

COMMON Q & A FOR FRESHMAN GIRLS VOLLEYBALL

Q: When are the tryouts for volleyball at Ridge High School?

A: This year, they begin Monday, August 21st, 2023. They will run from 9:00 AM -12:00 PM and continue for 4 days.

Q: How many days are tryouts? How long are they?

A: Tryouts usually last 3/4 days and final rosters/cuts are made on the last day. Some of the girls may also be evaluated for a JV roster spot while trying out. Practice begins the next day, Friday August 26th.

Q: What if we already planned a vacation that interferes with the day(s) of tryouts? Can my daughter still try out?

A: Yes, your daughter still can try out. This is common among incoming freshmen and those that are new to high school sports. The disadvantage is your daughter will not receive as many days to show her skills, but we usually accommodate by allowing 1-2 days and decide if she makes the team.

Q: How many girls make the team?

A: We have taken as few as 9 and as many as 15 girls in the past. It all depends on the girls trying out.

Q: What if my daughter has never played, or did not make the WAMS team?

A: It doesn't matter!! We are able to take many more girls on the freshman roster and the freshman team works on fundamentals of the game as well as the strategies involved. We have had girls come out that have never played as freshman and made a varsity spot the following year. All girls get playing time at the freshman level.

Q: When does the season/practices start?

A: Practices begin immediately the day after cuts are made. Some practices are right after school (2:45-5:30) every day of the week (if there's not a game). This might include Saturdays, (time TBD) especially early in the season. Because the gym we use is shared with cheerleading and sometimes gymnastics, there are occasions where you might have practice later (4-6) or (5-7).

Q: My daughter is also interested in other clubs or activities at Ridge High School, can she do those and volleyball?

A: Being part of the Ridge Volleyball team is a commitment like anything else. Practices/games that are missed due to other activities (not including tutor sessions, etc) are unexcused and there will be a loss of playing time. It's not fair for the other players on the team to be in attendance all the time while someone misses for other activities and still plays as much. Being ill from school is a different situation and is always excused. There are clubs that are flexible and work around athletic schedules, just make sure to talk to the advisors before committing to anything.

Q: Does it cost money to play? Do I need to buy anything?

A: The jerseys are provided by Ridge. We do ask that each girl purchase her own black spandex shorts, and also recommend proper volleyball shoes, as well as knee pads. You can find many items at regular sporting-goods stores or online if you search. There is a Ridge Volleyball Gear store that will be set-up through an outside vendor where girls may purchase other items. You will be notified of this store at a later date once it's finalized.

Q: When does the season end?

A: This also varies each year, but usually the end of October, or early November at the JV/V level.

Q: My daughter definitely wants to try out, what's next?

A: In order to physically be able to try out, each player must have a physical performed and the proper paperwork turned in and approved. All the information can be found at the following website:

<https://ridgehigh.bernardsboe.com/athletics>

Paperwork/registration is due July 17th for fall sports tryouts.

Q: What if my daughter isn't cleared in time?

A: Just like being away on vacation, we allow them at least a day to show their skills, however since your daughter is still around, we ask that she come to tryouts to watch and learn everything we do. She just can't participate physically.

For any other questions, please don't hesitate to email me at tstaats@bernardsboe.com or the freshmen Coach, Sarah Kaufman at skaufman@bernardsboe.com