yearly passes do not work. There are kiosks in the parking area that you can scan the codes or race morning you can go to standingboy.org and purchase one there. They cannot be purchased until the day that you plan to park. If you are running multiple days you only have to purchase one parking pass for the weekend.



Aid Station/ Drop Bags:

We will have normal aid station food for the 10 milers and 50K runners. If you have specific dietary needs than you need to make sure you bring those. We'll make sure everyone is well fed in order to complete the distance that they have signed up to accomplish. There is plenty of room around the pole barn to have a drop bag, just make sure it's unique or it has your name on it. You can bring coolers and anything else you need but please do not set up any tents. The 5K does not have an aid station so make sure you carry hydration with you.

Cupless Race:

This is a cupless race so make sure you have a bottle or reusable cup if you'd like to refill any drinks at the aid station.



Course information/ Course Markings:

Every turn will be marked with Revolution Running turn arrows and pink flagging along the course. Follow the pink flags and our arrows and not the Standing Boy trail signs. The 5K will have small lights around every turn too. All trail marking will be on the left side for the runners and if you see flags on both sides that means you will come back that same way.

Littering & Trash:

Don't Litter. You are responsible for taking care of any trash you create from a drop bag and during the race.



Race Results:

We are timing the race using bib punch. It's very simple but it means that everyone must keep their bib on the front of their clothes so we can record your bib number when you finish. Please keep it visible at all times.

Western States Raffle:

We will have a raffle once the last eligible runner has finished for an entry into the Western States 100. Once you have completed the 50K and you're eligible you will get a ticket for the raffle. Eligible runners are anyone who completed the 2026 Bootlegger 100 in March and finishes The Standing Boy 50K in 2026.

Night Vertical 5K:

All participants must have some form of light in order to start this race. The course is challenging and you need to see where you are going,

Course Descriptions:

The 5K and 10 mile course maps are on the ultrasignup page now. The 50K is 3 loops of the 10 mile course.

[5K GPX File](#)

[10 Mile GPX File](#)

The 5K is around 400 feet of climbing and the majority of that is in the 1st half of the race. You climb to the new observation tower and then descend back to the pole barn finish area. It's a challenging course with rocks and roots along the way.

The 10 mile course is two 5 mile loops that circle back to the main aid station at the pole barn each loop making a figure 8-ish shape. The first loop runs down a gravel road for over half a mile and then you enter the trail. The trail is a nice single track that is very flowy. The park was mainly built for biking so there are not a whole lot of terrible climbs on this course. The first big climb is around 2.5 miles of the course and it lasts about a half mile. Once you get to the top at mile 3 its majority downhill back to the aid station. The second five mile loop is very runnable and flowy. You'll hit another gravel road around 7.25 and that'll open up into this amazingly beautiful field around 7.5. You'll hit the trail again for a smidge and then turn off back to the gravel road where the hardest climb of the day is waiting. From mile 8.2 until you reach the tower at 8.75 it's all up hill. It blows. Once you reach the tower it's all downhill to the aid station.

The Canicross race will do this route starting with the back 5 first to avoid trail congestion.



44 Mile Challenge & Race Swag:

Anyone completing all 3 races will get a custom made 44 mile slate coaster. You will receive a different bib # for each race so make sure you are wearing the correct bib for the correct race.

All 5K participants will receive a Standing Boy cooler, all 10 milers will receive a Standing Boy beach towel, and all 50K participants will receive a Standing Boy t-shirt.

Finishers from all 3 races will receive a medal and we'll have food and drinks after each race for everyone!

Pacers:

No pacers allowed.



Thank you to our sponsors for their support and making this event happen!





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