

The easiest Banana Ice Cream

yield: you can use as many bananas as you want and need

Ingredients:

ripe bananas (I had 5 of them)

Directions:

Peel and slice the bananas. Put them in the zip-lock bags and freeze (you need to keep them in the freezer for a few hours or overnight).

Then remove from the freezer, put them in a blender and blend until creamy.

Serve immediately. Any leftovers will darken but you can still enjoy it.

Enjoy!:)