

Vega ISD School Health Advisory Council Meeting Agenda

Wednesday October 16, 2024 (8:00am in the HS Computer Lab)

1. Welcome/Introductions – please sign in and update address/phone number
2. Review/Amend/Approve minutes of last meeting
3. Review SHAC Mission/Guidelines/Requirements/Purpose/Meeting Procedure
 - a . Update and Approve Vega ISD SHAC Bylaws
4. Review SHAC Membership
5. SHAC Parent Co-Chair Election
6. Wellness Plan- Set Vega ISD Exemption days for 2023-2024 school year and update Wellness Plan

NUTRITION GUIDELINES

The Elementary/Junior High Campus (grades PK – 8th) participates in the U.S. Department of Agriculture’s (USDA’s) child nutrition programs, including the National School Lunch Program (NSLP) and the School Breakfast Program (SBP). Federal law requires that the District establish nutrition guidelines for foods and beverages sold to students during the school day on each campus that promote student health and reduce childhood obesity. The High School Campus does not participate in the USDA child nutrition programs and is therefore exempt from its nutrition guidelines.

The District’s nutrition guidelines are to ensure all foods and beverages sold or marketed to students during the school day adhere to all federal regulations and guidance and are designed to promote student health and reduce childhood obesity.

FOODS SOLD

The District will comply with federal requirements for reimbursable meals. For other foods and beverages sold to students during the school day, the District will comply with the federal requirements for competitive foods. Competitive foods and beverages are not part of the regular meal programs and occur through sales such as a la carte options or vending machines. For purposes of this plan, these requirements will be referred to as “Smart Snacks” standards or requirements.

EXCEPTION—FUNDRAISERS

State rules adopted by the Texas Department of Agriculture (TDA) allow an exemption to the Smart Snacks requirements for up to six days per year per campus when a food or beverage is sold as part of a District fundraiser. [See CO(LEGAL)]

7. Snack Pak 4 Kids Update
8. Health Promotion and Health Education
 - a . Staff Flu Shot Clinic
 - b . Drug Free/Red Ribbon Week/Fentanyl Prevention Education
9. Old Business
10. New Business
11. Close

**Next SHAC Meeting Scheduled for Wednesday November 20, 2024 8:00am HS Computer Lab*