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## **Team Momentum Athlete Nathaniel Coleman Wins Two National Championships: USA Climbing's Bouldering Open Nationals and Youth Nationals**

**[Click to Tweet:](#)** Congrats to @momentumclimb athlete Nathaniel Coleman on his 2 junior national champ titles! #Climbing #Bouldering [www.momentumclimbing.com](http://www.momentumclimbing.com)

**SALT LAKE CITY (Feb. 11, 2016)** –[Momentum™ Indoor Climbing](#) announces that Team Momentum athlete Nathaniel Coleman has won two national titles: USA Climbing's Bouldering Open National and Youth Bouldering National Champion. Both competitions were held in Madison, WI. The 19 year-old nabbed the national title in the open competition on Jan. 30, 2016, defeating nine-time national champion Daniel Woods. On February 7, he took the youth title, which was his final youth bouldering competition.

Also on Sunday, Coleman was honored with The North Face's 2016 Young Gun Award. This prestigious award recognizes up-and-coming climbers who represent the values of the climbing community, competitive climbing achievements, commitment to the sport and exemplary sportsmanlike conduct.

Coleman is one of the original members of Team Momentum, joining the program when the team was established in 2008. Today he balances his academic load at University of Utah with a training schedule at Momentum. Last year, Coleman finished fourth overall in the IFSC Bouldering World Cup standings. In 2012, 2014, and 2015 Coleman took home gold medals from the USA Climbing Youth Bouldering Nationals. He won USA Climbing's 2015 Youth Sport Nationals, which is a sport climbing competition.

"Nathaniel is a gifted athlete with an incredible work ethic. His commitment to excellence and an unwavering positive attitude make him a role model for young climbers," said Jeff Pedersen, Momentum CEO and co-founder, who was also one of Coleman's first coaches. "Nathaniel's coaches and teammates are so proud of him."

Coleman attributes much of his success to the coaching and training he has received over the years at Momentum. For the past five years of his career, he has worked with coaches Kyle O'Meara and Noah Bigwood.

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“When it comes to competition or outdoor performance, bouldering is an individual sport; but there are so many people behind the scenes who helped me to get where I am today,” said Coleman. “I’m grateful to coaches O’Meara and Bigwood, as well as my parents and teammates for helping me to achieve another amazing goal.”

Momentum’s youth program, which includes over 600 kids in recreational clubs and over 30 on the competitive team, is one of the largest in the nation. Kids from ages 3 to 19 can attend from one day per week to a more intensive four-day program depending on their goals, age and experience.

“Momentum’s program helps young athletes become confident and independent,” said O’Meara “We design our curriculums and training plans to help them develop critical thinking and processing skills as well as strength and agility. At Momentum, kids learn to work towards goals and to handle both success and failure in a healthy and positive way.”

For more information on Momentum’s youth program or its gyms, please visit [www.momentumclimbing.com](http://www.momentumclimbing.com).

#### **About Momentum Indoor Climbing**

For the last decade, Momentum™ Indoor Climbing has been developing inspiring climbing gyms to serve local communities. Based in Salt Lake City, the Momentum brand is fueled by a passion to evolve and share the sport of rock climbing through timeless wall designs, modern training facilities, programs and amenities that enhance the indoor climbing experience. Momentum is committed to building better climbers and cultivating lasting communities. For more information about Momentum, visit [www.momentumclimbing.com](http://www.momentumclimbing.com) or connect with Momentum on [Facebook](#), [Instagram](#), [Twitter](#) and [Vimeo](#).

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