

Healthy Breakfast Cookies

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¼ cup butter

34 cup unsweetened applesauce

½ cup granulated sugar

½ cup packed brown sugar

1 teaspoon salt

2 teaspoons ground cinnamon

2 eggs (or 2 tablespoons whole egg powder plus ¼ cup water)

1 cup old-fashioned oats

1/2 cup flaxseed

1/2 cup whole-wheat flour

1 1/2 cups 10 grain pancake mix (or use self-rising flour)

1 cup dried cranberries or cherries

1 cup chopped dried apricots (I use freeze dried apricots)

1 cup raisins

1 cup chopped walnuts

Preheat oven to 350F.

Combine butter, sugars, salt and cinnamon in a large mixing bowl. Beat with a mixer at medium speed until light and fluffy. Beat in eggs and applesauce.

Stir in oats, flaxseed, whole-wheat flour and pancake mix (or self-rising flour). Stir in fruits and nuts until well combined.

Scoop dough onto a baking sheet, using a 1-ounce (2-tablespoon) scoop. Bake 10 to 13 minutes, until cookies are puffy and light tan. Be careful not to over bake. The centers will be a bit doughy and dense. Makes 2 dozen.