

## **5.2: Resource List: Culturally Safe Trauma-Informed Referrals**

**Practitioners Name:** Amanda Henry (Lactation Consultant)

**Why I chose them:** I already have a trusting relationship with this provider and know that they would treat my clients with care and respect.

**When you plan to meet:** 6-15-23, at noon

**Five questions you need to ask to ensure they are trauma-informed and understand the need for culturally safe care.**

- What specific training do you have that makes you a culturally safe person to refer my clients to?
- Do you have any training that helps you be more trauma informed?
- Does your practice have set guidelines to follow regarding trauma and culturally safe care?
- Do feel equipped to help someone who has or is experiencing trauma?
- Do you have any lactation specialists that are black or from other cultures?
- If not, do you have contact information for any?