

Community Programs Club Offerings

Session 6: March 21st - April 22nd

*Please note, Clubs will not be held April 11th - 18th due to Spring Break

Club 1 - Teen Poetry Club



6th - 12th Graders



Virtual - [HERE](#)



Thursday 1:00pm - 1:45pm

3/24, 3/31, 4/1, 4/21



HeatherRae Sprague and Cathy Peloso



FREE and Registration is not required



Description: In this poetry club, we'll find inspiration in the spring season and in great poets whose work we'll be discussing. This is a space where we can read poetry together and share our own poems. You can participate in guided poetry writing if you choose. Cozy up with your favorite beverage and join us!



Outside materials requested: Notebook, pen, pencil, book(s) of poetry



EL Approved

(This course can be counted on English Language Development Logs)



D.I.G. Sealed

D.I.G.- Intentionally creates learning opportunities through the lens of celebrating diversity, being inclusive, and growing in empathy and understanding.

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Club 2: Gardening Club



TK - 5th Graders



Virtual - [HERE](#)



Tuesdays 1:00pm - 1:45pm

3/22, 3/29, 4/5, 4/19



Scott Steffens and Renee Barnett



FREE and Registration is not required



Description: This is a weekly gardening club. Students will learn about plants, planting bulbs, bees, flowers, and more.



Outside materials requested: Materials highlighted below can be purchased using student instructional funds. When placing/approving a student order, please make sure to include a note, "These items are being used for the "Gardening" Community Club.

Garden kit, Seeds Gardening gloves, Trowel, Paper, Pencil, Markers, Watering can



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Club 3: Middle School Kickball Club



6th - 8th Graders



Whitney Ranch Park

801 Whitney Ranch Pkwy.
Rocklin 95765



Mondays 3:00pm - 4:00pm *Please note this Club will only meet 3 times due to school holidays

3/21, 3/28, 4/4



Lacey Carroll and Shannon Penders



FREE and Registration is not required



Description: This is an on-going weekly Middle School Meet up! Come join us as we play a good old fashion game of Kickball. We will make new teams every week. This is not a drop off event. In order to build community with our 6th-8th grade students we are limiting participation to students in 6th-8th grades only. There is an amazing playground for younger/older siblings at this park.



Outside materials requested: Water and athletic shoes



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Club 4: Happy Hikers (Advanced Hiking)



4th - 12th Graders



Please see dates and locations listed below



Fridays 12:00pm - 1:00pm

3/25, 4/1, 4/8, 4/22



Ruth Gallo and Jenna Clifton



FREE and Registration is not required



Description: Discover beautiful scenery, deer, birds, butterflies, squirrels, newts, and whatever else crosses our trail. Auburn is a beautiful place to hike, so let's go on an adventure together! Hikes will range from 2-4 miles, and will vary in difficulty. Please leave strollers and dogs at home.



Outside materials requested: Dress for appropriate weather including rain-jackets if needed. Bring: Camelbak/Water bottle (even if it's cold outside), hiking shoes/good walking shoes with grips for slippery trails, trail snacks. A Poppy pass/\$10 day use fee required for the *Quarry Trail & Pioneer Express Trail Hikes.

March 25th -

Quarry Trail: *Poppy Pass or \$10 cash or check required. (This trail is somewhat stroller-friendly and gradual. There will be an option to continue on for a 6-mile hike where Newts are often spotted, or to return early for a 3-mile round trip hike.)

Directions: From I-80, take Hwy 49 towards Placerville.

Go down into the canyon for 4 miles, then turn right onto Hwy 193E/49 S toward Cool. Go 0.4 miles and turn into the Quarry parking lot on the left.

There is also free parking on the right before the lot. (Cross hwy 49 VERY carefully.)

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Club 4: Happy Hikers Continued

April 1st -

Top of Stage Coach Trail (This trail is gradually steep and very demanding on the way back up).

Stagecoach Trail, Auburn, CA 95603

Directions: From 80 traveling East, exit Lincoln Wy.

Turn right onto Lincoln and then take the first left onto Russell Road. Russell Rd. curves around to the right, and Stage Coach parking will be on the left. If parking is full, park on Canyon Dr. further down the hill and walk up to the trailhead.

April 8th -

Pioneer Express Trail: Poppy Pass or \$10 cash or check required for parking. (This trail is beautiful and has rolling hills, but there is a LOT of poison oak.)

Directions: From Auburn Folsom Rd. turn onto Maidu Dr. to the China Bar State parking lot on the right. Take the paved road from the ranger/parking check-in station all the way to the large parking area with restrooms (about a mile down). We will meet here at 12:15pm, use the restroom, then caravan down the dirt road to the trail we will hike.

April 22nd -

River Trail (This is a very steep section of trail and a demanding 3 mile hike.)

Location: Overlook Park

855 Pacific Ave, Auburn, CA 95603

Meet in front of the restrooms.



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Club 5 - Fun Science Experiments



TK - 3rd Graders



Virtual - [HERE](#)



Tuesdays 12:00pm - 12:45pm
3/22, 3/29, 4/5, 4/19



Amy Buell and Heather Morris



FREE and Registration is not required



Description: Come join us each week for a different science experiment and learn something too!

Week 1: Lava Lamps

Week 2: Buoyancy Boats

Week 3: Colored Celery Experiment

Week 4: Static Electricity Butterfly



Outside materials requested: Please read through the materials requested below for each week. Students can either join and observe the experiments or gather the materials below to participate in these experiments.

(Week 1) Lava Lamps - Materials Needed:

1. 3 tall plastic bottles with caps (like a soda or water bottle)
2. Water
3. Vinegar
4. Three food colors
5. Large bottle of vegetable oil
6. Large box of alka seltzer tablets

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Fun Science Experiments (continued)

(Week 2) Buoyancy Boats - Materials Needed:

1. Large pan of warm water
2. Few drops of blue food color
3. Foil
4. Pennies
5. 1/4 cup of salt

(Week 3) Colored Celery Experiment - Materials Needed:

1. Celery stalks (can also use white flowers or pale-colored cabbage)
2. Glass jars (3 to 4)
3. Water
4. Food Coloring

(Week 4) Static Electricity Butterfly - Materials Needed:

1. Cardboard
2. Tissue Paper
3. Thick Paper
4. Cardstock
5. Scissors
6. Glue/Glue stick
7. Balloon



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Club 6 - Hiking Club (Family Hiking)



K-12th Graders



Please see the dates/locations listed below



Fridays 1:30pm - 3:30pm

3/25, 4/1, 4/8, 4/22



Jen Alcorn and Bonni Sorber



FREE and Registration is not required



Description: So many trails to explore! Come join us as we explore the beautiful hiking trails of the American River and beyond. Easy to moderate hikes all around 3 miles round trip.

March 25th- Lake Natomas Hiking/Biking Trail - out and back 2 miles round trip to explore and enjoy the views of the Lake. Strollers are fine here.

Directions: Meet at Willow Creek Rec Area Parking Lot off Folsom Blvd in Folsom. (There is not an address to this site but it is very easy to find on Google Maps or online.) Picture of Parking Area Below:



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Club 6 - Hiking Club Continued

April 1st - Dutch Creek Falls in Coloma off Bayne Road. An excellent 2-mile hike out and back to the beautiful falls at the creek. Strollers won't work here. There can be poison oak, no trailhead marker, and the trail isn't well maintained (which makes it more exciting and less crowded!)

Directions: Drive to the Gold Discovery Park in Coloma on Hwy 49. There is no parking near the trailhead, so you need to park in one of the Gold Discovery Park parking lots, easiest is by the museum. Pay the parking fee at the Museum and place the receipt in your car windshield. Walk across the one-lane South Fork American River bridge on Mt. Murphy Road. Pass the campground and take the first right turn onto Bayne Road. The trailhead is directly across from the dark brown house at 6060 Bayne Rd. There is a brown and white sign at the trailhead that says, "Not a maintained trail." The walk from the parking lot to the trailhead is .5 miles. Then the trail out and back is 1.5 miles. It's a narrow road to the trailhead, so hold hands of little ones and be careful of cars on the road. This is not a busy road by any means, but we must be careful of the cars.



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Club 6 - Hiking Club Continued

April 8th- Magnolia Ranch Trailhead off Hwy 49 in Pilot Hill. Will walk to the American River and back about 2.5 miles round trip. Trail strollers work until the last .25 mile to the River. LATITUDE/LONGITUDE: 38.826427, -120.955363

Directions: From the town of Auburn, drive south on Highway 49 for approximately fourteen (14) miles. Destination will be on the right.



April 22nd: Dave Moore Nature Trail off Hwy 49 in Lotus. 1 mile north of Lotus and 3 miles south of Pilot Hill. A half-mile exploration back to the American River and then back to the parking lot. Fun places to explore along the way! Bring nature journals and colored pencils for some journaling time at the river, and snacks too! LATITUDE/LONGITUDE: 38.8155, -120.91967

Directions: The site is located approximately 2 miles west of the Marshall Gold Discovery State Park at Coloma on Highway 49 in El Dorado County, California, along the scenic and popular South Fork American River.

Detailed Directions:

From Eastbound Highway 50 - Take the Ponderosa Road exit and go over the freeway bridge to the stop sign. Turn right on North Shingle Road and proceed for 3 miles. Turn left at the "Y" onto Lotus Road and continue for 5 miles heading

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north. Turn left at Highway 49 and cross the bridge at the river. Continue for about 1 mile along Hwy 49. The entrance is on the left at the cobblestone wall.

Club 6 - Hiking Club Continued

April 22nd Hike - Detailed Directions Continued

From Eastbound Interstate 80 - Take the Highway 49 exit heading south at the town of Auburn. Continue along Hwy 49 through the towns of Cool and Pilot Hill, approximately a 14 mile drive. The entrance will be 3 miles south of Pilot Hill on the right at the cobblestone wall.



Outside materials requested: Water bottle, walking shoes and nature journal.

Please leave dogs at home.



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Club 7 - Fun with Art Fundamentals



TK - 3rd Graders



Virtual - [HERE](#)



Fridays 1:00pm - 1:45pm

3/25, 4/1, 4/8, 4/22



Julia Jones and Kris Amarante



FREE and Registration is not required



Description: In this ongoing weekly Fun with Art Fundamentals Club, we will explore famous artists who use lines, shapes, colors, then create some art together using these basic principles. Students are invited to come with basic materials found around the home such as blank paper, construction paper, scissors, glue, markers, and crayons.



Outside materials requested: Paper, markers, crayons, pencils, etc.



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Club 8 - Get Your Kicks



4th - 8th Graders



Auburn

Railhead Park

175 Pacific Ave,

Auburn - on the main field.



Mondays 12:30pm - 1:30pm *Please note this Club will only meet 3 times due to school holidays

3/21, 3/28, 4/4



Reese Perez and Audra Koopmans



FREE and Registration is not required



Description: Come join the fun and get to know other kids while we learn some soccer skills and scrimmage each other each week.



Outside materials requested: Soccer ball, water and cleats if you have them.



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Club 9 - Walking and Talking Club



TK - 12th Graders



Roseville - Please see the dates/locations listed below



Tuesdays 10:00am - 10:45am
3/22, 3/29, 4/5, 4/19



Janell Lawrence and Julie Ellis



FREE and Registration is not required



Description: In this weekly walking club students can come and get some exercise while socializing with their friends or even meet and make new friends. Come enjoy the great outdoors on some of the local trails. All trail walks will begin and end at a local park where you will have the option to stay, play and continue to socialize after our club. Please note: This is not a drop-off event. Parents please come prepared to join us on the trail walk. We will gather at 10:00 am and move to the trailhead to begin the walk at 10:05 am.

March 22nd - Harry Crabb Park, 1000 Scarborough Dr. Roseville, CA 95661, at the picnic tables

March 29th - Maidu Regional Park, 1550 Maidu Dr, Roseville, CA 95661, at the western play area

April 5th - Harry Crabb Park, 1000 Scarborough Dr. Roseville, CA 95661, at the picnic tables

April 19th - Maidu Regional Park, 1550 Maidu Dr, Roseville, CA 95661, at the western play area



Outside materials requested: Water and athletic shoes

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Club 10 - Wilderness Wandering



TK - 3rd Graders



Loomis

Loomis Basin Community Park North

6909 King Rd Loomis



Fridays 2:00pm - 2:45pm

3/25, 4/1, 4/8, 4/22



Elizabeth Bingham and Jessica Holl



FREE and Registration is not required



Description: Nature provides us a wonderful place to explore, wonder and unleash our curiosity! It's so much larger and older than us that the possibilities are endless. Let's explore together, get dirty and be curious. Each week we will explore nature in the park, use our imaginations and see what we find. Simple activities and games will be introduced each week to get students using all their abilities and senses.



Outside materials requested: Water bottle and comfortable shoes



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Club 11 - The Kindness Club



TK - 8th Graders



Meadow Vista

1101 Meadow Vista Rd,
Meadow Vista, CA 95722

Meet us by the play structure at the tables!



Mondays 11:15am - 12:15pm *Please note this Club will only meet 3 times due to school holidays

3/21, 3/28, 4/4



Heidi Motto and Michelle Cox



FREE and Registration is not required



Description: Who doesn't need a little more kindness in their life? In this club we will practice random acts of kindness by completing a different project each week that will encourage the communities we are a part of. Come prepared to be inspired and make others smile!



Outside materials requested: All required materials will be provided.



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Club 12 - Teen Yoga in the Park



9th - 12th Graders



Meadow Vista

1101 Meadow Vista Rd,
Meadow Vista, CA 95722



Mondays 11:15am - 12:15pm *Please note this Club will only meet 3 times due to school holidays
3/21, 3/28, 4/4



Adelita Bordelon and Shawn Wright



FREE and Registration is not required



Description: In this on-going weekly Teen Yoga in the park students will learn techniques for balance, concentrating, reducing stress, and connecting to their bodies in a loving way, while still being playful and fun. All levels welcome, no experience required.



Outside materials requested: Yoga mat/ towel, water bottle, comfortable clothes, sunscreen, hat.



EL Approved

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