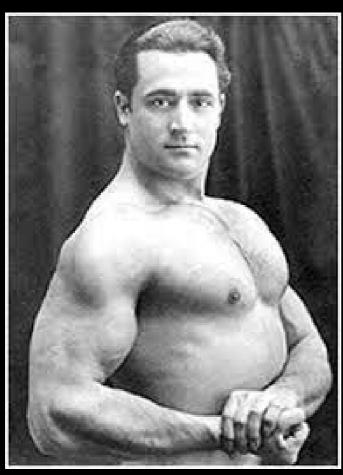
The of Journey of the New Man





Charles Atlas

"America's Most Handsome Man"

"The World's Most Perfectly Developed Man"

But he wasn't always the man that many people remembered him as.

His name was Angelo Siciliano.

He was just like you, scrawny, weak, helpless.

Finally one fateful day, he was relaxing on the beach when a husky man kicked sand on his face.

Siciliano wanted to fight back, but the husky man told him that he could break him effortlessly so he spared him the embarrassment.

That was enough for the young Siciliano.

He would spend the next remaining years of his youth and his early adult years to build and sculpt his body into a Greek god.

However, there was a setback.

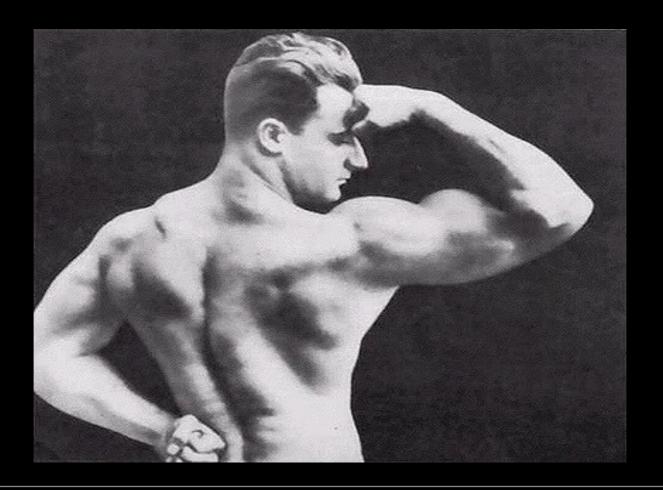
He tried weights, resistance training, calisthenics, nothing worked.

Siciliano went to the strongest men of his time, asked about their diets, routines, regimens.

Read magazines about health, strength, and physical development.

But at last, he had found the secret.





With this secret, he became Charles Atlas.

This secret works to this day and we are willing to teach it to the few.

Do not wait, Siciliano didn't.

He grabbed opportunity by the throat and you can too.

If you envision yourself to be a great and strong man, click on the Atlas.





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Upon joining, you will receive a free 5 page email on Charles Atlas's best post-workout recipes!

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