



















The Real War Mode Day Plan + Report.




	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.  / 	1 	Send a follow-up email to a prospect
2.  / 	1 	Check announcements channel
3.  / 	1 	Watch daily power-up call
4.  / 	2 	Bar hangs in the morning to build up grip strength
5.  / 	2 	Read out loud for 25 min and record it
6.  / 	2 	Create an offer for a new prospect and send fv
7.  / 	2 	Analyze 2 pieces of successful copy from a swipe file
8.  / 	2 	Help trw students for 10 min by reviewing copy
9.  / 	2 	
10.  / 	2 	
11.  / 	2 	
12.  / 	2 	
13.  / 	2 	
14.  / 	3 	
15.  / 	3 	
16.  / 	3 	
17.  / 	3 	
18.  / 	3 	
19.	3 	

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
✓/✗		
20. ✓/✗	3	

Day Number: 3







Date: 19/05/23

Start Of The Day - Time:

	 3 Things That I Am Excited To Have In The Future? 
1.	I am excited to be working with 2 to 3 clients, helping them grow and them paying me accordingly
2.	I am excited to finally quit my 9 to 5 matrix job and have more time to develop my skills
3.	I am excited to be able to help out my finally

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:






1. I Am Acting With No Limits To My Abilities!






2. I Am Being All That I Can Be, Every Hour And Every Day!






3. Every Word I Am Saying And Thought I Am Thinking Is Positive!




4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!







 6 am: Task	Bar hangs
 Intention 	Wake up 6:45 am and go hang on the bar to build grip strength
 Reflection 	







 7 am: Task	Shower, breakfast, and get ready for work
 Intention 	After I am done with the bar hangs, I will take my morning shower and then go have breakfast. Then I get changed for work
 Reflection 	







 8 am: Task	Reading out loud for 25 min and recording it
 Intention 	grab my book and start reading before going to work
 Reflection 	







 9 am: Task	9 to 5 begins
 Intention 	







 Reflection 	
---	--

 5 pm: Task 	9 to 5 ends
 Intention 	
 Reflection 	

 6 pm: Task 	Pick up university dropout letter from the school
 Intention 	I will have to suck it up and go from 6 to 10 to uni to pick up my signed dropout letter
 Reflection 	

 10 pm: Task 	Shower and diner
 Intention 	I will arrive at my house at around 10:30, take a quick shower and then go have dinner
 Reflection 	

 11 pm: Task 	Create fv and sent it over to prospect
 Intention 	I will choose a new prospect craft and offer for him and prepare to send over fv
 Reflection 	

 12 pm: Task 	Analyze 2 pieces of successful copy
 Intention 	
 Reflection 	



End-Of-The-Day Report:



 **What Did I Learn Today?** 

 **What Do I Plan To Do Differently Tomorrow?** 

 **What Do I Plan To Do The Same Tomorrow?** 

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

--

Brain Dump