







# 6A WEST TRACK & FIELD









2021

## **6A CONFERENCE TEAMS**

Bentonville	Bentonville West	Fayetteville	Rogers Heritage
Southside	Springdale	Springdale Har-Ber	Rogers

### **MEET DIRECTOR**

Randy Ramaker rramaker@bentonvillek12.org

REFEREE FIELD EVENT JUDGES

Steve Peoples Bentonville Coaching Staff

STARTER ASSISTANT STARTER

Benny Bridwell Jeff Shaw

JURY OF APPEALS UMPIRES

Randy Ramaker (Meet Director) Bentonville Coaching Staff

Steve Peoples (Referee) Chris Hutchens (AD)

Heritage HC, Fayetteville HC, (Har-Ber HC)

**AWARDS** 

Provided by 6A West Principals/ADs

### **MEET LOCATION**

Bentonville High School Track/Soccer Complex

Corner of SE C Street & SE 18th Street (Google Map pin)

Bentonville, AR 72712

## **COACHING AREAS**

All field events will have coaching areas

Only coaches and registered volunteers are allowed in coaching areas

After completion of the field events, all coaches will have to move outside of the fenced area or in the bleachers

## **HOSPITALITY ROOM**

Provided for Coaches, Administration, Meet Officials

Drinks and snacks will be provided all day.

We will have breakfast @ 7:30a-9:00am, then lunch @ 1:00p.

### **INFIELD**

Will be closed to athletes not at bleachers, or at their field event areas.

## **SPECTATORS**

Bentonville Schools has made the decision to <u>ALLOW</u> fans at our home track meet this season. Online tickets will still need to be purchased before arriving at the front gate, or at the front gate. Spectators will not be allowed on the track or in field event coaches areas.

## FAN TICKETS MUST BE PURCHASED ONLINE

TICKETS for home games will go "live" at 8:00 a.m. the day of the event. All Tickets are <a href="https://www.bentonvillesportsnetwork.com/HTtickets">https://www.bentonvillesportsnetwork.com/HTtickets</a> or <a href="https://www.gobentonvilletigers.com/httickets">https://www.gobentonvilletigers.com/httickets</a> or on the TIGER ATHLETICS APP.

Passes that will work for entry:

Booster Club All-Sports Passes, AAA Pass, Senior Citizen Pass

## **LIVE STREAMING OF MEET**

We will aim to live stream the event starting at 5:30pm.

Link to the broadcast will be at <a href="https://www.gobentonvilletigers.com/broadcasts">https://www.gobentonvilletigers.com/broadcasts</a> As this is a new system we are still working on some technical issues.

## **LIVE RESULTS**

Live.ytiming.net

### **ENTRIES**

Entries will close at 8:00 AM on Thursday, 4/29

1 Relay Team Allowed Per Division

4 Entries Per Event in HS Division

All entries will be completed on ar.milesplit.com

Use only official performances from 2021 season that are verified on ar.milesplit.com

## **QUALIFICATION**

Top 8 from each event will qualify for the 6A State Meet.

Anyone that meets the automatic qualification standard set by the AAA at the conference meet who finishes outside of the top 8 will also qualify for the state meet.

Coaches must enter athletes that have automatically qualified via the AAA standard at ar.milesplit.com

## **QUALIFICATION STANDARDS**

2021 Girls Automatic Qualifying Standards 2021 Boys Automatic Qualifying Standards

## **RECORDS**

<u>Conference Meet Records</u> Facility Records

## **TRACK SURFACE & OPEN TIMES**

1/4" or 1/8" pyramid spikes only.

Absolutely, NO CHALK on the track. Use tape or half tennis balls for relay marks.

The track will be open from 8:00am-9:00am for athletes that want to walk/jog the track to test the surface, check exchanges, run through a few hurdles, etc.

### **RULES**

All AAA Track & Field Rules will be followed and enforced.

## **Bentonville Track & Field Staff**

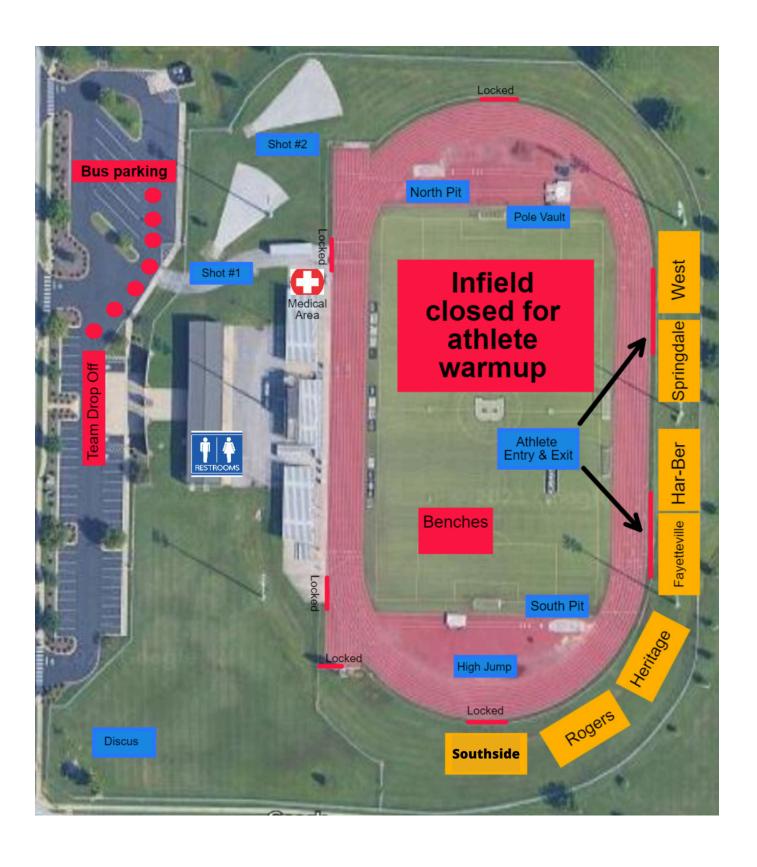
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## **6A WEST CONFERENCE - MEET SCHEDULE**

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8:00am	1st Coaches Meeting	@ Infield	
9:00am	Weight In		
	High Jump	Boys	Field Event Qualification to Finals (doesn't apply PV.HJ)
9:30am	Pole Vault	Girls	Ranked worst→best. Flights of 4
10:30am	Discus	Girls	THROWS Prelims: Each takes 2 throws, then 1 throw
	Long Jump	Girls	<u>JUMPS</u> Prelims: Each takes 1 jump. Repeats until 3 completed
	Triple Jump	Boys	Top 9 advance to the finals. Top 8 score
	Shot Put (Ring #1)	Boys	Finals: Flights of 4 and 5. Worst →Best
12:30pm	<b>Running Prelims</b>		Prelim marks count toward final placement.
	100m Hurdles	Girls	
	110m Hurdles	Boys	Pits for Horizontal Jumps
	100m	Girls	North Pit: Boys Long & Triple Jump
	100m	Boys	South Pit: Girls Long & Triple Jump
	4x800m Relay (Final)	Girls	
	4x800m Relay (Final)	Boys	Track Event Qualification to Finals
	15 minute break		2 Heats: Top 2 each heat and the next 4 fastest times
	200m	Girls	3 Heats: Top 2 each heat and the next 2 fastest times
	200m	Boys	4 Heats: Top 1 each heat and next 4 fastest times
2:00pm	Weigh-In as needed		
	2nd Coaches Meeting	@ Infield	
	High Jump	Girls	
2:30pm	Pole Vault	Boys	
3:30pm	Shot Put (Ring #1)	Girls	
	Triple Jump	Girls	
	Long Jump	Boys	
	Discus	Boys	
5:30pm	<b>Running Finals - Timed f</b>	inals	
	100 Hurdles	Girls	Track Events (400, 300h)
	110 Hurdles	Boys	In the case of multiple heats it will run worst→best.
	100m	Girls	
	100m	Boys	
	4x200m Relay	Girls	
	4x200m Relay	Boys	
	1600m	Girls	Track Events (800, 1600, 3200)
	1600m	Boys	2 alley start with 1 turn stagger.
	4x100m Relay	Girls	In the event that more than 16 have qualified in the 800m
	4x100m Relay	Boys	or more than 24 in the 1600m, heats shall be run with the
	400m	Girls	12 fastest times placed in the second heat.
	400m	Boys	If more than 16 qualify in the 3200 m, it shall remain
	300 Hurdles	Girls	one heat with additional runners positioned in alley A.
	300 Hurdles	Boys	
	800m	Girls	
	800m	Boys	
	200m	Girls	
	200m	Boys	
	3200m	Girls	
	3200m	Boys	
	4x400m Relay	Girls	
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Boys

4x400m Relay



<b>EVENT</b>	<u>NAME</u>	<u>SCHOOL</u>	<u>MARK</u>	YEAR
100m	TANDEM MAYS	NORTHSIDE	12.00	2003
200m	PAYTON STUMBAUGH	HAR-BER	24.49	2014
400m	PAIGE FARRELL	SPRINGDALE	57.36	2003
800m	AMANDA AGANA	FAYETTEVILLE	2.15.01	2013
1600m	MAGGIE MONTOYA	ROGERS	4.56.28	2013
3200m	MAGGIE MONTOYA	ROGERS	11:03.75	2013
100m H	PAYTON STUMBAUGH	HAR-BER	14.25	2014
300m H	PAYTON STUMBAUGH	HAR-BER	43.56	2014
Pole Vault	ISABEL NEAL	BENTONVILLE	12' 04"	2017
High Jump	KIRSTIE HESSELTINE	HAR-BER	5' 08"	2010
Long Jump	SYDNEY CONLEY	FAYETTEVILLE	19' 11"	2012
Triple Jump	SYDNEY CONLEY	FAYETTEVILLE	38' 06"	2011
Shot Put	HEATHER LAKEY	ROGERS	45' 10"	1997
Discus	REBECCA GOSNEL	RUSSELLVILLE	139' 01"	2002
400m Relay (4x100m)		BENTONVILLE (Rolle, Mahone, Morton, Knight)	47.88	2014
800m Relay (4x200m)		CONWAY	1.46.64	1977
1600m Relay (4x400m)		NORTHSIDE	4.00.46	2007
3200m Relay (4x800m)		BENTONVILLE (Morton, Estrada, Wheelhouse, Spychalski)	9.35.05	2011

<u>EVENT</u>	NAME	<u>SCHOOL</u>	<u>MARK</u>	YEAR
100m	KENIKO LOGAN	NORTHSIDE	10.74	1995
200m	WALLACE SPEARMON	FAYETTEVILLE	21.88	2003
400m	TEVIN ECKWOOD	HAR-BER	48.71	2016
800m	CAMREN FISCHER	FAYETTEVILLE	1.55.07	2018
1600m	CAMERON EFURD	ROGERS	4.16.01	2009
3200m	JIM WILLIS	FAYETTEVILLE	9.33.93	1995
110m H	SHANNON SIDNEY	RUSSELLVILLE	14.33	1993
300m H	GARY HARRIS	ROGERS	38.49	1985
Pole Vault	ZACH McWHORTER	HAR-BER	17' 00"	2017
High Jump	JOE BOB WISE	SOUTHSIDE	6' 10.25"	1978
Long Jump	ISAIAH SATENGA	FAYETTEVILLE	23' 11"	2019
Triple Jump	BRANDON WORKMAN	ROGERS	48' 03"	2014
Shot Put	PAUL WIGHT	RUSSELLVILLE	64' 05"	1974
Discus	CHRIS GOODMAN	RUSSELLVILLE	177' 06"	1993
400m Relay (4x100m)		SOUTHSIDE (Young, Beeler, Braddy, Warren)	41.96	2009
800m Relay (4x200m)		NORTHSIDE	1.29.84	1985
1600m Relay (4x400m)		BENTONVILLE (Contreras, Mahone, Ramirez, Smithpeters)	3.22.01	2014
3200m Relay (4x800m)		ROGERS (Surly, Falls, Rose, Efurd)	8.00.67	2008

# Bentonville HS Track FACILITY Records



<u>BOYS</u>				
100m	Keson Payton	Bentonville	10.92	2015
200m	Taylor Stockemer	Van Buren	22.07	2007
400m	Neal Braddy	Southside	48.32	2010
800m	Stephon Ferriel	Bentonville	1:56.44	2007
1600m	Gabe Gonzalez	Springdale	4:24.01	2011
3200m	Cameron Efurd	Rogers	9:18.03	2009
110H	Tony Roller	Rogers	15.22	2016
300H	Trevor Peacock	Springdale	38.99	2010
4x100m	Edmond North, OK		42.72	2016
4x400m	Bentonville		3:23.85	2016
4x800m	Rogers		8:10.24	2007
Long Jump	Joey Saucier	Heritage	23'01"	2015
Triple Jump	Caleb Cooper	Fayetteville	47' 05.25"	2015
High Jump	Damion Blossom	Siloam Springs	6' 08"	2013
	Noah Payne	Owasso, OK	6' 08"	2016
Pole Vault	Zach McWhorter	Har-Ber	16'01"	2016
Shot Put	Bryant Parlin	Bentonville	62' 10.5"	2019
Discus	Bryant Parlin	Bentonville	160' 07"	2019
<u>GIRLS</u>				
100m	Taylor Mahana	Bentonville	12.04	2015
200m	Taylor Mahone Jameisha Jones	Fayetteville	25.23	2015
400m	Jameisha Jones	Fayetteville	57.55	2015
800m	Amanda Agana	Fayetteville	2:15.68	2013
1600m	Maggie Montoya	Rogers	5:03.81	2014
3200m	Katie Dalton	Bentonville	11:06.42	2013
110H	Payton Stumbaugh	Har-Ber	14.88	2014
300H	Logan Morton	Bentonville	44.97	2013
4x100m	Fayetteville	Dericonvine	47.78	2013
4x400m	Northside		4:00.46	2007
4x800m	Rogers		9:34.63	2018
Long Jump	Sydney Conley	Fayetteville	19' 07.5"	2012
Triple Jump	Lauren Holmes	Fayetteville	37' 7"	2016
High Jump	Elise Randels	Rogers	5' 05"	2016
Pole Vault	Isabel Neal	Bentonville	12' 07"	2016
Shot Put	Jasmin Franklin	Fayetteville	42' 00"	2016
Discus	Jasmin Franklin	Fayetteville	136' 05"	2018
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Updated: 03/15/2021 ALL TIMES F.A.T



# 2020 State Meet Girls Qualifying Standard

EVENT	6A	5A	4A	3A	2A	1A
100m	12.49	12.60	12.68	13.04	13.13	13.51
200m	25.97	26.21	26.49	27.20	27.64	28.47
400m	59.47	1:00.73	1:02.48	63.67	64.91	1:06.79
800m	2:20.04	2:28.51	2:30.51	2:32.39	2:40.55	2:41.66
1600m	5:16.67	5:35.77	5:42.13	5:42.55	5:55.46	6:12.36
3200m	11:39.56	12:31.43	12:39.34	12:48.98	13:44.0	13:51.29
100m IH	15.74	15.90	16.30	17.07	17.48	18.03
300m IH	47.19	48.04	48.95	50.26	51.21	52.75
4x100m	49.87	50.53	51.46	52.40	52.99	55.63
4x400m	4:05.95	4:15.82	4:21.95	4:26.73	4:36.44	4:47.37
4x800m	9:54.75	10:22.73	10:47.12	10:54.65	11:34.43	12:05.64
High Jump	5'2"	5'1"	5'1"	5'0"	4'10"	4'11"
Long Jump	17'2"	17'3"	16'10"	16'4"	16'7"	15'8"
Triple Jump	36'3"	36'0"	34'9"	34'0"	33'6"	31'11"
Shot Put	36'10"	35'9"	34'6"	35'3"	31'11"	31'7"
Discus	110'5"	109'2"	105'6"	103'8"	90'2"	86'0"
Pole Vault	11'0"	9'4"	9'2"	8'10"	8'0"	7'2"



# 2020 State Meet Boys Qualifying Standard

EVENT	6A	5A	4A	3A	2A	1A
100m	11.15	11.21	11.19	11.35	11.26	11.75
200m	22.60	22.89	22.82	23.13	23.35	24.71
400m	50.04	50.37	51.43	52.04	53.18	54.75
800m	2:00.30	1:59.36	2:07.11	2:04.81	2:10.92	2:13.15
1600m	4:26.24	4:32.31	4:42.66	4:42.79	4:58.23	5:00.66
3200m	9:49.65	10:11.59	10:42.81	10:34.04	11:07.86	11:14.53
110m HH	15.41	15.25	15.89	15.67	16.94	17.80
300m IH	40.28	41.00	41.75	41.85	43.82	45.32
4x100m	43.25	44.07	43.97	44:43	44.72	46.87
4x400m	3:25.46	3:30.14	3:35.50	3:34.37	3:42.81	3:51.93
4x800m	8:13.84	8:27.91	8:44.26	8:40.04	9:09.52	9:34.34
High Jump	6'4"	6'3"	6'2"	6'3"	6'2"	5'10"
Long Jump	21'6"	21'7"	21'3"	20'11"	21'4"	20'1"
Triple Jump	44'3"	44'5"	44'0"	43"5"	42'5"	40'4"
Shot Put	48'6"	47'11"	47'6"	44'11"	43'11"	41'3"
Discus	142'4"	137'3"	135'8"	129'9"	118'3"	116'11"
Pole Vault	14'3"	13'8"	12'11"	12'2"	11'0"	11'0"