

## **Make 'em laugh - Psych Soc O'Clock - Episode 7**

**In this Psych Soc O'Clock episode Amelia, Elisa and Alejandra get the giggles about all things funny. Join us for a right laugh while we discuss the different types, purposes and performers of comedy.**

**Created by Amelia Hilton in association with the Glasgow University Psychology Society**

**Written and recorded by Amelia Hilton, Elisa Serra and Alejandra Jordano**

**Produced Amelia Hilton and edited by Jack Harding, with original music by Jack Harding**

**Recorded in University of Glasgow School of Psychology faculty Speech Lab**

**Listen on:**

**Anchor -**

**<https://anchor.fm/psychsococlock/episodes/Make-em-laugh---Psych-Soc-OClock---Episode-7-e3osu2>**

**Spotify - (to come)**

**Apple podcasts - (to come)**

**Youtube - <https://youtu.be/fljrUK1iN34>**

**Psych Soc O'Clock email - [psychsococlock@gmail.com](mailto:psychsococlock@gmail.com)**

**Psych Soc O'Clock youtube -**

**<https://www.youtube.com/channel/UCKICbmTihVeL1OzbEZSyjRA>**

**Psych Soc O'Clock anchor - <https://anchor.fm/psychsococlock>**

**GU Psychology Society FB - <https://www.facebook.com/GUpsychologysociety/>**

**Jack Harding's website -**

**[https://www.jackharding.me/?fbclid=IwAR1dG3sPPBS95aAsLFaUDJ5Ra1kF-b\\_QN0dVjF07DHgnFsjhn1iz8q-HUw](https://www.jackharding.me/?fbclid=IwAR1dG3sPPBS95aAsLFaUDJ5Ra1kF-b_QN0dVjF07DHgnFsjhn1iz8q-HUw)**

**References -**

**Alan W. Gray, Brian Parkinson, Robin I. Dunbar. Laughter's Influence on the Intimacy of Self-Disclosure. *Human Nature*, 2015; DOI: [10.1007/s12110-015-9225-8](https://doi.org/10.1007/s12110-015-9225-8)**

**Ando, V., Claridge, G., & Clark, K. (2014). Psychotic traits in comedians. *The British Journal of Psychiatry*, 204(5), 341-345.**

**Apter, M. J. (1982). *The experience of motivation*. London: Academic Press.**

**Brooks, A. W., Schroeder, J., Risen, J. L., Gino, F., Galinsky, A. D., Norton, M. I., & Schweitzer, M. E. (2016). Don't stop believing: Rituals improve performance by decreasing anxiety. *Organizational Behavior and Human Decision Processes*, 137, 71-85.**

Freud, S. (1960). *Jokes and their relation to the unconscious*. New York: W. W. Norton.

Greengross, G., & Miller, G. (2011). Humor ability reveals intelligence, predicts mating success, and is higher in males. *Intelligence*, 39(4), 188-192.

Lockyer, S. (2015). From comedy targets to comedy-makers: disability and comedy in live performance. *Disability & Society*, 30(9), 1397-1412.

Martin, R. A., & Ford, T. (2018). *The psychology of humor: An integrative approach*. Academic press.

Mickes, L., Walker, D. E., Parris, J. L., Mankoff, R., & Christenfeld, N. J. (2012). Who's funny: Gender stereotypes, humor production, and memory bias. *Psychonomic Bulletin & Review*, 19(1), 108-112.

Radomska, A., & Klinowska, A. (2004). Czy Polaków i Niemców śmieszy to samo? O narodowych różnicach w odbiorze komizmu. *Psychologia Rozwojowa*, 9, 189-203.

Ruch, W. (1992). Assessment of appreciation of humor: Studies with the 3 WD Humor Test. In C. D. Spielberger, & J. N. Butcher (Eds.), *Advances in personality assessment* (Vol. 9, pp. 27-75). Hillsdale, NJ: Lawrence Erlbaum Associates.

Schmidt, B. (2015). Gendered language in teacher reviews. *Bookworm Project*, feb, 41.

[https://www.academia.edu/3207864/No\\_Pain\\_No\\_Gain\\_The\\_Provocation\\_of\\_Laughter\\_in\\_Slapstick\\_Comedy](https://www.academia.edu/3207864/No_Pain_No_Gain_The_Provocation_of_Laughter_in_Slapstick_Comedy)

<https://www.theatlantic.com/health/archive/2015/11/plight-of-the-funny-female/416559/>

<https://www.theguardian.com/society/2014/jan/16/successful-comedians-display-symptoms-psychosis-study-says>

<https://blog.cognifit.com/humor/>

[https://greatergood.berkeley.edu/article/item/how\\_laughter\\_brings\\_us\\_together](https://greatergood.berkeley.edu/article/item/how_laughter_brings_us_together)

<https://www.laughteronlineuniversity.com/social-benefits-laughter/>