

2025 ATHLETES GUIDE



WELCOME

Welcome to the Santa Maria Del Popolo 5K Run and Walk. We are excited you have joined us as we raise money for youth athletic facilities at Santa Maria Del Popolo Parish in Mundelein, IL. We welcome you to the beautiful grounds of Mundelein Seminary as you run through Lake County's most scenic, certified courses. Whether you are running for fun or to meet a personal goal, we thank you for your support and look forward to seeing you at the finish line.

The 5K Committee: Luis Fuentes, Cristina Alvarez, Danny Rosquete, Dennis Rowan, and Patty Fuentes

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RACE WEEKEND SCHEDULE OF EVENTS

Friday September 5

Packet Pick-Up:

Santa Maria del Popolo Church, 40 N. Seymour Ave. Mundelein, IL

60060 From 5:00 pm to 8:30 pm

Saturday, September 6

Packet Pick-Up:

Santa Maria Del Popolo Church, 40 N. Seymour Ave. Mundelein, IL

60060 From 9:00 am to 12:00 am

"PLEASE PRESENT TICKET CONFIRMATION UPON PICK UP WITH A VALID, GOVERNMENT-ISSUED PHOTO ID TO PICK UP PACKET".

To avoid long lines, we recommend picking your package on , Friday or Saturday.

Sunday, September 7th RACE DAY

Race day packet pick-up starts at 7 am and closes promptly at 8 am

On-site registration and T-shirts are not guaranteed.

8:30 am Race Start

9:30 am Awards Ceremony



PACKET PICK-UP CHECKLIST

Chip Race Bib for timing (Race Bib must be worn at all times during race)
Safety Pins

Shirt

Sponsor Marketing/Promotional Material

Clear Gear Check Bag with Race chip Bib # label to be

affixed to bag 2025

RACE DAY PARKING

Sunday, September 7th, 2025



Carmel Catholic High School Parking Lot off RT. 176th

A. Carmel Catholic High School, 1 Carmel Parkway, Mundelein, IL. 60060. Visitor parking is available on a first-come, first-served basis in the self-service campus. C. Visitor parking 6 am – 12 pm, unless otherwise posted.

Follow the Police officer and Parking Marshalls instructions for parking and crossing Rt. 176th into University of Saint Mary of the Lake/Mundelein Seminary.



RACE MORNING INSTRUCTIONS

Park in Carmel Catholic High School Parking lot

- A. Follow the Police officer and Parking Marshalls instructions for parking and crossing Rt. 176th into University of Saint Mary of the Lake/Mundelein Seminary
- Race day packet Pick-Up and Gear Check opens at 7 am. -

Packet Pick-up and Gear Check will close at 8 am.

- The race will start at 8:30 sharp. Arrive early to drop off your clear gear check bag at the gear check tent and head out to the start line.
- Please line up at the start line as follows:

6 minutes per mile and under line up first

6:30 minute per mile line up next,

followed by 7 minute miler,

7:30 minute miler, 8 minute miler,

8:30 minute miler, 9 minute miler,

10 minute miler and up last.

Walkers

- Enjoy Water, Bananas at the finish line tent 9:30 am Awards Ceremony
- Finisher photo opportunities under the sponsor banner Gear

Pick-up closes at 10 am

COURSE MAP



Run/Walk will Start and Finish in the same location off the entrance to University of Saint Mary of the Lake/Mundelein Seminary . Entering off Rt. 176 th , across from the Carmel Catholic High School Parking lot.

Run/Walk is in Clockwise direction as depicted by the arrows in the map. There will be one water station: At Mile Marker 2

There will be Run/Walk Marshalls directing the race path.

AWARD CEREMONY

Awards will be giving to the:

Top 3 Overall Males

Top 3 Overall Females

Top Male Finisher and Top Female Finisher in each of the following age groups:

- **15 19**
- 20 25
- 26 31
- 32 37
- 38 43
- 44 49
- 50 55
- 56 61
- 62 -67
- 68 73

73 and Over





- Practice great Sportsmanship
- -The Grounds are property of Saint Mary of the Lake Seminary, Please do not disturb the wildlife, or destroy the property.
- -Run Marshalls, Volunteer or Seminary Staff have the right to disqualify you and ask you to leave the property.
- -We have the right to deny you entry into the grounds and the race.
- -For the safety of our runners, volunteers, spectators, sponsors and vendors, the following items and actions are prohibited:
- Weapons of any kind
- Bags, only the official clear bag provided at packet pick-up will be accepted at Gear Check on race day.
- No pets, roller blades, bicycles, or skateboards will be allowed. All

bags are subject to search

- Only registered runners wearing their personally assigned bib may participate in the Santa Maria 5K.
- The Santa Maria 5K does NOT allow the transfer of registrations/bibs to others.
- Registered runners who give their bib to another person, and the person whom the bib is given, will be disqualified.
- The Santa Maria 5K committee reserves the right to prohibit additional items/actions in order to preserve the safety of our event and participants. Participants who violate the above rules may be disqualified.



Save the date September 13 2026

Same Place___Same time.

Keep running my friends!

YOUR 2025 SPONSORS



















AWINTRUST COMMUNITY BANK







Martin Larios Fotos y Recuerdos









THANK YOU.