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Type of the Paper (Article, Review, Research Brief, etc.)

Title

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Abstract

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All figures and tables should be cited in the main text as Figure 1, Table 1, etc.

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Title 1	Title 2	Title 3
entry 1	data	data
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Authors should discuss the results and how they can be interpreted from the perspective of previous studies and of the working hypotheses. The findings and their implications should be discussed in the broadest context possible. Future research directions may also be highlighted.

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This section is not mandatory but can be added to the manuscript if the discussion is unusually long or complex.

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Appendix A

The appendix is an optional section that can contain details and data supplemental to the main text—for example, explanations of experimental details that would disrupt the flow of the main text but nonetheless remain crucial to understanding and reproducing the research shown; figures of replicates for experiments of which representative data is shown in the main text can be added here if brief, or as Supplementary data. Mathematical proofs of results not central to the paper can be added as an appendix.

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References

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Pope, J. P., & Wall, H. (2025). Is the goal intrinsic or extrinsic? Examining self-determination theory researchers' and the general publics' perceptions of exercise goals. *Canadian Journal of Behavioural Science/Revue canadienne des sciences du comportement*, 57(3), 239–248. <https://doi.org/10.1037/cbs0000411>

Rybaczewska, M., & Sparks, L. (2022). Ageing consumers and e-commerce activities. *Ageing and Society*, 42(8), 1879–1898. <https://doi.org/10.1017/S0144686X20001932>opens in new window

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