

Private Practice Therapists in Evergreen and the surrounding communities

***Last updated 4/13/26

NAME	SERVICES	WEBSITE/CONTACT	OTHER INFO
Colleen Fischer, PhD Katherine Washington, PhD	Comprehensive psychoeducational evaluations	www.colleenfischerphd.com www.katherinewashingtonphd.com	New to the area (October 2023), free consultation
Laura Ferguson	Child Therapy, EMDR, Yoga Therapy, Cognitive Behavioral	https://www.psychologytoday.com/us/therapists/laura-d-ferguson-evergreen-co/447833	Offices in Evergreen and Conifer
Carrie Elste, LCSW	Child, adolescent and adult Therapy, EMDR, Art therapy, Collaborative Problem Solving coaching , IFS, advocacy and consulting. Former SELS.	https://www.psychologytoday.com/us/therapists/your-future-self-boutique-therapeutic-services-evergreen-co/776720	Office in Bergen Park and Telehealth. Free 15 phone minute consultation. Specializes in Neurodivergence, Trauma Processing, Family Transitions, and Gifted and Talented.
Crystal Wildes, PhD	Child Therapy, EMDR, Parent Coaching, Assessment	https://www.insightpsychologyllc.com/dr-wildes 720-443-3112	Offices in Evergreen and Denver-- free 30 minute consultation
Evergreen Play Therapy Institute	Play Therapy, Creative Expression	https://www.evergreenplaytherapyinstitute.com/	In person on Fridays in Evergreen
Decade2Connect	Experiential Therapy	303-600-3704 https://decade2connect.org/	Golden area, in person

Kristin Mazzarese, LPC	Children, Neurofeedback, Cognitive Behavioral, Solution Focused	https://www.psychologytoday.com/us/therapists/kristin-mazzarese-evergreen-co/254776	Evergreen and Golden offices Free 15 minute consult
Jim Orsund, LCSW	Specializes in Trauma, behavioral interventions, EMDR, former SELS.	https://www.psychologytoday.com/us/therapists/jim-orsund-evergreen-co/457835	Works from a trauma informed lens- EMDR and Play therapy
Sarah Elkins	Pre-teens and young adults. Specializes in students with ADHD, anxiety and autism.	https://sarahelkinslsw.wixsite.com/socialwork	Telehealth and offices in Lakewood and Littleton
Conifer Counseling	Logic and Logic trainer, Parent support, Child Therapy, Couples Therapy, EMDR, Brainspotting	http://www.conifercounseling.com/ 720-722-1789	Takes Medicaid.
Erin Bennetts, LCSW	Play Therapy and Parent Support	https://www.erinbennettslcs.com/ 720-647-7700	Littleton office
Liliana Baylon,	Play Therapy, EMDR, Parent Support, Bilingual!	https://www.lilianabaylon.com/ 303-232-9000 TEXTING best way to communicate with her	Lakewood office, Bilingual
Ruth Setlak, MSW	Play Therapy, EMDR, Parenting Groups	http://www.playconnectthrive.com/ 303-525-0901	Office in Golden
Conifer Play Therapy	EMDR, Play Therapy, Animal Assisted Therapy, Family Therapy	https://www.coniferplaytherapy.com/ 720-281-9789	
Meagan Andersen	Art therapy	www.psychologytoday.com/us/therapists/meagan-andersen-evergreen-co/727935	In person or online. Art therapist who

			specializes in children and tweens.
Alpine Psychological Services- Dr. Megan Christian	Evaluations, Assessments, Therapy	https://www.alpinepsychologicalservices.com/ 720-292-0095	Telehealth and in-person
Resilience 1220	Free counseling for adolescents ages 12-20 in the mountain community	https://www.resilience1220.org/ 720-282-1164	Many different modalities, groups, parent support, and speaker series
Sondermind.com	Variety of therapists available	www.sondermind.com	Platform for therapists
Second Wind Fund	Variety of therapists available who specialize in children.	Second Wind Referral Form	Nonprofit with a mission of preventing youth suicide. Free for kids who are at-risk.
Imatter.org	Variety of therapists available who specialize in children.	https://imattercolorado.org/	Referral source for free therapy.