

Write a positive note to a classmate.	Let someone go before you in line.	Push in someone's chair.	Hold a door open for someone.
Play with someone new during recess.	Give a silent wave.	Say "hi" to someone.	Thank an adult for something they do.
Sharpen someone's pencil.	Make a card for a teacher.	Call a family member to say hello.	Help someone who has dropped something.
Help someone before they ask.	Help someone clean up.	Help your family make a meal.	Tell someone a joke.
Smile and say hello to everyone you see today.	Pick up litter.	Leave a positive note someone for someone to find.	Do something kind for a neighbor.
Tell someone why they are special to you.	Tell someone how much you love them.	Play with someone new at recess.	Make a get well card for someone who is sick.
Clean up without being asked.	Smile at 5 people you don't know.	Encourage someone who is having a bad day.	Help someone who is younger than you.