

Risk Assessment – Jumbo SUP (Sheltered Water)

Reviewed Date	03/01/2023
Next Review Date	01/03/2024
Manager Name	Mel Wycherley
T/A(Name & Date)	Darren Joy

General Information	This risk assessment concerns the use of SUP Jumbo which is distinct from SUP which has its own risk assessments and operating procedures.
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Instructor Competency	To <u>Lead</u> - British Canoeing Paddlesport Leader or above (I.e. Coach Award) To <u>Assist</u> - British Canoeing Paddlesport Instructor & T/A Statement of Competence Completion of <u>Team Skills</u> by instructor & manager as per activity cloud.
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Ratios & Remits	1:10 maximum/1 instructor to 1 Jumbo SUP. Sheltered Water is where the paddlers are no more than 100 metres offshore and the wind strength does not exceed Beaufort force 4, (consistant speed not the gusting speed) avoiding the group being swept/blown out of the safe working area. An example - a defined beach with easy places to land throughout, no tide races, overfalls or surf. Site specific risk assessments may apply specific criteria to a site.
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Identified Hazards	Who is at risk?	Example Causes	Control Measures
Drowning & Being Blown Offshore	Instructors & All Participants/Group Leaders	- Taking part without a buoyancy aid or the swimming ability to cope.	- Day manager and instructor to check sea and environmental conditions prior to the activity. Lead instructor on the water to

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		<ul style="list-style-type: none"> - Being blown out to sea in sea conditions beyond personal ability. - Falling from a board, banging their head and lying face down in the water. - Deflation of board. - Flipping of the board 	<p>dynamically assess conditions and end session if required.</p> <ul style="list-style-type: none"> - Effective safety briefing, as per SOP. - Recognising water confidence early in the session is required. As a minimum, the ability to swim whilst wearing personal flotation can mean being able to remain upright, turned away from the weather and make forward progress. - Correctly fitting buoyancy aids to be worn at all times and checked at the beginning of session by an instructor and on-going monitored. - Lead & Assistant instructors to understand and be familiar with our operational procedures in relation to wind speed and the specific dangers of offshore winds. - EAP's to be developed which clearly identifies how to deal with off-shore winds and not being able to return to shore, for a specific reason. - Instructors to keep group within line of sight and regularly scan the water for participants in danger. - Instructors to brief the group with what to do in case the board flips during the session. - Instructors to hold a first aid qualification which focuses on what to do in the event of
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			<p>a suspected drowning.</p> <ul style="list-style-type: none"> - A mobile phone is available to contact the emergency services. - A time off the water is provided to the day manager and checked in.
<p>Personal Injury</p> <p>E.g. Slips, Cuts, Head Injuries, strained backs, arm/shoulder injury)</p>	<p>Instructors & All Participants/Group Leaders</p>	<ul style="list-style-type: none"> - Being hit in the face with a paddle. - Water confidence games which bring people into close contact with others. - Lifting and carrying boards longer distances, without advice and guidance could lead to back injuries - Falling from the board in shallower water. - Lack of briefing and instruction to allow participants to develop standing skills in a controlled environment. - Impact with members of the public on beaches - I.e. leaving boards and paddles in walkways. - Participant are told not to do back flips when 	<ul style="list-style-type: none"> - Instructor to provide health and safety briefing(s) to prevent injuries, including manual handling. See SOP for full details of operational procedures. - Helmets are mandatory. - Instructor to on-going monitor and instruct the session to proactively prevent people from coming to harm. For example, this may include choosing a specific environment to play a specific game. - Instructor to hold first aid qualification and have a first aid kit in close proximity. - Footwear such as wetsuit boots are advised. Cuts to feet and weaver fish stings are a possibility. - Do not leave equipment in public places which present a trip and slip hazard. - Instructor to teach participants to carry boards using effective manual handling techniques. - Sessions with novices to follow a systematic process - prone, kneeling, standing. - Participants to be aware of the water depth. - Monitor rough play and stop if it becomes

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		<p>jumping off the boards.</p> <ul style="list-style-type: none"> - Lack of footwear leading to foot cuts and stings. - Sudden movement/jolt of the board affecting the leash wearer. 	<p>over the top.</p> <ul style="list-style-type: none"> - Instructors to use purpose made leashes when attaching themselves to the Jumbo SUP's
Difficulty controlling body temperature	Instructors & All Participants/Group Leaders	<ul style="list-style-type: none"> - Submersion - Lacking personal protective equipment. 	<ul style="list-style-type: none"> - Wetsuits are frequently worn and instructors to monitor groups on-goingly. - Appropriate group safety equipment to be available – e.g. shelter, warmth, water, communication, The SOP provides further detail. The exact equipment must be based on a sound consideration of the journey, environment and participants. - Adjusting routes and time on the water based on weather conditions.

This risk assessment in no way negates the need for continual dynamic risk assessment on session.

You must report incidents or near misses using company procedures.

If you have any concerns or questions about the risk assessment speak to your manager.