BUILDING BEAUTIFUL MINDS

The Women Development Centre, University of Education, Lahore organized an Interactive workshop entitled Building Beautiful Minds on March 30, 2023 in the New Academic Block of the UE, Township Lahore.

Dr. Aisha Mahmood, Assistant Professor, University of Education Lahore was the Resource Person of the workshop. The purpose of this workshop was to emphasize the importance of the purpose of life and urgency. The purpose of life is to discover yourself. The work of life is to develop it. The meaning of life is to give your gift away.

The students from different departments and programs of University of Education Lahore participated in the workshop. The resource person reflected on different levels of living i.e. survival level of living, success level of living and significance level of living.

Our worldview determines our decisions, our relationship; our level of confidence and really everything in our life.
Mental and economic emancipation is what most of the women lack in.
Rather, living a need based life, living a value based life is what we should strive for.
If you develop a good thinking, the output will be positive and good enough to lead a successful and peaceful life. A beautiful mind is what converts the impossible into possible.
A person with a beautiful mind also enables ordinary people to see the big picture.
The strategy to develop a beautiful mind is to achieve personal excellence. Teamwork is very important in this regard. To influence others leadership is another important thing.

The workshop ended with the distribution of certificates a mong the participants. The development of mind depends 10% upon genes and 90 uon the environment you used to live in.

A beautiful mind is:
self starting,
passionate,
generous and courageous,
positive and energetic,

motivated and self confident,
good in communication skills,
a proactive team player,
solid invalues and belief systems,
continuously learning and improving,
Discerning