

OCTOBER 2025

EJH 5-8

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

6

Mini Bagel & Cottage Cheese

Lunch

Burrito & Savory Rice

Breakfast

7

Egg & Cheese Croissant

Lunch

Spaghetti
Italian Dippers

Breakfast

8

Pancakes & Smoothies

Lunch

Cheeseburgers
Jo Jo's

Breakfast

9

Hash Brown Stackers &
Grahams

Lunch

Super Nachos & Grahams

Breakfast

10

Cereal & Muffins

Lunch

Pizza
Sherbet

Breakfast

13

Granola & Yogurt

Lunch

Brunch for Lunch

Breakfast

14

Breakfast Sandwich

Lunch

Chicken Alfredo
Rolls

Breakfast

15

Cereal & Nutrigrain Bars

Lunch

Sloppy Joes
Peanut Butter Bars

Breakfast

16

NO SCHOOL

Breakfast

17

NO SCHOOL

Breakfast

20

Fruit Parfait

Lunch

Cheesy Chili & Fries
Raspberry Churros

Breakfast

21

Burrito & Grahams

Lunch

Mac & Cheese
Bread Sticks

Breakfast

22

Cereal & Banana Bread

Lunch

Corn Dogs
Rolls

Breakfast

23

Waffles & Berries

Lunch

Orange Chicken
Fried Rice

Breakfast

24

Coffee Cake & Cottage
Cheese

Lunch

Soup & Grilled Cheese

Breakfast

27

Maple Pancake Wrap

Lunch

Chicken Parmesan
Cheese Bread Sticks

Breakfast

28

Pizza & Grahams

Lunch

Sesame Noodles w/ Chicken
Rolls

Breakfast

29

Cereal & Muffins

Lunch

BBQ Pork Sandwich
Jo Jo's

Breakfast

30

Cinnamon Roll & Sliced Ham

Lunch

Taco Salad
Cornbread

Breakfast

31

NO SCHOOL



All meals come with a variety of fruits, vegetables & milk

****Chef Salads, for Adults and 7 & 8th grade, on Tuesdays & Thursdays****