

Podcast History

Month	Title	Details/Link	Chap
		2026	
May	Chasing Life	Believe Your Brain is Destined to Decline? Think Again; 3/13/26 episode	MSP
Apr	Weight for It	Running While Fat; the 9/11/24 episode	MSP
Mar	Hidden Brain	The Power of Family Stories; the 10/24/24 episode	MSP
Feb	Our Common Nature with Yo-Yo Ma	The Smokies: Mountains and Forgotten Family; the 10/22/25 episode	MSP
Jan	TEDx talk by Caroline McHugh	The Art of Being Yourself	MSP
		2025	
Dec	IMO with Michelle Obama and Craig Robinson	I'm Not Disappearing: A Candid Conversation About Aging", the 11/17/25 episode	MSP
Nov	To the Best of Our Knowledge	"Giving Up", the April 27, 2024 episode of To the Best of Our Knowledge by Wisconsin Public Radio.	MSP
Oct	Critics at Large	Our Fads, Ourselves; Sept. 4, 2025 episode.	MSP
Sept	Clear+Vivid, Alan Alda	If Robots Had a Podcast https://open.spotify.com/episode/4dZtgK1e1fJzNAILgfSKem?si=MTHIJ31uT6uWDrNHpbTP1A	MSP
June - Aug	OFF		MSP
May	NPR	Arguing for the good in bad English https://www.npr.org/2023/04/21/1171397385/arguing-for-the-good-in-bad-english	MSP
April	She Said/She Said	episode 316. Unlocking the Secrets to Better Conversations with HBS Professor Alison Wood Brooks (January 17, 2025). https://shesaidshesaidpodcast.com/episodes/316-unlocking-the-secrets-to-better-conversations-with-hbs-professor-alison-wood-brooks/	MSP
March	The Problem with Jon Stewart	Jon Stewart and Isabel Wilkerson https://www.youtube.com/watch?v=hKw6k4_fUFs	MSP
Feb	The Mel Robbins Podcast	No. 70; The "Let Them" Theory: A Life-Changing Mindset Hack That 15 Million People Can't Stop Talking About".	MSP
Jan	The Happiness Lab with Dr. Laurie Santos	How to Embrace Imperfection, aired January 1, 2025 https://open.spotify.com/episode/05SVdDknbPMsgrlFOQeKLx	MSP
Jan	Brene Brown - Ester Perel on New AI	https://brenebrown.com/podcast/new-ai-artificial-intimacy/#transcript	CHI

		2024	
Dec	Wiser Than Me with Julia Louis Dreyfus	Fran Lebowitz https://podcasts.apple.com/us/podcast/julia-gets-wise-with-fran-lebowitz/id1678559416?i=1000609443615	MSP
Nov	My Favorite Murder	Episode 449, titled "We're All Human Beings" https://open.spotify.com/episode/0z7LHUhqQ8xVV7j5PxtCK	MSP
Oct	Next Question with Katie Couric	Demystifying Menopause with Susan Dominus https://podcasts.apple.com/us/podcast/demystifying-menopause-with-susan-dominus-and-dr/id1134154895?i=1000610812744	MSP
Sep	Smartless with co-hosts Jason Bateman, Sean Hayes and Will Arnet	Interview with composer John Williams https://open.spotify.com/episode/7IQKD9N086qxAombVyNs5u?si=H0CUrZq9TP6mqnhcpS_KEq	MSP
June - Aug	OFF		MSP
May	the Happiness Lab with Dr. Laurie Santos	episodes titled "Laurie Has Fun"	MSP
April	The Good Life Project	"The Surprising Science of Hypnosis, Pain & Habit Change" with Dr. David Spiegel https://shows.acast.com/61de0665cc27c20014ea15cf/episodes/the-surprising-science-of-hypnosis-pain-habit-change-dr-davi	MSP
Mar		Terry Gross's interview with Bradley Cooper and Yannick Nezet-Seguin. https://www.npr.org/2024/01/02/1197961327/bradley-cooper-yannick-nezet-seguin-on-maestro	MSP
Feb		Julie led. Can't find any info	MSP
Jan	Neil Sattin, "Relationship Alive??"	How and Why to Apologize Effectively, with Harriet Lerner. Harriet Lerner discusses the ideas in her book, "Why Won't You Apologize?"	MSP
		2023	
Dec	Wiser Than Me with Julia Louis Dreyfus	Ruth Reichl which can be found at https://lemonadamedia.com/podcast/julia-gets-wise-with-ruth-reichl/	MSP
Nov	Pete Davis	Family Trips with the Meyers Brothers	MSP
Oct	Hidden Brain Podcast	Shankar Vedantam - specifically the Sept 11 episode on "How We Live With Contradictions"	MSP
Sep	Ten Percent Happier with Dan Harris	Diane Macedo, author of Sleep Fix https://www.tenpercent.com/tph/podcast-episode/diane-macedo-444-rerun	MSP
June - Aug	OFF		MSP
May	Siobhan J Middleton of the befree project	Interview with Shasta Nelson https://podcast.app/re-release-how-to-make-friends-as-an-adult-with-shasta-nelson-e146642037/	MSP
Apr	TED talk	"The Gift of Conflict," a 14-minute TED talk by Amy Gallo. As Gallo says, "We're hard-wired for likability, so disagreement can feel like a threat." https://www.youtube.com/watch?v=MnaLS7OE2pk	MSP

Mar	Everything Happens with Kate Bowler	Worthy of Boundaries	MSP
Feb	PoliticsGirl Podcast	"The Weaponization of American Christianity," featuring Leigh McGowan and Anthea Butler	MSP
Jan	We Can Do Hard Things with Glennon Doyle	How to Live So We Can Die Peacefully with Death Doula Alua Arthur. https://open.spotify.com/episode/0GJqPWAR8RH5vPXL44xqCI	MSP
		2022	
Dec	NPR's This American Life	"The Santaland Diaries" by David Sedaris	MSP
Nov	All There Is with Anderson Cooper	"Stephen Colbert: Grateful for Grief"	MSP
Oct	We Can Do Hard Things with Glennon Doyle	Dr. Brene Brown, author, researcher and TED talk sensation, discussing What to Say to Get What You Need	MSP
Sept	Chasing Life with Sanjay Gupta	"You're Never Too Old to Play"	MSP
July - Aug	OFF		MSP
June	Hidden Brain & Mischke Road Show	neuroscientist (and stand-up comic) Sophie Scott "People of the Road"	MSP
May	Ten Percent Happier with Dan Harris	Episode 418 interview with author and professor Arthur Brooks	MSP
April		interview with Judith Light	MSP
Mar		friendship by Meetup CEO, David Siegel, with Jenn Bane and Trin Garritono	MSP
Feb	Krista Tippet On Being	HOPE between Darnell Moore and dream hampton	MSP
Jan	Pop Culture Happy Hour & Betty White SNL		MSP
		2021	
Dec	Hidden Brain Podcast	Both Things Can Be True	MSP
Nov	Island of Discarded Women Betty Folliard	Ep. 19 LIVE AGAIN! – with guest Betty Folliard	MSP
Oct	Fresh Air podcast	"The Neuroscience of Pleasure, Pain and Addiction https://www.npr.org/2021/08/25/1031020433/the-neuroscience-of-pleasure-pain-and-addiction	MSP
Sept		Discussion of SIG future	MSP
Aug	OFF		MSP
July	Krista Tippet On Being Jill Tarter	"It takes a Cosmos to Make a Human" with astronomer Jill Tarter. https://onbeing.org/programs/jill-tarter-it-takes-a-cosmos-to-make-a-human/	MSP
June	Krista Tippet On Being Joy Harjo	interview with Joy Harjo, The Whole of Time https://onbeing.org/programs/joy-harjo-the-whole-of-time/	MSP
May	Krista Tippet On Being Wendell Berry & Ellen Davis	The Art of Being Creatures with the poet farmer Wendell Berry and theologian Ellen Davis https://onbeing.org/programs/wendell-berry-ellen-davis-the-art-of-being-creatures/	MSP

Apr	Krista Tippet On Being Ellen Langer	Ellen Langer Science of mindlessness and mindfulness https://onbeing.org/programs/ellen-langer-science-of-mindlessness-and-mindfulness-nov2017/	MSP
Mar	Krista Tippet On Being Katherine May	Katherine May https://onbeing.org/programs/katherine-May-how-wintering-replenishes/	MSP
Feb	Krista Tippet On Being Gaelynn Lea	https://onbeing.org/programs/gaelynn-lea-voice-and-violin/	MSP
Jan	Krista Tippet On Being Bryan Stevenson	Bryan Stevenson/ Love is the Motive https://onbeing.org/programs/bryan-stevenson-love-is-the-motive/	MSP
2020			
Dec	Krista Tippet On Being Atul Gawande	Atul Gawande interview on "What matters in the End".	MSP
Nov	Krista Tippet On Being Brene Brown	Brene Brown entitled Strong Back, Soft Front, Wild Heart.	MSP
Oct	Krista Tippet On Being Jane Goodall	https://onbeing.org/programs/jane-goodall-on-what-it-means-to-be-human/	MSP
Sept	Krista Tippet On Being Pauline Boss	https://onbeing.org/programs/pauline-boss-navigating-loss-without-closure/#transcript	MSP
Aug	Krista Tippet On Being Ta-Nehisi Coates	https://onbeing.org/programs/ta-nehisi-coates-imagining-a-new-america/#transcript	MSP
July	Krista Tippet On Being Gregory Orr	https://onbeing.org/programs/gregory-orr-shaping-grief-with-language/	MSP