

Freshman Year Checklist

Laying the Foundation for Your Success

Academics: Focus on developing and strengthening your academic success skills.

- ☐ Log all assignments, reading, quiz/test dates, and extra-curriculars in a planner or other organizational system.
- ☐ Complete all work in a timely manner and do your best in all of your classes.
- ☐ Attend school regularly. Missing 10% or more of school each month results in additional stress, a volume of work to make up, and it may lead to not graduating on time.
- ☐ If you fall behind on your homework, contact your teacher immediately.
- ☐ Carve out time daily to complete homework, review class notes, and study for tests.
- ☐ Review the course catalog for classes that intrigue you and make note so you are prepared for forecasting.

Personal/Social: Focus on trying new things and exploring interests.

- ☐ Join clubs or teams that interest you- it's a great way to meet new people.
- ☐ Take on leadership roles in clubs or teams.
- ☐ Seek opportunities to give back to your community or non profit organizations by volunteering some of your time.
- ☐ Read books and newspapers to expand your vocabulary and strengthen your comprehension skills.
- ☐ Take a free Myers Briggs Inventory to identify your strengths and potential career interests

Post High School Planning: Focus on exploration that could lead you to career pathways.

- ☐ Talk to your parents/guardians about the goals and dreams you have for your future.
- ☐ If your plans include attending a college or university, start researching campuses and the degrees they offer.
- ☐ Visit colleges with your parents/guardians. Schedule campus tours ahead of time.
- ☐ Take the career and college quizzes at <https://bigfuture.collegeboard.org/> .
- ☐ Attend the Financial Aid information night at CHS.
- ☐ Attend the College Fair at CHS.
- ☐ Review the Washington College Access Network's newsletter that is included in the Inside Scoop at the beginning of every month.