

Rice Lake Girls Basketball Traveling Team Program 2021-2022

Dear Parents, Coaches, and Players,

Mission Statement

The Traveling Team program is sponsored by the Rice Lake Girls Basketball League and is open to all girls in the Rice Lake School District. It is intended to give girls with an above average interest in basketball an opportunity to learn more about the game and how to play as a team, develop skills, and compete against other motivated athletes from different areas. We will measure our success less in terms of wins and losses and more in terms of effort, attitude, and whether this overall experience has been a positive one for your daughter.

The Program

This program demands a significant increase of time and energy from the player and her family compared to the Girls Basketball City League. Guidelines and expectations set by the Girls Basketball League Board are as follows:

Teams

1. Goal of 8-10 girls per team depending upon numbers of players and coaches. Teams will practice a no-cut policy.
2. If there are enough players and coaches for two teams in a grade level, the teams will be divided as deemed appropriate by coaches, with approval by the board as needed.
3. If there is a large number of girls, but not enough for two teams, the board may allow for the scheduling of additional tournaments to accommodate the higher numbers.
4. Teams should be made up of players from the same grade unless there are emergency circumstances. Under no circumstances may a player compete on a team at a lower grade level.
5. To participate with the team, a player must also play in the Girls Basketball City League (5th-6th grade).
6. 7th-8th grade teams will be allowed to play approximately 5-6 tournaments per season; 5th-6th grade teams will be allowed to play approximately 3-4 tournaments per season; 4th grade teams will be allowed to play approximately 1-2 tournaments per season.
7. Practices are generally 1-3 times per week lasting 1.5-2 hours.
8. The Board reserves the right to review and revise these policies according to circumstances and is the ultimate authority over the contents.

Coaches

The Board appreciates the time and effort of those who volunteer to coach and realizes that without these volunteers there would be no teams. The Board would like to delegate as much of the responsibility for the team to the coaches as possible but reserves the right to be involved and/or take corrective action as needed. Our goal is to create a positive environment for coaches and players.

1. Coaches reserve the right to coach their daughter.
2. Coaches should behave in a respectful manner at practice and during games. You are a role model. You represent the Rice Lake community.
3. Coaches deserve the right to coach their team in the way they see fit, within the guidelines established by the Board.
4. Coaches will hold a preseason meeting with parents to introduce themselves along with their expectations and philosophy. A brief summary of the season schedule is also recommended to be provided by coaches.

Playing Time

1. Playing time is not required to be equal amongst players.
2. Goal of one quarter of playing time minimum per game per player.
3. Coaches can use their discretion according to circumstances but need to try and find ways to play all girls in all games. We know this is not an ideal situation, especially for teams with a lot of girls.

Games

1. Tournaments are organized by the GNWBL and are primarily (1) day, 3-game formats.
2. Saturday's games generally run from 9:00am to 5:00pm.
3. Parents are responsible for transportation, meals, and/or lodging. If parents are unable to travel, please make arrangements with someone for travel and supervision.
4. Families are expected to help and volunteer their time. This helps keep the costs of our league down. Thank you for your interest and support.