# **Journal of Medical Science and Sports Health**



JoMaSSH, X (Y), 20xx, p. 1-3

Type of the Paper: Research article

# **Title**

The article title should be specific, concise, and clear, with no more than 15 words. (Font: Source Sans Pro, 18 pt, Bold, Left-aligned). Please avoid abbreviations and formulae, where possible, unless they are established and widely understood, e.g., DNA).

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First name Last name <sup>1</sup>, First name Last name <sup>2</sup> and First name Last name <sup>2</sup>, \* Author's full name (without titles, Font: Source Sans Pro, 12 pt, Bold, Left-aligned)

**Abstrak:** Uraian singkat yang berisi gambaran secara menyeluruh mengenai aktivitas atau kegiatan penelitian yang dilakukan. Abstrak ditulis dalam bahasa Indonesia dan bahasa Inggris yang masing-masing terdiri atas satu paragraf dengan maksimum 250 kata.

**Abstract:** (A single paragraph of about 250 words maximum. For research articles, abstracts should give a pertinent overview of the work. Avoid non-standard or uncommon abbreviations. If any are essential to include, ensure they are defined within your abstract at first mention. We strongly encourage authors to use the following style of structured abstracts, with headings: (1) Background: Place the question addressed in a broad context and highlight the purpose of the study; (2) Methods: briefly describe the main methods or treatments applied; (3) Results: summarize the article's main findings; (4) Conclusions: indicate the main conclusions or interpretations.

#### **Keywords:**

Include 3-7 keywords in alphabetical order, separated by semi-colons, after the abstract. (Font: Source Sans Pro, 10 pt, Italic, Left-aligned). Please avoid abbreviations and formulae unless they are established and widely understood, e.g., DNA

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The introduction should briefly place the study within a broad context and explain its importance. Clearly state the purpose of the study and its significance. Review the current state of the research field, citing key and up-to-date publications. Highlight controversial or diverging hypotheses where relevant, and ensure the introduction is accessible to scientists outside your specific research area. References should be numbered sequentially in the order of appearance and indicated by numerals in square brackets, such as (1), (2), or (3, 4), (5-7). You can refer to author names within your text, but always give the reference number, e.g., "as reported (2). Nur and Rahmawati (1,6) obtained a different result ...."

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The Materials and Methods section should provide sufficient detail to allow others to replicate and build upon your findings. When publishing a research article, you are expected to make all materials, data, programming code, and protocols available to readers. Please disclose any restrictions on the availability of materials or data during manuscript submission. New methods and protocols should be described in detail, while established methods can be briefly described and appropriately cited.

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Intervention studies **involving animals or humans**, and other studies requiring **ethical approval** must include the approving authority and the relevant ethical approval codes. This section can be subdivided using **bold** subheadings. A **Statistical analysis** section should be included in the Materials and Methods. The following subsections are provided as a recommendation and can be modified as needed.

- 2.1 Study design
- 2.2. Ethical statement
- 2.3. Materials
- 2.4. Procedures
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- 3.1.1. Subsubsection

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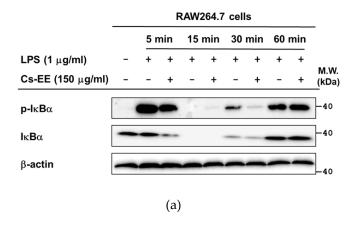
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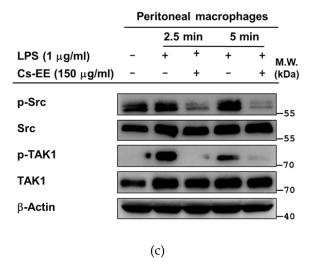
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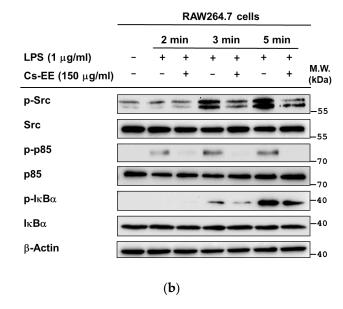
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Use the International System of Units (SI), which follows internationally accepted rules and conventions throughout your article (e.g. 1500 m dpl, 20°C).

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Use spacing appropriately between numbers and mathematical symbols (+, -, x, :). This also applies to units of measure (except for % and °C) should have a space between the number and the unit. For example, **15 \muM** instead of 15 $\mu$ M or **24 h** instead of 24h, **1.5 kg** with a ratio of **2 : 1** in a **20 cm x 20 cm** polybag.

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Authors should discuss the results and their interpretation of previous studies, and of the working hypotheses. The findings and their implications should be discussed in the broadest context possible. Additionally, potential directions for future research may be highlighted.

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**Supplementary Materials:** The following is not mandatory but may be added if supplementary materials exist. The following are available online https://journal.uny.ac.id/publications/jomassh

#### **List of Abbreviations**

TAK1 Transforming growth factor-β-activated kinase 1

NF-κB Nuclear factor-κB
AP-1 Activator protein-1

MAPKs Mitogen-activated protein kinases

JNK c-Jun N-terminal kinase

#### References

References must be numbered in the order they appear in your article (including citations in tables and legends) and listed individually at the end of the manuscript. References should be one-spaced, in size 9 and Vancouver style. We recommend preparing the references with a bibliography software package, such as EndNote, Reference Manager or Zotero to avoid typing mistakes and duplicated references. Include the digital object identifier (DOI) for all references where available.

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Reference to a journal publication:

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- 1. Rahmawati L, Oh J, Hong YH, Woo BY, Hong YD, et al. Cissus subtetragona Planch. Ameliorates Inflammatory Responses in LPS-induced Macrophages, HCl/EtOH-induced Gastritis, and LPS-induced Lung Injury via Attenuation of Src and TAK1. Molecules. 2021;26(19):6073.
- 2. Hong YH, Aziz N, Park JG, Lee D, Kim JK, Kim SA, et al. The EEF1AKMT3/MAP2K7/TP53 axis suppresses tumor invasiveness and metastasis in gastric cancer. Cancer Letters. 2022;544:215803.

#### Reference to a book:

3. Kiloh LG, Smith JS, Johnson GF, et al. Physical treatment in psychiatry. Boston, USA: Blackwell Scientific Publisher. 1988

#### Reference to a book chapter or an article within a book:

4. Wyllie AH, Kerr JFR, Currie AR. Cell Death: The Significance of Apoptosis. In: Bourne GH, Danielli JF, Jeon KW, editors. International Review of Cytology. 68: Academic Press; 1980. p. 251-306.

## Reference to a paper presented at the scientific meeting/conference:

5. Desrini S, Ghiffary HM. Comparison of antibacterial activity of Talok (Muntingia calabura L) leaves ethanolic and n-hexane extracts on Propionibacterium acnes. In: AIP Conference Proceedings. 2018.

#### Reference to a website:

 Cancer Research UK, Cancer statistics reports for the UK. http://www.cancerresearchuk.org/aboutcancer/statistics/cancerstatsreport/, 2023 (accessed 13 June 2024).