

Adventure Education Block Plan

Week 8/12 - 8/16	Polar	Unit	Facility	Plan	Target Goals
8/12/19	No Sch	No School	No School	No School	No School
8/13/19	No	Adv. Ed.	Main Gym	Hand out Syllabus	DNA
8/14/19	No	Adv. Ed.	Main Gym	Get Locker and Uniforms	DNA
8/15/19	No	Adv. Ed.	Main Gym	Get Locker and Uniforms	DNA
8/16/19	No	Adv. Ed.	Main Gym	Name Game	DNA

Week 8/19- 8/23	Polar	Unit	Facility	Plan	Target Goals
8/19/19	NO	Adv. Ed.	Track	Fitness Testing	1.2, 1.3 1.4
8/20/19	NO	Adv. Ed.	Field House	Fitness Testing	1.2, 1.3 1.4
8/21/19	NO	Adv. Ed.	N. Balcony Shelf	Fitness Testing	1.2, 1.3 1.4
8/22/19	NO	Adv. Ed.	Gymnastic s Gym	Fitness Testing	1.2, 1.3 1.4

8/23/19	NO	Adv. Ed.	Wrestling Gym	Fitness Testing	1.2, 1.3 1.4
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Week 8/26 - 8/30	Polar	Unit	Facility	Plan	Target Goals
8/26/19	NO	Adv. Ed.	Field House	Fitness Testing	1.2, 1.3 1.4
8/27/19	NO	Adv. Ed.	Field House	Fitness Testing	1.2, 1.3 1.4
8/28/19	Yes	Adv. Ed.	Field House	Fitness Testing	1.2, 1.3 1.4
8/29/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,
8/30/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,

Week 9/2 - 9/6	Polar	Unit	Facility	Plan	Target Goals
9/2/19	No	No School			
9/3/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,
9/4/19	No	Kayaking	Pool	Students will be learning	1.1,1.2,

				safety skills and kicking in pool for cardio	1.3,1.4,
9/5/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,
9/6/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,

Week 9/9 - 9/13	Polar	Unit	Facility	Plan	Target Goals
9/9/19	No Sch	No School	No School	No School	No School
9/10/19	No	Team Building	North/ South	Dynamic Warm-up Giant Puzzle	1.1, 1.2
9/11/19	No	Team Building	North/ South	Dynamic Warm-up Giant Puzzle	1.1, 1.2
9/12/19	No	Team Building	North/ South	Dynamic Warm-up Giant Puzzle	1.1, 1.2
9/13/19	Yes	Fitness	Track	Students will be doing a run/walk on the track with monitors	1.1,1.2, 1.3,1.4,

Week 9/16 - 9/20	Polar	Unit	Facility	Plan	Target Goals
9/16/19	No School	No School	No School	No School	No School
9/17/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,

9/18/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,
9/19/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,
9/20/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,

Week 9/23 - 9/27	Polar	Unit	Facility	Plan	Target Goals
9/23/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,
9/24/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,
9/25/19	No School	No School	No School	No School	No School
9/26/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,
9/27/19	No	Kayaking	Pool	Students will be learning safety skills and kicking in pool for cardio	1.1,1.2, 1.3,1.4,

Week 9/30 - 10/4	Polar	Unit	Facility	Plan	Target Goals
9/30/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,
10/1/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,
10/2/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,
10/3/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,
10/4/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,

Week 10/7 - 10/11	Polar	Unit	Facility	Plan	Target Goals
10/7/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,
10/8/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,
10/9/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,

10/10/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,
10/11/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,

Week 10/14 - 10/18	Polar	Unit	Facility	Plan	Target Goals
10/14/19	no	No School			
10/15/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,
10/16/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,
10/17/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,
10/18/19	Yes	Archery	Archery Range	½ students will be shooting, ½ of Students on monitors on the track	1.1,1.2, 1.3,1.4,

Week 10/21 -10/25	Polar	Unit	Facility	Plan	Target Goals
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10/21/19	No	Team Building	North/ South	Dynamic Warm-up Island Hopping	1.1, 1.2
10/22/19	No	Team Building	North/ South	Dynamic Warm-up Island Hopping	1.1, 1.2
10/23/19	No	Team Building	North/ South	Dynamic Warm-up Island Hopping	1.1, 1.2
10/24/19	No	Team Building	North/ South	Dynamic Warm-up Island Hopping	1.1, 1.2
10/25/19	No	No School			

Week 10/28 - 11/31	Polar	Unit	Facility	Plan	Target Goals
10/28/19	No	Team Building	North/ South	Dynamic Warm-up Trust Falls/Falling Leaf	1.1, 1.2
10/29/19	No	Team Building	North/ South	Dynamic Warm-up Black Hole	1.1, 1.2
10/30/19	No	Team Building	North/ South	Dynamic Warm-up Black Hole	1.1, 1.2
10/31/19	No	Team Building	North/ South	Dynamic Warm-up Black Hole	1.1, 1.2
11/1/19	No	Climbing	North/ South	Students will be learning how to tie knots for climbing	4.1, 4.2

Week 11/4 - 11/8	Polar	Unit	Facility	Plan	Target Goals
11/04/19	No	Climbing	North/ South	Students will be learning how to tie knots for climbing	4.1, 4.2
11/05/19	No	Climbing	North/ South	Students will be learning how to tie knots for climbing	4.1, 4.2
11/06/19	No	Climbing	North/ South	Students will be learning how to belay for climbing	4.1, 4.2
11/07/19	No	Climbing	North/ South	Students will be learning how to belay for climbing	4.1, 4.2
11/08/19	No	Climbing	North/ South	Students will be learning how to belay for climbing	4.1, 4.2

Week 11/11 - 11/15	Polar	Unit	Facility	Plan	Target Goals
11/11/19	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
11/12/19	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
11/13/19	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
11/14/19	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
11/15/19	No	Climbing	North/ South	Students will be climbing	4.1, 4.2

Week 11/16 = 11/20	Polar	Unit	Facility	Plan	Target Goals
11/16/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
11/17/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
11/18/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
11/19/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
11/20/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2

Week 11/23 = 11/27	Polar	Unit	Facility	Plan	Target Goals
11/23/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
11/24/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
11/25/15	No	No School	No School	No School	No School
11/26/15	No	No School	No School	No School	No School

11/27/15	No	No School	No School	No School	No School
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Week 11/30= 12/4	Polar	Unit	Facility	Plan	Target Goals
11/30/15	NO	Varsity P.E.	Field House	Fitness Testing	1.2, 1.3 1.4
12/1/15	NO	Varsity P.E.	Field House	Fitness Testing	1.2, 1.3 1.4
12/2/15	NO	Varsity P.E.	Field House	Fitness Testing	1.2, 1.3 1.4
12/3/15	NO	Varsity P.E.	Field House	Fitness Testing	1.2, 1.3 1.4
12/4/15	NO	Varsity P.E.	Field House	Fitness Testing	1.2, 1.3 1.4

Week 12/7= 12/11	Polar	Unit	Facility	Plan	Target Goals
12/7/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
12/8/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
12/9/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
12/10/15	No	Climbing	North/	Students will be climbing	4.1, 4.2

			South		
12/11/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2

Week 12/14 = 12/18	Polar	Unit	Facility	Plan	Target Goals
12/14/15	No	Climbing	North/ South	Students will be climbing	4.1, 4.2
12/15/15	No	Adventure Ed.	North/ South	Final	4.1, 4.2
12/16/15	Final s	Finals	Finals	Finals	Finals
12/17/15	Final s	Finals	Finals	Finals	Finals
12/18/15	Final s	Finals	Finals	Finals	Finals