



Silence

Consider the definition of science included in the curriculum. As you read it, circle or mark things that were surprising to you or different than you expected.

“Silence is a way of waiting, a way of watching, and a way of listening to what is going on within and around us. It is a way of interiority, of stopping and then of exploring the cellars of the heart and the center of life. It is a way of entering within, so that we do not ultimately go without. Silence is never merely a cessation of words; that would be too restrictive and too negative a definition of silence. Rather, it is the pause that holds together—indeed, it makes sense of—all the words, both spoken and unspoken. Silence is the glue that connects our attitudes and our actions. Silence is fullness, not emptiness; it is not an absence, but the awareness of a presence”

Why might silence be important in a team setting?

What are the six elements of listening well? Note which of these you do well and which you would like to do better.

	Description	Do well/Would like to do better
1		

Practices for Success in Team Science: Silence



2		
3		
4		
5		
6		