

Children and Families:

National Child Traumatic Stress Network (NCTSN):

1. Trinka and Sam: The Big Fire - direct link to where you can find on NCTSN website <https://www.nctsn.org/resources/trinka-and-sam-big-fire> (This link also takes you to the Spanish, Portuguese and Greek versions of the book).
2. Trinka and Sam: The Big Fire video of book being read: <https://www.youtube.com/watch?v=HDfrSuCeDis>
3. Parent Guidelines for Helping Children Impacted by Arson and Fires: <https://www.nctsn.org/resources/parent-guidelines-helping-children-impacted-ars-on-and-fires>
4. Helping Young Children with Traumatic Grief: Tips for Caregivers: <https://www.nctsn.org/resources/helping-young-children-traumatic-grief-tips-care-givers>
5. Age-Related Reactions to a Traumatic Event:
 - a. [English](#)
 - b. [Spanish](#)
 - c. [ASL](#)
6. Tips for Parents on Media Coverage
 - a. [English](#)
 - b. [Spanish](#)
7. Helping Youth After a Community Trauma: Tips for Educators:
 - a. [English](#)
 - b. [Spanish](#)
8. For more resources regarding grief, trauma, and crisis please click [HERE](#)

LA County Parks Care Camp for families impacted by the Eaton fire

Monday to Friday, January 13th - 31st, 2025 (age 5-12: 8am to 5pm; age 13-17: 8am to 7pm)

Learn more and register [HERE](#) (for individuals under mandatory evacuation or significantly impacted by fires). Email recprograms@parks.lacounty.gov for more information.

Sesame Street Grief Resources: <https://sesameworkshop.org/topics/grief/>

Older Adults/Seniors:

[Disability disaster access](#): support for people with disabilities and older adults

[Supporting Older Adults After Disasters](#): A Guide to Psychological Recovery

[Helping Older Adults After Disasters](#): A Guide to Providing Support

Financial Resources:

Federal Emergency Management Agency:

Online: <http://DisasterAssistance.gov>

Call: 800-621-3362 (Press 3 for an interpreter who speaks your language)

FEMA App: <http://fema.gov/app>

Inclusive Action for the City: an emergency fund for outdoor workers (including street vendors, landscapers and recyclers affected by the wildfires)

Motion Picture & Television Fund: provides financial assistance to working and retired members of the entertainment community.

Musicares: providing short-term disaster relief to music professionals impacted by natural disasters including \$1,500 in financial assistance and a \$500 grocery card.

Federal & State Tax Extension: The IRS & the State of California will provide a tax extension for individuals and businesses that were affected by the devastating wildfires.

Assess Your Eligibility for Property Tax Relief: [LA County Assessor Website](#) and [Relief for Properties Impacted by a Disaster PDF](#). Call (213) 974-8658

“Misfortune and Calamity” Property Tax Relief: Property damaged or destroyed by windstorms or wildfires may qualify for temporary property tax relief through the Misfortune and Calamity program. For more information and to download the claim form (ADS-820), visit www.assessor.lacounty.gov/tax-relief/disaster-relief or call (213) 974-3211.

Free Insurance Support Workshop:

1. Saturday, January 18th, 10am-5pm
2. Sunday, January 19th from 10am-1pm

Santa Monica College in the Performing Arts Center East Wing: 1310 11th St., Santa Monica, CA 90401. Experts will be available for one-on-one consultations; schedule an appointment by calling **1-800-927-4357**

EDD has waived their one-week waiting period for unemployment claims for qualifying individuals impacted by the Palisades, Eaton, Hurst, woodley, and Lidia fires. Employers qualify for a 60-day extension on state payroll reports or taxes. Apply through: myedd.edd.ca.gov or Call 1-800-300-5616. For more information call Edd's Taxpayer Assistance Center 1-888-745-3886

Apply for Low-Interest Disaster Loans: Call 1-800-827-5722



Mental Health Resources:

[List of ProBono Therapists](#) available for care

[Mental Health Resources for Natural Disasters](#): LACDMH
Disaster Distress Hotline: Dial 1-800-985-5990

Jenesse Center:

- Healing Circle Zoom - January 16, 2025 @ 6:00pm
 - Zoom Link: 831 779 24464, Passcode: 405706
- Offering free counseling services if you or your family have been affected by the recent wildfires and are struggling to cope; individual and family counseling, crisis intervention, immediate help for those in need

Contact Charmine Davis, PsyD, LMFT at cdavis@jenesse.org

You can get immediate crisis counseling and support through SAMHSA's Disaster Distress Helpline (DDH), the first national hotline dedicated to providing year-round disaster crisis counseling. This toll-free, multilingual, crisis support service is available to all residents in the US and its territories. Call or text 1-**800-985-5990**.

Health/Medication Resources:

[GoodRx](#): offering free online healthcare provider visits through GoodRx Care to Los Angeles-area residents impacted by the wildfires. Visits can be used to get refills for essential medications that were left behind or destroyed in the fires. They can be accessed online and LA residents can use the code **LA-GOODRX-CARE**.

[Displaced Dialysis Individuals](#): For those who are unable to connect to their normal dialysis center the National Kidney Foundation has resources to find places for displaced individuals to obtain dialysis services.

Emergency Prescription Refills: California law allows pharmacies to provide an emergency 30-day supply of medication in disaster areas. Contact your pharmacy with or without a prescription bottle

- Local pharmacies: Major chains such as CVS extend hours during emergencies and help with transferring prescriptions
- Contact your doctor: request an emergency prescription from your prescribing doctor or use telehealth services
- Health insurance providers: contact your provider for waived restrictions, refill limits, or out-of-network fees during emergencies

[Rx Open](#): locating nearby open pharmacies during disasters

Education Policies:

[Policies for Schools](#): Most children displaced by disasters are likely eligible for educational protections & services under McKinney-Vento Act

[LAUSD School Closures](#)

Services for Immigrant Families:

[Guide to Disaster Assistant Services for Immigrant Californians](#)

[Guía de Servicios de Asistencia en Caso de Desastre para Californianos Inmigrantes](#) (en español)

Legal Resources:

[WorkLife Law](#) has compiled know-your-rights information and resources for impacted workers who are pregnant, parenting, or providing care to a loved one.

[Price Gouging on Essentials: California Penal Code section 396](#) prohibits excessive and unjustified increases in the prices of essential consumer goods and services, construction services, hotel lodging, and residential rental properties during and shortly after a declared state of emergency or local emergency. [Report Price Gouging](#) or Call 1-800-952-5225

[LA County Registrar-Recorder Vital and Property Records](#): Residents directly impacted by wildfires can request records free of charge

- Call 1-800-201-8999 and select Option 1, then Option 2 or email recorder@rrcc.lacounty.gov for assistance

Physical and Safety Needs:

[Comprehensive List of Resources](#) - Mutual Aid

[List of Food Pantries across LA County](#)

[Free Stays for Wildfire Victims](#) - Airbnb.org & 211LA

[LA Fire Hotel Availability List](#)

[Discounted Hotels in Torrance List](#)

[Free Cribs](#) - Babyletto



Established Resource Lists:

[Wellbeing4LA: Supporting Communities After Wildfires](#)

[BCOE Community Recovery](#) – From Butte County, affected by Paradise Fire

[Children's Institute](#): Community Resources & Support for L.A. Wildfire Victims

[California Homeless Education Technical Assistance Center \(HETAC\)](#): Disaster Preparation and Response

[LA County Recovers](#): Resources compiled by Los Angeles County

[MALAN Fire and Wind Storm Resources](#): A comprehensive list of available shelters, mental health resources, free items & distribution centers across L.A.

To add resources to this list, email student.uclapritzker@gmail.com. Thank you.