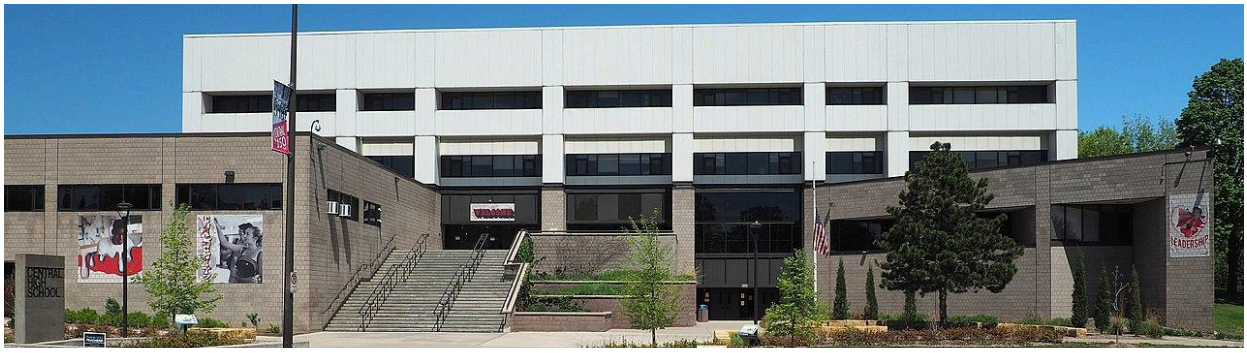


CENTRAL
HOME OF THE MINUTEMEN

ST. PAUL CENTRAL HIGH SCHOOL

The mission of St. Paul Central is to inspire generations of critical thinkers who thrive together because of our differences and improve the world.

Family Newsletter

May 24, 2026

CENTRAL CALENDAR

****Upcoming Important Dates in May****

May 25 **NO SCHOOL, Memorial Day**

May 26-27	**NO SCHOOL**
May 28	**Last B Day for Seniors**
May 29	**Seniors Last Day - Senior Picnic, and Senior Walkout**

Graduation

The ceremony for the

Central High School Graduating Class of 2026

will take place on

Wednesday, June 3rd, 2026 at 6:30pm

Lee & Penny Anderson Arena

University of St. Thomas

Link to Calendar of Senior Events



Help make the Central All-Night Graduation Party for Seniors a Success!!

The Central All-Night Graduation Party is on Wednesday, June 3.

About the Party: Doors open at 10:30 pm and students come to celebrate and have fun! There will be food, music, inflatables, arcade games, live entertainment, a casino, and more! We keep the party going (and nobody comes in or out) until 5 am. As with for the past couple of years, the party is free for all attendees, and we expect it will be a fabulous event! While the party is free, Seniors **must register** so we can get accurate head counts and food.

We can't do this without the participation of volunteers, whether that's in the form of donations or volunteer time!! This is a parent-run party and we need YOU to make it happen! Everyone is welcome, and we especially need families of Ninth graders, Sophomores and Juniors to "pay it forward" and create a fun last night at Central for the graduates. You can sign up to be part of the team online! Questions? centralgradparty@gmail.com

Links for all of these options below and we'd love to see you and your students!!

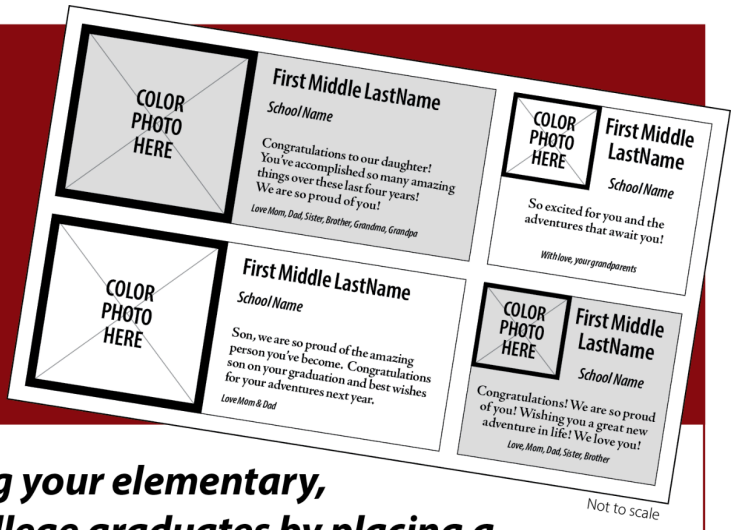
Seniors, **register to attend the party here**: https://forms.gle/NFPqZNWxgT3bAMdAA

To Contribute to the GoFundMe : https://gofund.me/cdc07ce56

To Sign up to BRING things to the 2026 Central Grad Party:
https://www.signupgenius.com/go/10C084BA4A822A1FB6-64021086-bring

To Sign up to VOLUNTEER at the 2026 Central Grad Party:
https://www.signupgenius.com/go/10C084BA4A822A1FB6-64021069-2026

Honor Your Graduate in the Park Bugle!



Not to scale

Join the Bugle in honoring your elementary, middle, high school or college graduates by placing a special "Congratulations" announcement in our July issue.

Go to **parkbugle.org/graduation-ads**

Or scan this QR code. Once there, fill in all form fields, upload a high resolution photo, select size of ad, and submit payment via PayPal.

NEW THIS YEAR! Graduation photos will be printed in full color.

TWO SIZES / RATE OPTIONS

$30 = 1 column wide x 1.625" tall
Up to 88 characters for your message

$50 = 2 column wide x 1.625" tall
Up to 150 characters for your message

DEADLINE: Wednesday, June 3, 2026

¡Felicidades! Success on the National Spanish Exam

We are incredibly proud to celebrate the forty students from Spanish Levels 1–6 who rose to the challenge of the National Spanish Exam (NSE) on March 12, 2026.

The NSE, administered by the American Association of Teachers of Spanish and Portuguese, is a rigorous assessment of both Achievement (vocabulary and grammar) and Proficiency (listening and reading). Taking this exam requires significant dedication, and we commend every student who participated.

Please join us in congratulating our 2026 award winners:

🥈 Silver Medalists (Level 4)

- Riley Erickson
- Walter Henderson-King
- Elizabeth Seelig

🥉 Bronze Medalist (Level 3)

- Kellyn Yusri

🏅 Honorable Mentions

- Level 6: Rhiannon Currie Ickes
- Level 5: Varun Alter, Nalini Carter
- Level 4: Imogin Forys, Judah Grosby, Josie Garfield, Pearl Griffith, Bea Martin, Nathan Whitney
- Level 3: Brynja Birkland, Charlotte Washington
- Level 2: Alana Kennedy, Eliza Packingham

— Profe Lieber, Profe Tellería, & Señor Onorato

Central Families,



The French Department is looking for a host family for our intern next year. His name is Thomas Charles, he's from Brittany, France, he's 24 years old, and he would like to be an English teacher.

Your student does not need to be taking French to host. The only requirements are that he has his own room, English is the main home language, he is provided three meals a day, and he has transportation to Central.

If you are interested or have any questions, please reach out to me at kevin.amdahl@spps.org.

Central & Harding Are Partnering Up to Go To Thailand 2027

Interested in going? Please click on link below for info:

https://docs.google.com/presentation/d/1ggLulZsu2HJZ0s9EPJu04DVbetyWtHkBUTU8HX2vjEg/edit?usp=sharing

News from Our Counseling Department

Direct Admissions

Looking to make the college application process easier? Direct Admissions MN can help!

To support our students' postsecondary journeys, Central has joined the Direct Admissions Minnesota program for the 2026-27 school year. Direct Admissions offers seniors a look at the many college options they have after high school by proactively notifying them of which Minnesota colleges and universities they are accepted to - before they even apply! Check out this video to learn more: https://youtu.be/3sNb7vIxzAI?si=IjprsXnRk2l5u-ai

For even more information, please visit the Direct Admissions website at: https://www.ohe.state.mn.us/mPg.cfm?pageID=2484

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Summer School

If your student did not pass an English, Math, Social Studies, Science, Health, Critical Ethnic Studies, or Personal Finance class, they will be signed up for in-person summer school by default. If online summer school will work better for your student, email your assigned counselor before May 28th.

Session 1 (in-person or online):

- Dates: June 23 - July 23
- Time: 8:45am - 2:45pm
- In-person summer school is at Como High School

- Transportation: Yellow School Bus

Session 2 (online):

- Dates: July 28 - August 13
- Time: 8:45am - 2:45pm
- Session 2 available to students who attended Session 1

Central's Career & College Department

For additional Career & College resources, please see the links below:

- Please read the **Mid- April Career & College Newsletter** for upcoming events, scholarships, summer opportunities, resources and more!
- Career & College Website
- Sign up to meet with Ms. Jackson
- Summer Opportunities
- Upcoming Career & College Events

Grace Jackson (*She/Her)*
Career & College Coordinator
Central High School • 275 N Lexington Pkwy, Saint Paul, MN 55104
Office: (651) 760-7959
Central Counseling

Students, families, and partners: Click here to schedule a meeting with me!

College Possible



Information About Post-Secondary Enrollment Options (PSEO) Opportunities

PSEO

Freshman, sophomore, and junior students were invited to attend the PSEO presentation last week. To view a copy of the presentation, please feel free to review the presentation here.

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Central Education Pathway

Register for an Education Pathway Class! Central Education Pathway Slide

The Education Pathway program is all about providing opportunities for high school students to explore the teaching profession; it's where high school students level up from learning to leading! We mix classroom insights on how kids learn with internships in local schools. Get ready to turn theory into teaching magic and inspire the next generation!

To learn more about Education Pathways for high school students in Saint Paul Public Schools reach out to Courtney Gbolo: courtney.gbolo@spps.org, or connect with your school counselor to sign up for a class.

Central Newspaper

In the very first year of the newspaper club, our student group has worked on building CHS Minute By Minute from the ground up, and we have distributed free copies of three printed issues. We're now working on our final issue of the school year, which we hope to distribute before summer to close out a year that has been more of a success than we could have imagined thanks to the support we have received so far. If you choose to donate, you can directly fund the printing of students' original work, fund our upcoming website (which is also developed entirely by a student), and you can support our club's initiatives, which include:

1. Creating a welcoming space where student peers feel empowered to use their voices.
2. Bringing back an opportunity for student journalism at Central, and providing a creative outlet for peers who are passionate about any of the various components of newspaper creation.
3. Keeping Central up-to-date on news relevant to our school.

The QR code below leads to our donation page. Thank you so much for your consideration!

Josh Hirman, Advisor

Newspaper Club - Class Registration v3.0 - Saint Paul Public Schools

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Resources for Central Families:

Ramsey County Bulletin Board

Every Meal is a local nonprofit whose mission is to fight child hunger, and are currently partnering with Central to offer the Weekend Meal Program. Every Meal's food bags, which contain 4-5 lb. of culturally/situationally tailored nonperishable food items. We are offering bags of food for families on Fridays for a limited time. If you are interested in receiving one or two of these meal bags please fill out the google form. We will send an email to your student when and where to pick up the food bags on Friday before the end of school.

Description of food bags: https://www.everymeal.org/food-bags/

Google form link: https://forms.gle/yBXiDWTvwrrx6Bzz6

Summer Clinic Info for Students



News from our Athletic Department

Uniform Return
Student athletes need to return their uniforms ASAP to the athletic office, once their season is over.

Monday 5/25 - 4:30pm - 6pm
*AD Ekegren will be in the stadium

Tuesday 5/26 - 9:30am - 12noon
*AD Ekegren will be in the stadium or in the Athletic Office

Wednesday 5/27 - 11am - 4pm
*AD Ekegren will be in the stadium or in the Athletic Office

Thursday 5/28 - No Hours

Friday 5/29 - 7am - 6pm
*AD Ekegren or Assistant AD McFarlane will be in the Athletic Office

New Platform - Registration and Communications
We will be transitioning to a new platform for registration and need your help! Our new platform BOUND will be pulling emails, phone numbers, and addresses from the parent portal. Please make sure that it is fully updated so that you start receiving notifications from head coaches for the 26-27 school year.

If you need help and/or want to update your parent portal please visit this website.

We are working hard to get our new platform up and running for 2026 fall registration. We will be getting information out by the end of the school year so stay turned.

Summer Opportunities

Our coaches have been preparing for summer programming. Please use this LINK to learn more about sport specific opportunities. We are still updating and adding information when we receive it, so please check back if you don't see anything for your specific sport yet.

Questions?? Please contact Athletic Director Ekegren

Athletic Director Ekegren
Email: Alicia.Ekegren@spps.org
Office Phone: 651-744-7397

Helpful Links

Central Athletics Guide

Central Gear

SPRING SIGNING DAY

This past Wednesday we had our second Signing Day! Congratulations to our student athletes who are going to continue to compete next year at post-secondary institutions. Central Athletics is so proud of you!





Vita Hochuli - Women's Soccer @ Virgina State University
Maya Ingles - Women's Soccer - University of Southern Maine
Irene Iwaszkowiec - Women's Soccer - Bethel University
Milla Roux Dufresne - Cycling - @ Milligan University
Jackson Farmer - XC and Track and Field @ Lawrence University
Aksel Sutton - XC and Track and Field @ Luther College
Clyde Berg - XC and Track and Field @ St. Olaf College
Noah Sherman - XC and Track and Field @ Saint John's University
Alex Morey - XC and Track and Field @ Saint John's University
Colson Pearce - Men's Volleyball @ North Park University
Elijah Moseman - Men's Basketball @ St. John's University

Sefi Whittington - Men's Basketball @ Iowa Western Community College
Demonte Duncan - Men's Basketball @ Bay College
Alexandru Cernea - Men's Soccer @ University of Wisconsin - Eau Claire
Tommy Voshell - Men's Soccer @ St. John's University
Emmet Jones - Baseball @ University of Wisconsin - Eau Claire

SPORTS PHYSICALS

If your student athlete is in need of a physical please see the information below:

TCO - Free Student Athlete Physicals
CVS - Minute Clinic
Health Start - Summer Clinic
TRIA - Free Sports Physicals



Central High School Parent Advisory Council (PAC)

PARENT ADVISORY COUNCIL

We are your Central High School Parent Advisory Council (PAC): *a dedicated group of parents, guardians, and community members committed to supporting the success of our students, the well-being of our staff, and the strength of the Central community*

🎯 **PAC Mission**

Central PAC uses a racial equity lens to invest in the vision, voice, and talents of students–as they work to create a more prosperous and equitable Central High School community. We activate creative partnerships that empower youth, educators, parents, and community members to contribute to a Central where everyone thrives.

We do this by:

Raising and distributing funds
Supporting special projects and initiatives
Fostering communication between families and the school
Organizing parent volunteers
Finding meaningful ways to show appreciation for Central's teachers and staff

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👉 **Click here to donate**

Thank you for considering a gift that works for your family. Your support means the world to us, and we look forward to seeing, meeting, and connecting with you at upcoming PAC events.
