REGIONAL STATE QUALIFIER

HEALTH EDUCATION

hosa future health professionals GEORGIA

RSQ Upload Guidelines

Attention

These guidelines are to be used in conjunction with official guidelines. An additional digital upload will need to be made for SLC.

Event Overview

The Regional State Qualifier (RSQ) for Health Education requires teams to submit the following materials digitally as a **single pdf document**:

1. Advisor Attestation Form
2. Digital Portfolio Upload

Submission Requirements

1. **Required Forms Upload**
    a. **Advisor Attestation Form:** Signed and uploaded as a PDF document.
2. **Digital Portfolio Upload**
    a. **Format:** Single PDF document.
    b. **Team Participation:** Document must represent a collaborative effort by all registered team members.
    c. **Content Requirements:**
        i. **Section A - Title Page:** Must include the title of the health education lesson, target audience (e.g., specific grade level or community group), HOSA chapter name, school, state, and all team member names.
        ii. **Section B - Lesson Plan Narrative:**
            1. **Rationale:** Clear explanation of why this specific health topic was chosen for the selected target audience.
            2. **Goals & Objectives:** Statement of overall instructional goals and clear, measurable learning objectives.
        iii. **Section C - Lesson Outline:** A detailed, step-by-step outline of the planned lesson execution, including instructional methods, timeline/pacing, and educational materials or media to be used.
        iv. **Section D - Reference Page(s):** List the literature cited to give guidance to the portfolio. American Psychological Association (APA) is the preferred resource in Health Sciences. Points will be awarded for compiling clean, legible reference page(s), but the formatting of the reference page(s) is not judged.
    d. **Quality & Formatting:** Typed, professionally organized, free of typos, and compliant with all official page and layout conventions.

Submission Deadline

All required materials must be submitted electronically to Georgia HOSA no later than **December 31, 2026 @ 5:00 PM**

Georgia HOSA Health Education Guidelines

Chapter Name: _____

Competitor's Name: _____

Section 1: Required Forms	Excellent 5 points	Good 4 points	Average 3 points	Fair 2 points	Poor 0 points	JUDGE SCORE
Advisor Attestation Form	The Advisor Attestation Form is included in the portfolio	N/A	N/A	N/A	Advisor Attestation Form is NOT submitted	
Section 2: Digital Portfolio	**Excellent 5 points**	**Good 4 points**	**Average 3 points**	**Fair 2 points**	**Poor 0 points**	**JUDGE SCORE**
Title Page Content	Event Name, team member names, HOSA division, chapter number, school name, chartered association, Title of lesson, target audience age or grade level, number of participants. One page only.	N/A	N/A	N/A	Portfolio not submitted OR all requirements are not met.	
Reference Page(s)	The reference page(s) is included in the portfolio submission and uses APA formatting.	N/A	N/A	N/A	Portfolio not submitted or no reference page(s) is included in the portfolio.	
Spelling, grammar, punctuation, neatness	There are no spelling or grammatical errors throughout the entire portfolio. The portfolio is very neat and presentable.	There are a few minor misspellings or grammatical errors that will be easy to fix to make it appeal to the viewer. The portfolio is neat, with only minor examples where the pages could be better organized.	There is a mix of good spelling and poor spelling or proper grammar and improper grammar. The portfolio is presentable, although some pages appear to be cluttered or busy.	There are either several misspellings or there is very little correct grammar present in the portfolio. Portfolio needs more organization or attention to detail.	Portfolio not submitted OR there are many misspellings and overall weakness within the portfolio. The portfolio looks unprofessional.	
Lesson Plan Narrative	Narrative provides an outstanding description of the goal of the lesson, thoroughly	Narrative provides a good description of the goal of the lesson, mostly outlining the instruction plan	Narrative provides an adequate description of the goal of the lesson, fairly outlining the	The narrative somewhat describes the lesson plan goal and plan for instruction.	Portfolio not submitted OR The lesson plan narrative does not provide a description of the goal or plan fo	

	outlining the instruction plan.		instruction plan.			
Lesson Outline	The lesson was clearly defined with key elements, a timed outline, and a detailed explanation of the execution of the lesson. Clear evidence of the lesson is provided. The evidence provided shows the lesson had a strong opening, delivery and closing.	The timed outline provides an explanation of the lesson format. Some details are provided to bring the instructional presentation to life.	The lesson outline adequately defines the details of the elements of the lesson.	Little evidence of a lesson plan outline is provided.	Portfolio not submitted OR outline is included in the lesson outline. No evidence of the instructional presentation was included.	