



Neuroscience, Growth Mindset, Social and Emotional Learning (SEL),
and Mindfulness Websites
Curated by Dr. Kendra Coates

Organizations

www.casel.org

The Collaborative for Academic and Social and Emotional Learning (CASEL) is an organization dedicated to advancing the field of social and emotional learning in an effort to integrate SEL programs within PK-12 educational programs.

www.mindsetworks.com

Mindset Works is the global leader in growth mindset research, programs, and professional development. Founded by Dr. Carol Dweck, Dr. Lisa Blackwell, and Eduardo Briceño based on Dweck and Blackwell's original growth mindset research.

<http://greatergood.berkeley.edu/>

The Greater Good Science Center at U of C Berkeley studies the psychology, sociology, and neuroscience of well-being, and teaches skills that foster a thriving, resilient, and compassionate society.

www.edutopia.org/social-emotional-learning-parent-resources

Information on this site will provide families targeted information to work with children in the area of emotional intelligence or SEL (Social and Emotional Learning).

<http://csefel.vanderbilt.edu>

The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) promotes the social and emotional development and school readiness of children birth to age 5. CSEFEL is a national resource center funded by the Office of Head Start and Child Care Bureau and focuses on sharing research and evidence-based practices to early childhood programs and providers.

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www.pacer.org

The mission of PACER Center (Parent Advocacy Coalition for Educational Rights) is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families, based on the concept of “parents helping parents.” A variety of information and resources are available on their website including bullying prevention resources.

www.schoolclimate.org

The National School Climate Center (NSCC) is an organization that helps schools integrate social and emotional learning with academic instruction.

www.promoteprevent.org

The National Center for Mental Health Promotion and Youth Violence Prevention provides training and technical assistance to Safe Schools/Healthy Students and Project LAUNCH grantees funded by the U.S. Departments of Education.

www.wholechildeducation.org

Launched in 2007, ASCD's Whole Child Initiative is an effort to change the conversation about education from a focus on narrowly defined academic achievement to one that promotes the long term development and success of children. Through the initiative, ASCD helps educators, families, community members, and policymakers move from a vision about educating the whole child to sustainable, collaborative action.

www.cpsel.org

The Center of the Promotion of SEL promotes social and emotional learning and character development, bridging the gap between research and practice by providing evidence-based professional development, consulting, coaching and resources to educators and practitioners in formal and informal settings.

SEL and Mindset Curriculum, Programs, and Approaches

<https://www.mindsetworks.com/Programs/gem>

Growing Early Mindsets (GEM) is a literacy-based teaching and learning framework and curriculum that integrates neuroscience, growth mindset, SEL, and mindfulness for PreK-3rd learners. GEM includes ten children’s books and three teacher guides.

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<https://www.mindsetworks.com/programs/brainology-for-schools>

Brainology is an online interactive program that teaches the scientific basis of a growth mindset. It teaches students how the brain works and how it grows stronger with active effort. It also teaches students learning strategies to develop their intellectual capabilities, and why those strategies work based on the way the brain learns.

www.rootsofempathy.com

Roots of Empathy is an evidence-based classroom program that has shown significant effect in reducing levels of aggression among school children while raising social/emotional competence and increasing empathy.

www.responsiveclassroom.org

The Responsive Classroom approach is a widely used, research- and evidence-based approach to elementary education that increases academic achievement, decreases problem behaviors, improves social skills, and leads to more high-quality instruction.

<http://thehawnfoundation.org>

The Hawn Foundation seeks to help transform children's lives by providing them with opportunities to acquire vital social and emotional skills, to improve academic performance, enhance the quality of their lives, and to help them feel more connected to their communities. Their website provides information and resources related to their SEL curriculum: MindUp.

<http://strongkids.uoregon.edu/>

The Strong Kids programs are brief and practical social-emotional learning curricula designed for teaching social and emotional skills, promoting resilience, strengthening assets, and increasing coping skills of children and adolescents.

www.toolsofthemind.org

Tools of the Mind is a research-based early childhood program that builds strong foundations for school success by promoting intentional and self-regulated learning in preschool- and kindergarten-aged children.

www.safeandcaringschools.com

The Safe & Caring Schools program helps educators easily incorporate social/emotional learning into daily academic instruction for Grades PreK–8.

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www.projecthappiness.org

Project Happiness is a 501(c)(3) nonprofit organization dedicated to inspiring and empowering people with the resources to create greater happiness within themselves and the world.

www.cfchildren.org

The Committee for Children is a non-profit working globally to promote social and academic success. They are responsible for the Second Step curriculum.

www.wingsforkids.org

Wings for Kids is an example of an after-school education program that integrates SEL.

www.socialthinking.com

Social Thinking is an approach to increasing children's social thinking abilities.

<http://consciousdiscipline.com>

Conscious Discipline is a comprehensive self-regulation program that integrates social-emotional learning and discipline.

Professional Learning

www.learningandthebrain.com

Learning & the Brain® provides educational Conferences, Symposiums and Summer Institutes and one-day professional development training seminars on the latest research in neuroscience and psychology and their potential applications to education.

<http://beyonddiversity.org>

The Beyond Diversity Resource Center teaches people to internalize the ethics and practices of true respect for cultural differences. The Resource Center provides diversity training designed to instill an understanding of one's own culture and that of others and challenges participants to engage in an emotional awareness of the ways in which cultural differences affect life experiences.

Service Learning

<http://www.epa.gov/students/index.html>

The EPA's website provides information related to the environment, including games and resources for service learning.

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www.kidskorps.org

Kids Korps USA is a 501(c)(3) nonprofit youth volunteer organization that engages young people, ages 5 through 25, in community service.

www.penniesforpeace.org

Pennies for Peace is an international service learning program focused on supporting the education of children in Pakistan and Afghanistan.

www.kidsvotingusa.org

A national leader in civic education, Kids Voting USA (KVUSA) gets students involved and ready to be educated, engaged citizens. Students learn about democracy through a combination of classroom activities, family dialogue and an authentic voting experience.

www.servicelearning.org

The National Service Learning Clearing House provides an abundance of resources to support service learning.

www.rootsandshoots.org

The Roots and Shoots program is a service learning program based on the work of Jane Goodall.

www.plt.org

Project Learning Tree is an award-winning environmental education program designed for teachers and other educators, parents, and community leaders working with youth from preschool through grade 12.

Additional SEL websites

www.bucketfillers101.com

This website provides resources based on the children's book, "Have You Filled a Bucket Today?"

www.district287.org

This district's website offers SEL resources under their resource page.

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www.dotolearn.com

Do to Learn provides thousands of pages of social skills and behavioral regulation activities and guidance, learning songs and games, communication cards, academic material, and transition guides for employment and life skills.

www.pbs.org/parents/arthur/activities/development.html?cat=development

Resources to support children's social and emotional development are available on this website.

<http://en.childrenslibrary.org/>

The ICDL Foundation promotes tolerance and respect for diverse cultures by providing access to the best of children's literature from around the world.

www.socialstudiesforkids.com

Social Studies for Kids has an abundance of information for kids related to social studies.

<http://www.stopbullying.gov/>

The federal government's website for bullying prevention. Resources for parents, teens, kids, educators, and community members are available.

www.pbis.org

The TA Center on Positive Behavioral Interventions and Supports has been established by the Office of Special Education Programs, US Department of Education to give schools capacity-building information and technical assistance for identifying, adapting, and sustaining effective school-wide disciplinary practices.

<http://www.howyouthlearn.org/SEL.html>

www.viacharacter.org

www.6seconds.org

<http://www.gtlcenter.org/sel-school>

<https://sel4us.org/>

www.ruler.org

<http://ei.yale.edu/ruler/ruler-overview/>

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Additional Growth Mindset websites

www.mindsetonline.com

www.perts.net

www.mindsetkit.org

www.transformingeducation.org

<http://www.edutopia.org/resilience-grit-resources>

<http://characterlab.org>

www.youcubed.org

<http://www.growthmindsetmaths.com>

Literacy

www.getreadytoread.org

This website provides an online early literacy screening tool, a downloadable transition to kindergarten toolkit, and a variety of parent/child activities.

www.readwritethink.org

ReadWriteThink's mission is to provide educators, parents, and after school professionals with access to the highest quality practices in reading and language arts instruction by offering the very best in free materials. Resources for parents include activities/projects, games/tools, tips, printouts, and podcasts.

www.reachoutandread.org/resource-center/

The Reach and Read National Center works to prepare our youngest children to succeed in school by partnering with doctors to prescribe books and encourage families to read together. Their parent webpage offers a wide variety of helpful early literacy resources to both parents and medical providers.

www.reading.org/InformationFor/Parents.aspx

The IRA is an international organization whose entire mission is to improve the level of literacy for every child through disseminating professional information, providing professional development opportunities, and encouraging reading as a lifelong habit for families and educators alike.

www.readingrockets.org

Reading Rockets offers a wealth of strategies, lessons, and activities designed to help young children learn to read. These resources assist parents, teachers, and other educators in working with struggling readers who require additional help in reading and comprehension skills development.

<http://www.naeyc.org/files/yc/file/200901/BTJLiteracyResources.pdf>

This resource from NAEYC provides an abundance of resources to support literacy development