

Reading Comprehension. Контроль читання.

Read the text and do the tasks. Прочитай текст та виконай завдання.

Tips for travelling alone

Travelling alone seems scary if it's the first time you are going to leave the comfort of home. You will probably think about the potential risks or difficult situations. What happens if I get ill, or have an accident? Isn't it dangerous to go out alone at night? What happens if I get attacked? Isn't it strange to eat at restaurants alone all the time? Most travelers have these worries and more before their first trip alone, but all these fears disappear when they see all the benefits of this great experience. Here I'm going to give you 3 tips on how to travel alone and have a good time.

Visualize the trip you want. Start thinking about the opportunities that are present when you travel alone long before you leave. Is it the time you really want? Put that into the plan. Find out the opportunities before you go and then dream about them until you get there.

Gather as much first hand knowledge you can before you go. Talk to people who have already gone to your destination. Use your social network to find people.

Be patient. It can be difficult arriving in a new city alone. Take your time. Take a day to relax, watch the city function, and settle in.

Speak the language. Humans are sociable creatures. We all need to talk to other people. If you are travelling alone, it's a good idea to go somewhere where you speak the language.

Eat locally! There is nothing like exploring the local cuisine. It gives you a new way into your destination's culture, history, and geography. There is always a reason, historical or geographic, for a specific cuisine that can be explored through your taste buds and your mind.

Sleep with the locals. Hotels are comfortable but very lonely, and hostels are perfect for people who travel alone, but you will only speak with other tourists. Try to rent a room in an apartment. This will give you a connection with local residents and they can give you a lot of tips on what you can do.

Don't be shy. Don't be afraid of asking. Ask for directions in the street, or ask about the place, the culture or the customs to the local people that you find in bars, parks, etc. You will be surprised how much people like to talk about their town or their culture. Remember you are alone. Asking can be an effective way to start a conversation and meet new people.

I . Choose the right answer. Вибери вірний варіант.

1. The writer thinks that travelling alone is...
 - a. worse than staying at your comfortable home.
 - b. dangerous.
 - c. a good idea.
2. The writer wants to...
 - a. help people who want to travel alone.
 - b. talk about the possible risks of travelling alone.
 - c. talk about his or her experiences travelling.
3. If you travel alone, it's a good idea...
 - a. to learn the language of the place before you go there.
 - b. to go to a place where you can speak their language.
 - c. to speak to other tourists.
4. The writer thinks that if you travel alone, hostels are...
 - a. the best option.
 - b. very good but not the best option.
 - c. worse than hotels.
5. The local residents can help you...
 - a. to find a good hotel or hostel.
 - b. giving you ideas for your trip.
 - c. to find a cheap room that you can rent.
6. The best thing about asking is that...
 - a. you get the information you need.
 - b. you can find the places where you are going.
 - c. you can talk to the local people.

II. Tick is it true or false. Вибери правда чи ні.

1. You should visualize the trip before you go.
2. You can use social network to find people who have already gone to your place
3. Travelling it's not good opportunity to try new food,
4. It's an effective way not to start a conversation and meet new people.
5. It's a good idea to speak with people while travelling.
6. Usually locals don't want to give useful tips to strangers.