

WEEK 2

SMALL GROUP GUIDE

ANTHEM

When you hear the word "worship," you might think of a church building, a choir, your favorite worship song, or maybe a special tradition. Worship takes a lot of forms, but sometimes we make the mistake of thinking worship is something it's not — or, at least, something much smaller than what it really is. You can worship through song and meaningful traditions, but when's the last time you worshiped by going outside? Or cleaning up your neighborhood? Or making a friend? Or telling God you're angry? In this 4-week series, we'll explore the book of Psalms (worship songs to God) as we discover that worship might be bigger than we ever imagined. Maybe worship isn't just an anthem we sing, but an anthem we live, by worshiping **with all of creation**, worshiping to **remember what God has done**, worshiping **even when it's difficult**, and worshiping together because **we're God's family**.

THIS WEEK

THE BIG IDEA

We worship to remember what God has done.

THE BIBLE

Psalms 116, 120-134; Matthew 26:26-30;
Deuteronomy 6:10-12

- What's a song whose lyrics you'll never forget?
- Do you ever use a song or rhyme to help you remember something important? If so, what is it?
- Why do you think we need so many reminders about who God is or what God has done?
- What's something God has done for you or someone you love that you never want to forget?
- Read Deuteronomy 6:10-12. What's something God has rescued you from?
- Are there any songs that help you remember what God has done for you? If so, tell us which ones and why!
- Other than singing, what are some ways we can practice remembering what God has done for us?
- How could remembering what God has done help us during times of doubt or difficulty? Have you ever experienced something like that?
- Why do you think it's important for us to help each other remember what God has done? What are some ways we can help each other remember?
- This week, what's one way you're going to practice remembering what God has done for you?