

Mentall Health Stories;

The Origanal b4 Editing.

.Hi,,,Universe!...!...

I hope ur Mentally okay...!..if not ..., in the name of the Lord Jesus Christ ..be healed.

2day on Mentall Health Stories: is all about Destinyblueprint.#destiny..

1.Intro!..

What does the scripture say about Destinyblueprint#destiny????

The scripture says :Your eyes saw my unformed body ;all the days ordained for me were written in your book before one of them came to be(Psalm 139:16)

The scriptures says:Before I formed you in the womb I knew you,before you were born i set you apart ;I appointed you as a prophet to the nation's (Jeremiah 1:5)

Do u know ür Destinyblueprint??,#destiny??

If yes.!!!..Congratulations!

If not !!.,.don't worry ...Jesus Christ will reveal 2 u.

Destinyblueprint can cz Good Mentall Health or Bad Mentall Health

## 2.GOOD MENTAL HEALTH:

### i)Birth of Destiny:

Women are destiny carriers...they give birth 2 Destinies

Many people are happy when they know they will become parents.

Many women./men .. express that happiness into celebrations.Some people celebrate start from the day of pregnancy.;

when the baby kicks.!!!..some organize a party #ababyhaskicked ...?? ....!???

When..???.....another party...!???

.After giving birth!...another celebration....#ababyisborn.!????.

From the scriptures , when lord Jesus Christ was born,heaven and earth celebrated because of his Great Destiny . Lord jesus Christ was celebrated even with Astrologers(Wise men from the East),,(Luke 2:7 Lüke 2:8-20 Mathew 2:10-11)

That's y Christmas ,is celebrated with both Christians&non Christians....

## ii)Producing Heir

Giving birth 2 Destiny or having a baby,.. is refreshing!!! , because u produce the heir ..

## iii)Knowing ur Destinybluprint

How does it feel 2 know ur Destiny???..or Destiny of ur loved ones.(children)...!!..it's so refreshing!!!...

From the scriptures, Mary and Elizabeth were happy knowing their destiny &destiny of their children .(Luke 1:26 -38 Luke 1:39-55 ).

Mary is blessed more than all women!??...Knowing her destiny &the destiny of her child;made it easy 4 her 2 raise the child#jesus. That's y she had strength of overcoming all the challenges she experienced.(Mathew 1:18-24 Mathew 2:13-21 )

if u know the destiny of the child ,u will focus on making sure he/she becomes what God wants him 2 be,,

## iv)Reaching ur Destiny/Fullfulling ur purpose in the Universe:

How does it feel reaching &maintaining ur destiny...???...it's so refreshing

From the scriptures ,Abraham fulfilled his purpose in the Universe,and died in peace.The greatest thing is 2 go 2 heaven after u have died,..but being sure that ur family have enough inheritance .,and they are in good relationship with God ,it also give u peace....(Genesis 12:1-5 Genesis 13:2 Genesis 24:35 Genesis 25:5-11)

v)Ur light shines on others

How does it feel when everyone around u is blessed, after u have reached ür destiny.ÜR light shines on others ...and they also become succcessfull.It's refreshing, isnt it...???.The world start 2 recognize people close 2 u..and they aslo get oportunitues

vi).Being remebered by Great People

It's defetety refreshing, when people remember u, after reaching their destiny.

How does it feel, if ür friend becomes a president and appoint u as his adviser..or...???.it's so.... so refreshing!!!...???

vii)Consequences of Great Destinyblueprint

when ür so gifted, it's refreshing,...!...cz u make a lot of money.From the scriptures ,King Solomon was gifted in so many things (1 Kings 4:29-34 ,)and he converted his gifts into so much wealth (.1 Kings 10:14-29)..

How does it feel, when everyone respect u cz of ur destinyblueprint???.It's so refreshing!!!!.If u become great&powerful ,many people respect u

Almost everybody want 2 befriend great people.But u have 2 be careful,some people don't have good intentions.From the scriptures ,almost every King in the world.. built good

relationship with King Solomon. How does it feel, when almost everybody in the world wants to be close to you... because of your great destiny?? (1 Kings 10:1-13 1 Kings 10:23-25)

It's not only respect & so many friends!... it's also expensive gifts!! & so many offers...!!??.. There are people who are very good in buying friendship from powerful people; or let me say buying powerful network... Almost everybody wants to be in powerful network... @.....?? is my friend!!!.. MH!?!

## 2. BAD MENTAL HEALTH:

### i) Abortion:

Every woman is a destiny carrier..

,U have a choice to give birth or not.

So a woman can kill destiny through abortion..,

why some women kill destiny ?

They are mentally destructed (being raped... abandoned by babydaddies.. no money....)

What about those who do abortion for the sake of protecting their religious image?? they fear public shame.;.. How can you tell people not to have sex before marriage while you're doing the same???

What about those who do abortion for the sake of opportunities?. Some opportunities are limited to only the single & childless. People do abortion @ the time they get those opportunities. They choose money/fame over babies; without knowing the destinies they carry in their womb is more valuable than the money;; because always the consequences of righteousness are better than sin.

@.....?? texted me, saying:: She got a chance of participating in beauty pageant. To be Miss ...?? so she aborted her baby for the sake of the crown; but now she is depressed because she can't have another baby

What about those who do abortion for the sake of age,? Being young & pregnant is depressing. And most of the times, they are assisted by their parents.; although some girls find a way to deal with it without their parents

So there are many reasons, that makes women kill destiny..#abortion....; and because the enemy always target the best.;..so many aborted babies are those who have great destiny blueprint

children with great destiny blueprint like Joseph, Queen Esther, Daniel, , King David ..King Solomon are aborted everyday. From the scriptures, King Solomon implemented economical blueprint that made everybody in the country to get their needs,; and it was a country with many people as the sands of the sea, Everybody in the country was happy(1 Kings 4:20 -25) in 21 century, who have implemented such economical blueprint???

So, Universe !..dont complain y there are so many social, political..economic...problem. Many babies who had/have Gods blueprint of making the universe a better place, have been aborted & still are killed everyday.

What about those who abandon their children?

.Some people choose to have babies. but they abandon them...??it's depressing being abandoned ...and it's depressing abandoning ur child..Although some people are not depressed abandoning their kids...!???

But ...Better those who abandon than those who kill. Cz if u abandon there is a possibility of a child to reach their destiny. There are many people who have become great.;..despite being abandoned.

## ii) Having kids with Disabilities:

Some parents become mentally destructed, when they produce destinies or have babies with physical disabilities or mental disability.

## iii) Gender of Children;

Some parents are depressed when they produce destinies of the same gender. Some have only babggirls. &..some have only babyboys..

@.....???Texted me Saying:She is depressed cz she glves birth 2 only babyboys..

## iv) Barrenness

Some women/men are depressed cz barrenness have made them unmarried. Nobody want 2 become their spouse. No marrige, if u can't produce heir!??...MH!

Some women/men are depressed in their marriage cz they cant produce life. From the scriptures Hannah ,...was depressed cz she was barren(1 Samuel 1:3-8)

Some women /men are divorced cz they can't produce children. Not everybody marry 4 the sake of love...!!!...??cz if u love somebody ,u can't divorce them cz of barrenness. That's y Eli didnt divorce Hanah; instead he loved her more. despite her barrenness. In some marrige men don't divorce ,but they have kids outside marrige.

And some people are mean.;they mock people who are barren. or Gossiping..about other peoples fertility problems. ,(1 Samuel 1:6-7)

@.....???Texted me saying :Do u know @...???is barren.!..that's y her husband have empragnanted a college student

Do u want 2 know what I told her?

I told her:@Harpbird don't gossip

From the scriptures, some of the barren women used their maids 2 have children; 2 overcome depression of bareness.(Genesis 16:1-13)

So ,it's really depressing being barren

v)BODY INFIRORITY.

Some women are mentally destructed ,when they are pregnant,;cz .they look ugly(big belly..rough skin...being fat).

Some choose 2 use surrogate 4 the sake of maintaining their beautiful bodies.

vi)CHILDLESS

Some women/men choose not 2 have kids cz of trauma.;.They experienced very difficult childhood .So they become biblical single .(.no sex...no marrige.)

Becoming childless is not a sin ..;but If the reason is trauma,that's mean ür still in spiritual bondage &u need deliverance.The enemy always target the best;so if u choose 2 be childless cz of trauma,just know the enemy has prevented u from giving birth 2 a child with great destiny.The enemy don't want kids like King David 2 be born.

But not all are biblical single..;some are unbiblical single. (sex...no marriage)

Some people get married ;but they choose 2 be childless.The enemy don't want great destinies 2 be born;so he manipulate peoples minds 2 make wrong choices

vii)Battlee over NUMBER of CHILDREN;

It's depressing when u want many children but ür limited

Some people choose 2 have few children cz they don't have enough money 2 take care many kids

Some people choose 2 have few children cz they are so busy with work..

.Some people choose 2 have few children cz their spouse don't want many children...

and it's also depressing, when u want few children but ür forced 2 have many children;

If God want u 2 have 5 kids, cz the fifth kid is the one with great destiny...;the enemy will make sure u have only 4 kids...;So yes, u have given birth 2 amazing kids..!.but u haven't produced the destiny that could have rescued ur clan from poverty or..!??{.

viii)Not KNOWING UR DESTINY:

It's depressing ..when u don't know who u are..or ur purpose .

It's also depressing when u don't know the destiny of ur loved ones(children,...)

u will be trying 2 do different things 2 find out which one will work out

.Ur just guessing! ..ür not sure. (.Oh ! lemme become a singer..!...oh lemme pursue politics..!..oh lemme become a preacher..)

It's also depressing, when u don't know the destiny of ur loved ones(children,...)It's not easy raisig a child u don't know..And many people raise children they don't know.

if u don't know the destiny of ür child;..that means u don't know ür child.

Destinyblueprint (Psalm 139:16)include everything (name,phycall appearance food,clothes,...work..marrige....&..???.&...??)The child must align with Godswill .start from the name,...&...!?????...2 become what God has written about him/her.

.From the scriptures (Judges 13:1-25)God gave instruction 2 Manoah &his wife, about the destiny of their child.The scripture says:The angel of the Lord aappeared to her and said,your barenn and childless,but your going to become pregnant and give birth to a son,Now see to it that you drink no wine or other fermented drink and that you do not eat anything unclean

You will become pregnant and have a son whose head is never to be touched by a razor because the boy is to be a nazirite,dedicated to God from the woumb.He will take the lead in deliveriing Israel from the hands of philistine

The baby must align with the will of God start from the woumb ...

God has designed us different start from our physical structures & lifestyle ;that's y we have different finger prints...different eyes,..different..!???

..So maybe God doesn't want u 2 drink or eat certain food while ür pregant or maybe God don't want ür child 2 eat certain food..or maybe God don't want ür baby 2 have fakehair;but because u don't know .the will of God;u eat&drink whatever u want while pregant&u give a child a wrong name..u braid the hair of the kid..&whatever.....???.So u raise ur baby the way u want..&the consequences is destiny destroyed;

From the scriptures, the source of power of Samson was his hair;and the moment his hair was cut he lost his power,(Judges 16:4-21). Nowadays many people change their physical

structures ,without knowing they are destroying their destinies. There is a reason y God designed u blackskin or with a big nose or with a flat butt or with small boobs or with small lips or with...???...&there is a reason y God designed u a girl or boy;

The moment u change ur physical structure , u loose ur strength. What if the man ur destined 2 marry love women with black skin and u bleach ur skin,(from black 2 white) or what if ür destined 2 be the first black president in your country but u bleach ür skin or what if ür destined 2 become a great Queen but u become transgender or lesbian..Ur body is designed 2 align with God's purpose..

lif u dont know ur destiny ;ür soul,spirit and body#physical appearance wont align with God's purpose;that means u will flop

God is a God of order,everything in the Universe must match what the heavens have written ..(Psalm 139:16)2 make his plan 2 be fullfilled.

#### ix)WRONG DESTINY

Getting false revelation about ür destiny is depresing..,cz u will be living a fakedestinyblueprint .

Many people suffer because of fake revelation about their destiny..Ür destiny is 2 be a singer..Ür destiny is 2 be a singer but u pursue law..so u keep on failing over and over again....

#### x)CHALLENGES in REACHING ür DESTINY

It's depressing facing challenges while pursuing ur destiny. Some of the challenges are rejection..lack of .confidence...fear...betrayal..&..??,

Lack of resources .such as .\$\$\$\$\$...

what about ..traditional laws..such as .(early marriage....)?

ur destiined 2 become a great surgeon but u marry at 14 .;.that means no schools

what about country laws??..

mybe ur destined 2 be a fashion designer but u live in a country that there is no freedom of choice In dressing code...or ur destined 2 be a preacher but u live in a country which Christianity is forbidden

From the scriptures there were laws that destroyed destinies:

When Lord Jesus Christ was born ;there was a law to kill baby boys, who were 2 years old and under.This law targeted 2 destroy the destiny of Jesus; but it destroyed destinies of all baby boys born in Bethlehem.(Mathew 2:16-18).Lord Jesus Christ survived cz God protected him.

Some laws made in the country is 4 the sake of certain people,but they affect everybody.Because u can't make a law in the country targeting only one person such as Tanzanitemilk law:@Tanzanitequintillionare is not suppose 2 drink milk.If ur a ruler and u don't want @Tanzanitequintillionare 2 drink milk,u will implement a law 2 forbid everybody in the country 2 drink milk.

From the scriptures ,laws were made 2 destroy the nation of Israel .There was a slavery law and a law 2 kill babyboys.Being a boy is not easy...!????(Exodus 1:8-14 Exodus 1:15-22)

From the scriptures, the law was made against freedom of worship.The law targeted 2 destroy the destiny of Daniel .(Daniel 6:1-28)

Which laws do u think are made in the Universe 4 the sake of destroying destinyblueprint of certain people???

xi)DESTINY DESTROYED

It's depressing when ur destiny is destroyed,.From the scriptures ,Esau had a grudge against Jacob, because of the blessings he stole from him.(Genesis 27 ;1-37 Genesis 27:41)

Many people are depressed cz their destinyblueprint has been killed,destroyed or stolen .If u dont keep up with God ,he will detroy or replace u in ur destiny. The scriptures says (1 Chronickles 5:1-2) : the sons of Reubens the first born of Israel ;he was the firstborn ,but when he defiled his father's bed,his rights as firstborn was given to the sons of Joseph son of Israel.,;so he could not be listed in the geonology record in accordance with his birthright, and though Judah was the strongest of his brothers,and a ruler came from him ,the rights of the firstborn belonged to Joseph's

From the scriptures , God replaced King Saul with King David. Even when the prophet prayed 4 Saul,God rejected him.(1 Samuel 16:1 1 Samuel 16:13)

Does it mean u can loose ür destiny completely ,even if u pray???.The answer is no.

.The reason God completely rejected Saul is because he never repented. The prophet prayed 4 him but Saul's heart was against God(1 Chronickles 10:13-14 1 Chronickles 11:1-3)

So not all the times ur destiny is killed,stolen or detroyed cz of witchcraft,;cz many people when they see things falling apart ,they think it's witchcraft;sometimes God is punishing u .By the way if u pray,nobody can bewitch u.

@....?? texted me, saying : she is depressed cz millions of people want 2 snatch her destinyblueprint??

Do u know what I told her ?

I told her:Ür destiny is sealed by the blood of Lord Jesus Christ

## xii)CoMPETITION

Some people compete with others .Competing with people is always stressful ;Although sometimes ur not competing , but people compare u with others .Some people don't like 2 be

compared with others;they feel devalued .Maybe ur 37 years old &ur compared with 16 years old in terms of success ;it lowers ur self esteem..

### xiii)JEALOUS of other PEOPLE DESTINIES

Some people are bitter, when others have greater destiny than them.From the scriptures co-workers of Daniel were jealous cz Daniel had greater achievements than them

(Daniel 6;1-9)

@.....??Texted me saying:She is jealous her best friend have become ambassador of ...!??

Do u know what I told her ?

I told her repent&meditate scriptures 2 fight against the spirit of jealous.

### DESPISED

Most of the times, when u fail almost in everything..;people will despise u.It's depressing being despised..

.Many people dont want 2 associate themselves with failers...;they want 2 be around people who have achieved their goals.....

@....???Texted me saying:She is despised by all her family members ...they see her as a burden cz they pay all her bills

Do u know what I told her?

.I told her God is ur family ...(John 1:12-13)..God is ur shepherd (John 10:9 John 10:10 Psalm 23) )& He don't despise u.

## REVENGE

Some people are bitter towards their destiny destroyers. So when they become successful they revenge. Some people don't even want to help their parents .cz they didn't support them

## Mimicing DESTINYBLUEPRINT

It's depressing mimicking everything. U can't make ur own choices. And some mimicking requires legal rights... Some people have been sued cz of mimicing without legal rights

,Being unauthentic is mentally destruating, It's like ur acting , it's not u. For example ur practising yoga, just cz u saw a certain influeencer practicing yoga.. or ur co-worker practicing yoga. .

And not only that, those u mimic might also be faking lifestyle.; there is a possibility of them being unauthentic . somebody can post a bottle of alcohol on social media . but the truth is she don't even drink... Social media is full of lies.. That's y influencers are paid a lot of money.. cz. they can make universe keep up with any type of life blueprint

## AFTER DESTINY MENTAL SYNDROME

After becoming succesfull many people change

From being Good to being Bad...

i) Getting God:

Many people get God when they reach their destiny.

But you got married... you were praying & fasting. After marrying, you no longer have time for God, your husband becomes your God.

As long as you are getting God, the enemy will strike your marriage. And many people when they experience marriage problems, they start praying again. And when God restored... they get him again. This happened even with the Israelites. (Judges 2:10-23 Deuteronomy 8:10-19)

So many people get God when everything is on point or when everything is star (money, good marriage, good friends, children, awards..).

@....??? Texted me saying: since she has become famous & powerful, she no longer prays like the use 2.,

ii) Womanizing.

Men can't enjoy life without many women. So when they become successful they can afford almost every woman they want. This syndrome has destroyed/destroying many great men. They sleep with almost every beautiful woman on the planet..

.And when you become great, you're not the one who always chases women,,, women also chase you. So your mind becomes full of temptations.

There are so many women who chase great men;...&some dont even want money;;they are just attracted 2 them...When ur powerful u become attractive.Many men can't resist women, only men like Joseph can.(Genesis 39;6-11)

I was thinking about Joseph ,if he was just a servant with no money &the wife of his master wanted 2 give him free sex...;what about when he become successful ???;probably many women wanted 2 sleep with him ,But Joseph had only one wife,he was not a womanizer.(Genesis 41:44-45 Genesis 41:50-52)

,Almost every great men have many women.So when u marry a great man.;u will never be the only woman in their lives.The enemy has used this as a weapon 2 destroy their destiny.The more the \$\$\$\$ &power....the more the women..&the more the troubles

What does the scripture say about great men having many women?,

In ( Deutoronomy 17:17 );the scripture says:He must not take many wives or his heart will be led astray

King Solomon is among great men whose destiny was destroyed. He had many women and those women manipulated his mind 2 worship other gods .&4get God, who made him universal rich&powerful.(1 Kings 11:1-13)

From the scriptures ,womanizing destroyed King David relationship with God . God striked him cz he used his power 2 kill a man &steal his wife.(2 Samuel 12:1-20)

Some powerful men use sex as exchange 2 succes;if u want oportunities u have 2 sleep with them. Many women who are successful have slept with powerful men ,cz they were told: if no sex no opportunity.

Other great men date even young giris;cz the demon has pOsssed their mind...this is very very bad.,!!! .They give them expensive gifts...&whatever..!??..Although some young girls are naughty...;they are the one who hunts powerful rich men 4 the sake of fabulous life.But a child is still a child.;u can't date a young girl,..even if she is the one hunting u...cz u will end up in jail

.Some great men use their power 2 rape women/girls.The consequences of this is prison.;There are many great men ,whose destiny have been destroyed because of sex scandals.

what about great men who pay beautiful women just 2 chill with them;they simply need company..! Even King David had concubines he never slept with (2 Samuel 20:3).So what do u

think ,Is it a sin just 2 party with a lot of beautiful women ???...is it a sin .2 get expensive gifts .,&.money, jüst 2 chill.with great men.??

Yes it's a sin,That's y many women who do this, dont say . If it was something good ,they could have told people.Some things devalue u. The enemy will always find a way 2 manipulating people's mind.;just because there is no sex ,it doesn't mean it's good in the sight of God..

Status syndrome.

There are people when they become successful, they cut ties with people who are not successful and start 2 hang out only with other successful people.....They feel embarrassed associating themselves with people who don't have money..& some even deny people who knew them..;I don't know her..!???...while u used 2 sit with her under her banana tree, making stories ..

.And some ditch even their family members.,They interact only with rich people such as the heiress of ..???...or the president of .....!?? Their rich new friends become their family.The rich become the anties ,uncles,grandma,grandpa,...of their children

if u want 2 know the real behaviour of people..;u will know @ the time they become successful.

#Nebukanedzrasynndrome

Some people when they reach their destiny ,they want 2 be worshipped like God..or lemme say they want 2 be worshiped more than God.From the scriptures, King Nebukanedzra was worshiped by people(Daniel 3:1-7)

This is happening until now,some great prophet want 2 be worshiped,when u go 2 see them u must kneel down while talking 2 them.And many great prophet make their own doctrine,is no longer about God...it's about themselves.That's y the scriptures says: not everyone who says Lord! Lord! .. will enter into the kingdom of God

There are many famous people who say :they are more famous &powerful than Jesus Christ.

Other great men say : there is no God,just because they have invented....????!!!.without knowing even what they invented, belongs 2 God(Psalm 24:1)They think everything they have

is by their own power&knowledge;Even Nebukanedzra had the same mind,&God striked him (Daniel 4:28-33)

Disrespectful.

From the scriptures , Vashti disrespected the King,cz she was a queen.She was very powerful in the country, influencing every woman.The enemy manipulated her mind ..&she disobeyed the King,by thinking she was maintaining her status/power(how can a qeen walk around people, displaying her beauty???).

But the King did not keep up with her character.I believe when she started dating the king, she wasn't Disrespectful.;.she was keeping up with whatever the King wanted..Power changes many people

NO matter how beautiful a womam is, ..if her character is bad .her destiny will be destroyed.

That's y the scriptures says :Charm is deceptive,and beauty is fleeting,but a woman who fears the Lord is to be praised(proverbs 31:30-31).So the beauty of Vashti, that the king wanted 2 display in front of everybody,(Esther 1:9-12);that beauty was seen as nothing 2 the King ,the moment queen Vashti disrespected him(Esther 1:12-19)

.So the King divorced Vashti ,4 the sake of maintaning good character 4 all women in the kingdom(Esther 1:19-22).

the life of Vashti changed:From Vashti the qeen 2 vasht the former qeen..

Esther replaced her in her position ;&her life changed;From Esther 2 Esther the queen.She have become good influence 2 all women in the universe ..;almost every woman want 2 be like Qeen Esther.(Esther 2:17-18 Esther 4:15-17 Esther 5 1-7 Esther 7 )

my friend@.....???texted me saying: if ür mind is full of negativity, u will loose a lot of opportunities. Vashti had negative mindset that the king was devaluing her ;..while he was just having fun.It was a party,&he was drunk..;,he just wanted 2 bragg about the beauty of his wife (Esther 1:8-11).....and maybe if she could have gone at the kings party 2 display her beuty,he could have rewarded her with more fortune.

## OBSESSION /WORSHIPING GREAT MEN:..

Many people are obsessed with powerful people. When you are obsessed with people you have made them your idols. Some even tattoo them on their bodies ..or even do cosmetic surgery to look like them...They think about famous people all the time...

.

what about screaming like madmen ...or faint when coming across powerful men?. Back in the days it was worse. Thanks to internet which has diluted the situation. The internet has made powerful people look a little bit normal. cz they are seen on social media.

Why don't you cry or scream when praising & worship God..??. Why are you not obsessed with scriptures/God..???

When you scream like mad men or lose energy seeing famous people or crying like ..!???. Just know it's demonic manifestation.. People with holy spirit can't do that, because God lives in them. (John 17:22-23) If the creator of humans and the universe lives in you & you hear his voice!..., how can you be obsessed with @.....???. Just because he is the inventor of whatever...!???. You will simply be inspired ...

## FEAR OF LOSING DESTINY BLUEPRINT

Some people have anxieties.; they have fear of being dethroned. They worry somebody will replace them in their positions.

## COVENANTS TO BECOME SUCCESSFUL

Many people are depressed cz they have made demonic covenants to become successful. Some have even sacrificed their family members for the sake of fortune, so they know they will go to hell, and not only that, keeping up with Satan is not easy....

### 3. MENTAL HEALTH METHODS.

Gods word = Good mental health = Right choice = Blessings = New Jerusalem

Bible verses : ( Psalm 139:16 Mathew 6:9-13 Jeremiah 1:4-5 Genesis 12:1-3 Mathew:7:7  
Mathew 26:28 2 Corinthian 1-2 Psalm 23 Mathew 6:25-34 Mathew 5:43-48  
Mathew 7:15-19 Mathew 7:24-29 Mathew 18:19 John 15:7-8 John 15:12 John  
15:17 Galatian 3:13 Colossians 1:13 Colossians 3:12-13 1 Thessalonians 5:16-19 Mathew  
19: 26 )

The scriptures is God's blueprint 4 human life. The blueprint 4 Everlasting blessings is Love (Love God & Love Others the way Jesus Loves us)

If u keep up with God's word ,u will have Everlasting blessings; that means u will live according 2 ur destiny blueprint (Psalm 139:16) & enter the New Jerusalem.

.If ur destiny blueprint is 2 become a king; the scriptures will guide u 2 become a King. The enemy won't steal, kill or destroy ur life blueprint. Even if the enemy will get access 2 destroy; ..God has power 2 restore.

i) REVELATION of DESTINY

If u keep up with the word of God;God will reveal ur destiny..From the scriptures, Gideon was living an ordinary life,he didn't know he is destined 2 be great.God reached out 2 him &revealed his destiny.So God will also reveal 2 u ...through dreams,thoughts,..or through people or ...!???

.Can God send an Angel 2 appear 2 u just like he sent an angel 2 Gideon???...yes, he can.But nowadays God doesn't appear physically 2 that much..!.,but it's possible.(Judges 6:11-20).

Life Changes:

From Not Knowing ur Destinyblueprint 2 Knowing ur Destinyblueprint.

#Jesus Christ is The #lifechanger

## OVERCOMING CHALLENGES

If u keep up with the word of God.,u will overcome challenges in ur destinyblueprint such as fear,not being confident.,.....or....???.From the scriptures, Gideon had low self esteem,he didn't believe that he can be great . He seeked God's guidance &God gave him confidence(Judges 6:36 -40 Judges 7:8-15)

Life Changes:

From Confidenceless 2 Confident

#Jesus Christ is The #lifechanger

Another challenge is rejection. Not everybody will accept ur destined 4 something very great. From the scriptures ,when Saul was chosen 2 be King, some people accepted him and some people rejected him.(1 Samuel 10:23-26)

Life Changes:

From not Overcoming Rejection 2 Overcoming Rejection.

#Jesus Christ is The #lifechanger

#### MAINTAINING DESTINY

If u keep up with the word of God...God will maintain ur destiny.

From the scriptures ,people wanted 2 dethrone King David from his position but God protected him.(2 Samuel 15:13-37 2 Samuel 16 2 Samuel 17 2 Samuel 18)

Life Changes:

From not Maintaining ur Lifeblueprint 2 Maintaining ur Lifeblueprint

#Jesus Christ is The #lifechanger

#### RESTORATION OF DESTINY:

If u keep up with the word of God...God will restore ur destiny ...

From the scriptures, God restored the destiny of Nebukanedzra..(Daniel 4:28-37)

Life Changes:

From Destiny destroyed 2 Destiny restored

#Jesus is The #lifechanger

#### 4GIVENESS

If u keep up with the word of God ,u will 4give ur destiny destroyers just like Joseph(Genesis 45:1-14).

But 4giving people doesn't mean ur suppose 2 build strong relationship with them.;just because Joseph lived close with his brothers despite the bad things they did 2 him..,it doesn't mean God want u 2 do the same.The holyspirit will give u instructions of what 2 do after u have 4given ur destiny destroyers.Cz some people will always remain 2 be ur destiny destroyers,so welcoming them back in ur life, will cz u endless pain. (Mathew 18:15-17);

.Ask God what 2 do..??.Wether 2 4give &cut ties with them completely....or 2 4give &rebuild the relationship ...or .....???

Life Changes:

From Revenge 2 4Giveness.

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#### RIGHT TIMING

Gods Timing is the best .

It's not only about reaching ur destiny , is about timing of reaching ur destiny.If u keep up with Godsword, u won't be delayed.From the scriptures, Joseph reached his destiny @30 years old.(Genesis 41:46-47)

Life Changes :

From Destiny delay 2 Destiny on time

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From the scriptures ,Abraham calling 2 destiny was @75 years(Genesis 12:4-5) .

if u keep up with Godsword, the holyspirit will make u relax..waiting 4 Godstiming.

Sometimes when good things are not happening , is not delay..;. Godstiming is not yet

NEVER GIVING UP.

If u keep up with the word of God.,u will never give up on reaching ur destiny ,cz everything is possible(Mathew 19:26)

.Some people are depressed cz of their age,They say ;'m 70 years old.;can I get married??...can I have a child???....Can I go 2 school??.....Can i become a great singer,? ,,Can i become a great actress??...Can i become a great footballplayer or .basketball player..;??..cz even the game itself doesn't recruit old people.!!..?

but everything is possible (Mathew 19:26).God can still find a way 2 make u reach ur destiny...!!!

what about becoming a preacher???.Many people think they can't start a ministry at old age

,One day @.....??? was thinking she is too old ...&. she herd a voice of God telling her : Nelson Mandela became a President of South Africa @ old age ..&then she herd again a voice telling her :Sarah got pregnant at old...age(Genesis 21:1-7)After hearing the voice of God..,her mindset changed.She remembered ,she is worshiping a God of possibilities;.(Mathew 19:26);He can even make u look like 16 while ur 70 yrs (Deutoronomy 34:7 Psalm 103:5)

She was really struggling with age issues.;. being .30 .yrs old, .. felt like being 99 years old...!!!..

Age or anything, can't limit the will of God in ür life.;..

as long as ür still alive,don't give up.

Life Changes:

From Giving up 2 Persistence

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SUPPORTING PEOPLE 2 REACH THEIR DESTINY.

If u keep up with the word of God,u will support ur family members &others in reaching their destiny.

when u help others becoming successfully..God will bless u.The devel always make people 2 destroy other peoples destiny s..

God wanted u 2 support ur friend or family members ,.but u ditched them.The time they become very succfull ;they cut ties with u..and u become depressed

„How many times have u seen/herd , people complaining their successful children don't help them ??

.if u keep up with the word of God, u will support those whom God wants u 2 support,especially family members.From the scriptures ,Mordecai supported Esther 2 become a very successful queen...&he enjoyed the consequences(Esther 2:5-17 Esther 4 Esther 5 Esther 6 Esther 7 Esther 8 )

Life Changes

From Destiny destroyers 2 Destiny helpers.

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HELPING OTHERS

..From the scriptures ,when Daniel was placed in high position (ruler over the entire province of babylon &ruler over all wise men);He requested the King 2 appoint his friends as chief ministers over the province (Daniel 2:48-49).

Life Changes

From not Helping others 2 Helping others

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No COMPETITION;

If u keep up with the word of God, u won't compete with people;cz u will know u have a lifeblueprint different from others.(Psalm 139:16)

And not only that ,u will only compare urself with God's word

If u . compete with people ,ür limiting ür blessings

...but when u compares ür life with God's promises, ür searching 4 limitless blessings ;cz everything is possible 2 God(Mathew 19:26)That's y Jesus says:Very truly I tell you ,whoever

believes in me will do the works i have been doing ,and they will be doing even greater things than these ;because I am going to the father.(John 14:12-13)

ür competing with somebody who have 500 million dollars.,.instead of focusing on the promise of God , which tells us everything is possible.;.that means God can give u infinity wealth (which is correct English?...is it limitless wealth or infinity wealth?...I was really thinking which word 2 use here.!...#harpbirdenglish)

If u keep up with the word of God, instead of competing.&.being jealous with people who are greater than u;...u will build good relationships . From the scriptures, the King of Philistees built good relationship with Isaac ,because he was powerful than him(Genesis 26:12-16 Genesis 26:26-31)

From the scriptures ,John the Baptist told people Lord Jesus Christ was greater than him.,(Mathew 3:11-12)

Life Changes:

From Competing 2 Not Competing.

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4GIVENESS.

if u destroyed or ur destroying people's destinies,..!!...ask 4 4giveness.

if u did it in secret ,ask God 2 4 give u...;and if possible ask 4giveness from people u destroyed their lives.

There are many people who destroy people's lives secretly.;.thats y u need holyspirit 2 reveal 2 u, who is good and who is bad in ur life..

Life Changes:

From Destiny Destroyer 2 Not Destroying Destiny

From not asking 4giveness 2 asking 4giveness

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NOT 4GETING GOD.

If u keep up with the word of God ,u will still worship God after reaching ur destiny.From the scriptures, Abraham Continued 2 worship God ,after becoming very rich &powerful(Genesis 22:1-19 )

.From the scriptures , Qeen Esther continued 2 worship God after reaching her destiny,( Esther 4:1-17)

Life Changes:

From 4geting God 2 not 4geting God

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PREGNANCY&HAVING CHILDREN

Women are destiny carriers

If u keep up with the word of God ,u will get married with the right man/woman &have children at the right time. U won't face challenges of unplanned pregnancies.

The truth is, if ü'r having sex b4 marrige.&..without protection .,;u will end up being pregnant.People know this;!..but still they do it.So ü'r depressed 4 something u knew that will happen.

I rebuke the spirit of sexual immorality out out u...in the name of the Lord Jesus Christ! .I just don't understand, y it's hard 4 people not 2 have sex,!.!,sex is the easiest sin 2 overcome,.

If u keep up with the word of God,u won't do abortion.!..even if u were raped ..or ü'r broke....& u won't assit ur young daughter 2 do abortion or ...!???

If u keep up with the word of God ,u will be healed from bareness cz Lord Jesus Christ is the healer.

if u keep up with with the word of God ,u will adopt children..There are so many destinies that need 2 be raised.

if u keep up with the word of God,u will choose 2 have children..&not 2 be childless;cz the universe need lifeblueprint that can make it better

.

Is being unmarried &childless a sin?..

It's not a sin being childless,&unmarried .if the motive is good(1 Corinthian 7:34-35)

Many people are childless 4 the sake of Godswork. or .....!???.&they are blessed.

but b4 u make that choice ,ask God.

Life Changes:

From Abortion 2 Giving Birth

From Baren 2 Pregnancy

From Childless 2 Having Children

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## NO OBSESSION:

If u keep up with Godsword, u won't be obscessed with powerful/famous people.;.u will simply be inspired.

## Life Changes:

From Obsession 2 No Obsession.

## KEEPING SECRETS

If u keep up with the word of God, u will be very careful in keeping secrets about ur destinyblueprint.(Psalm 139;16)

U can't say everything about u.,it will be easy 4 people 2 destroy u

....Have u ever wondered, y only God knows the day of rapture.???(Mathew 24:26)..It's a life principle ,.u don't say everything about u...

## Life Changes;

From ..Revealing Ur Secrets 2 Keeping Secrets

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#### 4. MENTAL HEALTH ACTIVITIES?

Mental Health Activities:

i) Go to Church (online or physical church).

If you go to church, the pastor might tell you your destiny. There are many people who knew their destiny by getting prophecy from the prophets/pastors. But you must go to the right church. How do you go to the right church ??? ...ask God. (Matthew 7:7)

Many people's destinies are restored in church... especially those who lost their destinies through witchcraft. You need a pastor to deliver you... not everybody can pray for themselves and be delivered.

Why am I telling you to go to the right church?

Because if you go to the wrong church... the pastor will tell you lies... or steal your destiny. If you have a great destiny and you go to a witch pastor...; he will find out who you are... &.. he will steal your life blueprint

ii) Read the Bible, Pray & meditate the scriptures.

Even if you go to church, learn to pray by yourself ... and reading the bible.

Don't depend 100% on your pastor, he's just a vessel for God's work and he is not God. There are some things God wants to reveal only to you,,, not through your pastor....

iii) Seek counselling from Psychologist or Christian counsellor....

iv) listen 2 Gospel music ..From the scriptures many people overcame challenges through the power of music.

King Saul , hired David 2 play 4 him music 4 the sake of refreshing his mind.(1 Samuel 16:14-23)

Don't listen 2 crazy pop songs when ur stressed out...!.they will give u demonic energy that can make u mentally destructed.U will find urself drinking...smocking...or committing suicide!!!....

@.....?Texted me saying: she almost kissed a girl cz of listening 2 the song called, "I kissed a girl&I liked it."

This was also @Tanzanitequintillioners ,favourite song.My queen used 2 jam 2 this

!!🎵🎵🎵🎵🎵🎵🎵🎵🎵🎵🎵🎵

v) Confess ur Destiny everyday.Do u want 2 know my destiny confession everyday????...I always Confess :Iam Possible.

vi)Selfwritting- write down the mission God has assigned u or goals that God want u 2 achieve.There is power when u write down .

vii)Exploré ur gifts through trainings.

..Find out great things u can do

. Everything u like ,put into practice.

if u like singing...!.write songs...if u like drawing .!.draw...if u like writing stories!... write stories...if u like making clothes!..,start 2 draw ur designs...

.U can be trained by only God (This is 100%heavenlytrain) or u can be trained by others (music schools....or....fashionicollage) .Being trained by others, it doesn't mean ür not with God  
Why do u think some people are trained only by God...(100%Heavenly training)..

Life is about Destinyblueprint. We can't have same lifestyle

viii)Draw urself reaching ur destiny. It's refreshing !...u can draw urself as a great singer ...or preacher or ruler...

ix)Buy Mentall health products ....

## 5.CONCLUSION.

I conclude by saying , we have different perspectives about life.

.What mentally destruct u,....doesn't affect others... & what affect others mentally,...doesn't affect u...;and there are things ,that mentally affect everybody..

But it's dangerous ,if u do evils things & ür mentally okay.That means ur soul is completely dead....&u need the name of the Lord Jesus Christ .2 heal ur mind..

In the name of the Lord Jesus Christ; i set up my banners (psalm 20:5)

.Luv u Universe!

Bye!

(The meaning of  (1 Corinthis 13;1-8)

Bye!!

The End,

writter:Harpbird

Content:Harpbird ink...