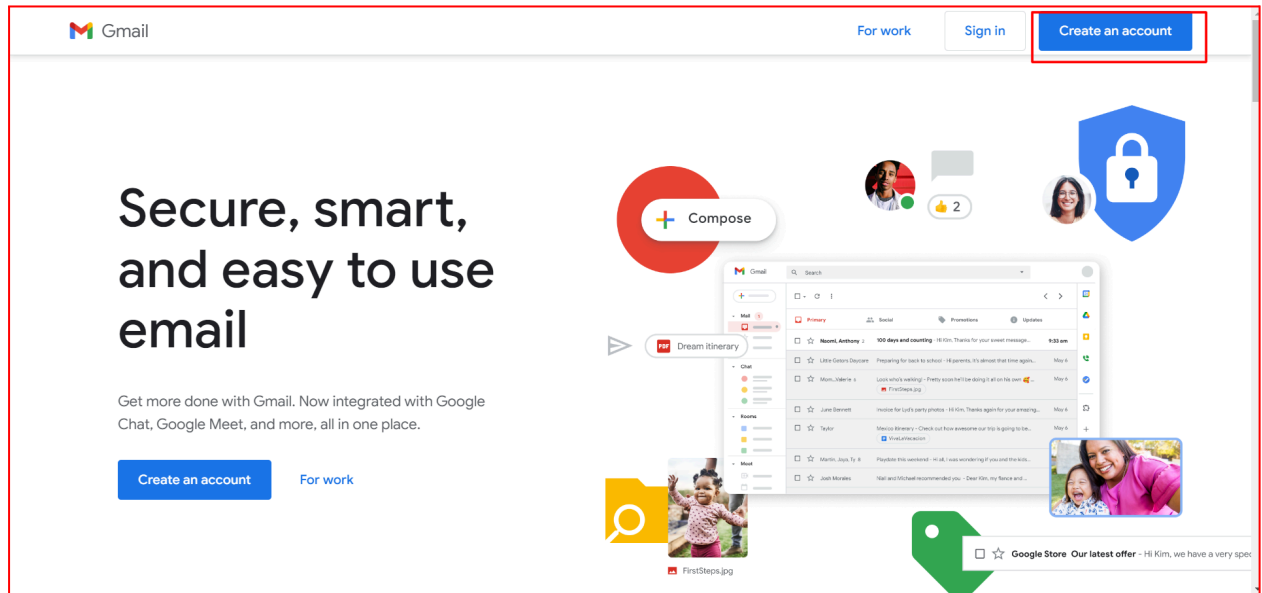


1. Go to your browser and use the link below to visit Google.

<https://www.google.com/gmail/about/>

2. Click **"Create an account."**



3. To continue creating a Google Account, please fill out the boxes provided.

A screenshot of the 'Create your Google Account' form. The form is titled 'Create your Google Account to continue to Gmail'. It contains several input fields: 'First name', 'Last name', 'Username' (with '@gmail.com' as a placeholder), 'Password', and 'Confirm'. Below the 'Username' field, it says 'You can use letters, numbers & periods'. Below the 'Password' field, it says 'Use 8 or more characters with a mix of letters, numbers & symbols'. There is a checkbox labeled 'Show password'. At the bottom left, there is a link 'Sign in instead'. At the bottom right, there is a blue button labeled 'Next'. To the right of the form, there is a graphic of a blue shield with a white person icon, and a laptop with a play button, a speech bubble, and a location pin. Below the graphic, it says 'One account. All of Google working for you.' At the bottom of the page, there is a language selector 'English (United States)' and links for 'Help', 'Privacy', and 'Terms'.

- Add your First and Last Name

- Enter a username; it should be the 1st two words of your company name, 1st letter of each of your remaining company name, and the year. Please use small letters and do not include conjunction words (**FANBOYS**).

Example:

Sample Company Name: Higher Standards Home Health

Sample Username: higherstandardshh2023

@gmail.com

You can use letters, numbers & periods

- Enter a password, it should be 1st two words of your company name with the year and 2 unique characters. Do not capitalize all words; only the first letter of each word.
- After adding the password, please add it again on the right side to confirm and click show password to check if you successfully added it.

Example:

Sample Company Name: Higher Standards Home Health

Sample Password: higherstandards2023^&

Use 8 or more characters with a mix of letters, numbers & symbols

☐ Show password

NOTE: Please save the username and password since you will send this information to us.

4. Click **"Next"**



Create your Google Account

to continue to Gmail

First name
Jhonny

Last name
Reyes

Username
ableBodyha2023@gmail.com

You can use letters, numbers & periods

Password
AbleBody2023*&

Confirm
AbleBody2023*&

Use 8 or more characters with a mix of letters, numbers & symbols

☒ Show password

[Sign in instead](#) [Next](#)

English (United States)  [Help](#) [Privacy](#) [Terms](#)



One account. All of Google working for you.

5. Enter your phone number and click next.



Verify your phone number

For your security, Google wants to make sure it's really you. Google will send a text message with a 6-digit verification code.

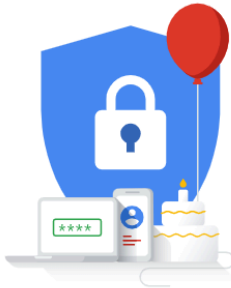
 

Phone number

Standard rates apply

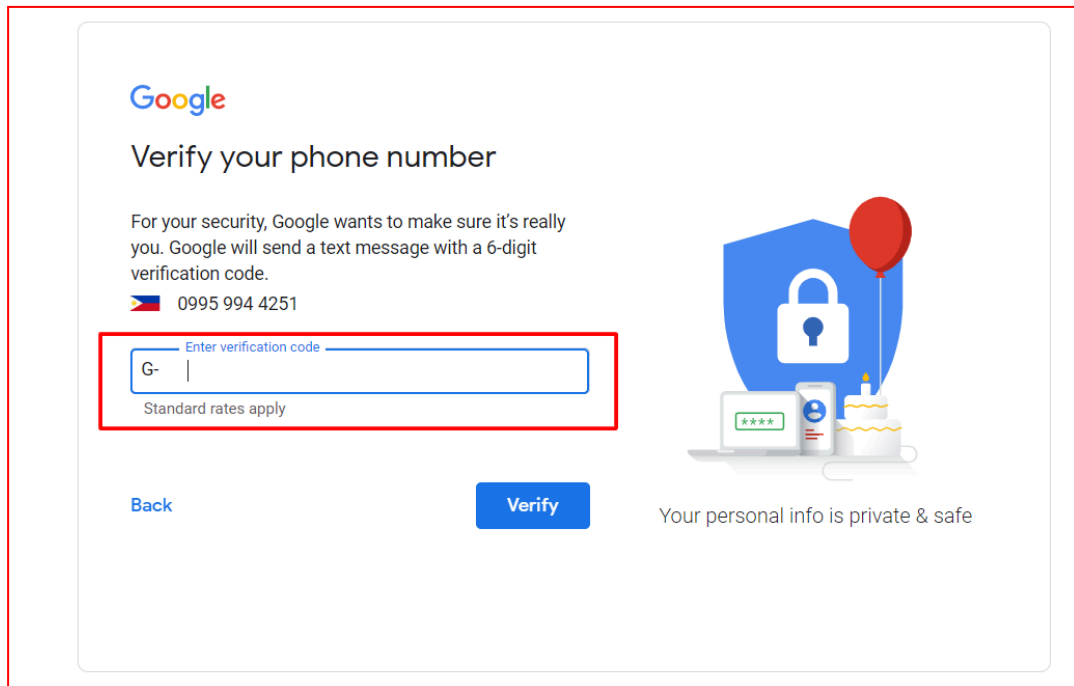
[Back](#) [Next](#)

English (United States)  [Help](#) [Privacy](#) [Terms](#)



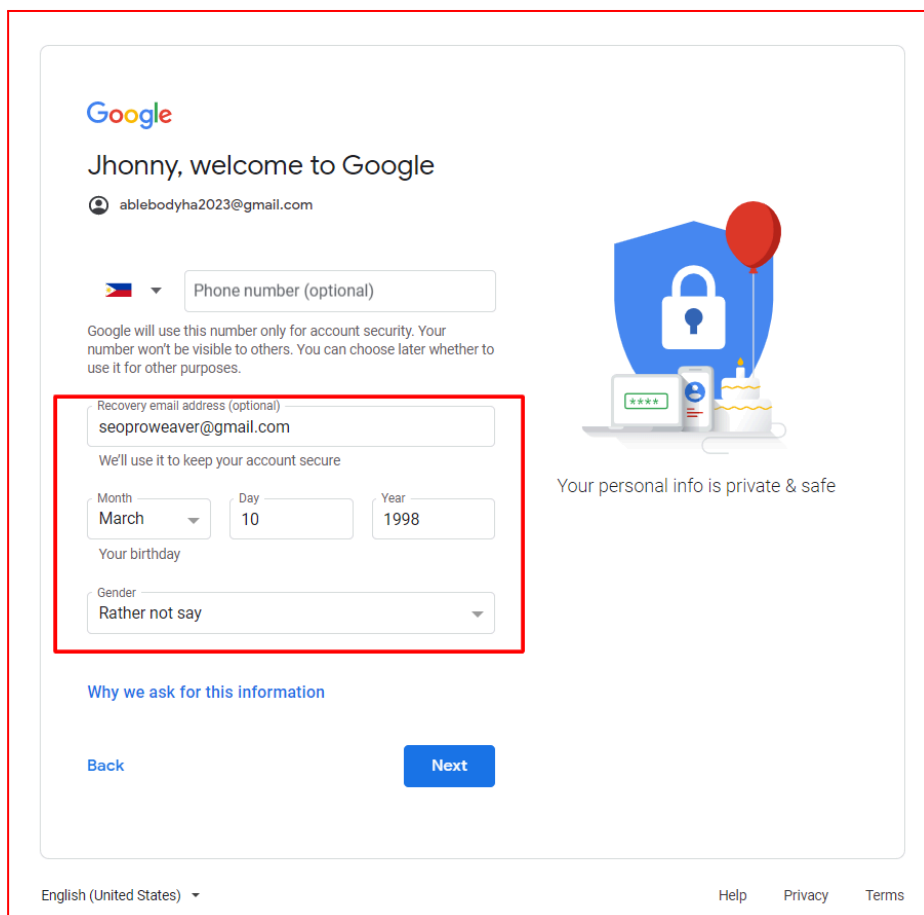
Your personal info is private & safe

6. After adding your phone number, you will get a code to verify your email. Once received, please enter the code and click verify.



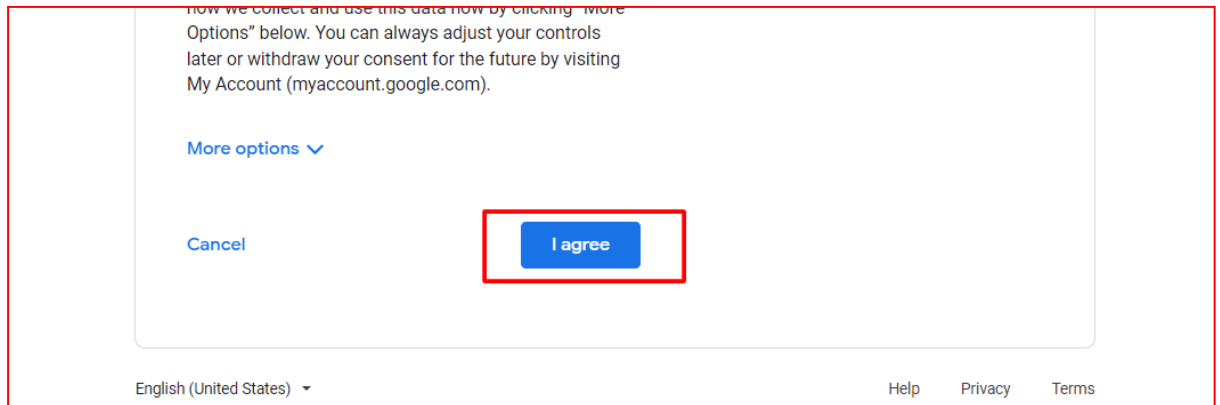
The screenshot shows the Google 'Verify your phone number' page. The Google logo is at the top left. Below it, the heading 'Verify your phone number' is displayed. A message states: 'For your security, Google wants to make sure it's really you. Google will send a text message with a 6-digit verification code.' Below this, a flag icon for the Philippines is followed by the phone number '0995 994 4251'. A text input field with the placeholder 'Enter verification code' and a 'G-' icon is highlighted with a red box. Below the input field, it says 'Standard rates apply'. To the right of the input field is a blue button labeled 'Verify'. To the left of the 'Verify' button is a blue link labeled 'Back'. On the right side of the page, there is an illustration of a blue shield with a white padlock, a red balloon, a laptop, a smartphone, and a birthday cake. Below the illustration, the text 'Your personal info is private & safe' is displayed.

7. Once verified, remove the phone number you added and enter this recovery email: smmproweaver@gmail.com. Also, fill out the month, day, year, and gender and click next.



The screenshot shows the Google 'Welcome to Google' page for a user named Jhonny. The Google logo is at the top left. Below it, the heading 'Jhonny, welcome to Google' is displayed. Below the heading, the email address 'ablebodyha2023@gmail.com' is shown. Below the email address, there is a flag icon for the Philippines and a text input field labeled 'Phone number (optional)'. Below the input field, a message states: 'Google will use this number only for account security. Your number won't be visible to others. You can choose later whether to use it for other purposes.' Below this message, there is a text input field labeled 'Recovery email address (optional)' with the value 'seoproweaver@gmail.com' entered. Below the input field, it says 'We'll use it to keep your account secure'. Below this, there are three input fields for 'Month' (March), 'Day' (10), and 'Year' (1998). Below these fields, it says 'Your birthday'. Below this, there is a dropdown menu for 'Gender' with the value 'Rather not say' selected. To the right of the input fields, there is a blue button labeled 'Next'. To the left of the 'Next' button is a blue link labeled 'Back'. On the right side of the page, there is an illustration of a blue shield with a white padlock, a red balloon, a laptop, a smartphone, and a birthday cake. Below the illustration, the text 'Your personal info is private & safe' is displayed. At the bottom of the page, there is a language selector 'English (United States)' and links for 'Help', 'Privacy', and 'Terms'.

8. You will be redirected to privacy and terms for you to read. Once done, click I agree.



how we collect and use this data now by clicking "More Options" below. You can always adjust your controls later or withdraw your consent for the future by visiting My Account (myaccount.google.com).

[More options](#) ▾

[Cancel](#)

[I agree](#)

English (United States) ▾ [Help](#) [Privacy](#) [Terms](#)

9. After clicking the button "**I agree,**" you will be redirected to your Gmail account, which means you have successfully created a Google account.

NOTE: Please provide the username and password of the Google account you created since we will be using this in our process.