

Group Coaching

This is not motivational coaching. It is not a meditation app. It is not another place to collect insight that does not change anything. This is a live group container where we find what is actually running you — the patterns, the programs, the invisible limits — and we work on them directly. In real time. Using Somatic Inquiry, German New Medicine, Core Transformation, and NLP-based pattern resolution to get underneath the surface and address the root. Not the symptom. The root.

TIER 1 — The Foundation Q&A

\$30 / month | Cancel anytime | Price increasing soon, join now!

Entry-level access to the live group work. Two calls per month, full portal access, and a Slack community to stay connected between sessions.

What You Get

Monthly Tuesday Q&A Call | 1st & 3rd Tuesday from 4-6pm PT

A live 2-hour open group session. We open with a short teaching or monthly theme introduction, then move into live coaching and Q&A. If you are not in the hot seat you will recognize your own patterns in someone else's work. That is not a consolation prize. That is one of the most efficient ways to shift.

Full Portal Access

Immediate access to our Go High Level portal including all recorded past sessions, the core GNM/ISI video module library, and bonus workshops. Miss a call — it is in the portal.

Basics of German New Medicine

Access to Brandon's foundational GNM video series covering the Five Biological Laws and how conflict tracks create symptoms. Included in the portal.

Slack Community

Between sessions you have access to the community Slack channel to ask questions and stay connected to the work.

Who This Is For

- People who want ongoing access to this work without the pricing of a full program
- Anyone doing personal development who still has the same patterns showing up
- People who learn well in a group setting and want to witness others do the work
- Those exploring the methodology before committing to a higher tier or intensive

Upgrade Anytime

To upgrade to the Advanced CSR Coaching Training tier, contact brandon@brandonjwilcox.com. Upgrade pricing is applied immediately and you gain same-week access to Wednesday calls + the portal with certification training videos.

Tier 1 — Foundation Q&A | \$30/month

<https://portal.brandonjwilcox.com/courses/offers/2ca45c74-bb67-4b1f-b8a9-2386f262a0d7>

Freedom from Panic Attacks and Phobias:

<https://brandonjwilcox.com/panicfree>

Website:

www.brandonjwilcox.com

If you have questions - reach out to me on **instagram** @brandon_j_wilcox or @awakenwbrandon OR **email me** at brandon@brandonjwilcox.com.