



Presenter: Ray Libman

Session & Time: Oral_V / 4:40 to 5:00pm

Room: Guzman 104

Discipline: Applied Sport and Performance Psychology

Faculty Mentor: Tanner Biwer

ZOOM link:

<https://us04web.zoom.us/j/71090937040?pwd=ZFaibWRoad9QwjPcu9qzuUaKCXG6ym.1>

ZOOM Passcode: DUC

Digital Portfolio URL:

Title: An Intersectional Feminist Approach to Applied Sport and Performance Psychology Consulting

Abstract:

Athletes, performers, and consultants all have multiple, intersecting identities that impact how we experience the world, and similarly, how we approach the practice of applied sport and performance psychology. This presentation will explore the utilization of intersectional and feminist approaches to the practice of mental skills and performance consulting through one consultant's philosophical framework integrating traditional sport and performance psychology methodologies and theories with an eye towards diversity, equity, inclusivity, and social justice.