

**CEDAR HIGH SCHOOL
EXTRA-CURRICULAR ACTIVITIES CONTRACT**

Participation in extra-curricular activities is a privilege, not a right or entitlement. The extent of student participation shall be determined by the teacher or coach responsible for each activity without pressure or coercion of any kind from outside parties.

As a student participating in extra-curricular activities at Cedar High, I understand that I will be representing my school and myself. I understand that extra-curricular activities greatly enhance my educational experience but do not replace or take precedence over my academic learning.

I further understand that participation in extra-curricular activities at Cedar High is a choice that I have made with the knowledge that I will be held to a high standard of sportsmanship, citizenship, and character. I agree to the following requirements for participation listed below and understand the consequences for not following them.

1. Team Tryouts & Starting a Sports Season

- a. Athlete must be eligible from the previous grading period in order to try out for a team or participate in that sports season.
- b. Eligibility cannot be restored during a sports season.

Consequence: Ineligible student cannot be a part of any team or group for that sports season.

2. Social Media Misuse

- a. No posting of material that includes threats of violence or physical harm to another student.
- b. No posting of racist images, words, or phrases.
- c. No posting of inappropriate or pornographic language.

Consequence for (A,B,C): Suspension from current team/activity. Minimum of two weeks or two contests.

- d. No posting or sharing of pornographic images.

Consequence: Removal from current team/activity.

3. Game Day & Travel Attendance

- a. Athletes must attend all classes the day of a game to be eligible to play.
- b. In the event that travel to a competition takes place the day before the event, athletes must attend all classes on travel day to be eligible for the game/activity.

Consequence: Not eligible to participate in the next day's game or event.

4. Behavior & In-School Suspension

- a. Athletes are expected to show good behavior at all times as they represent not only themselves but their team and Cedar High school. This includes but is not limited to showing respect for their coaches, teammates, teachers and staff.
- b. Any athlete who is assigned in-school suspension during the school day because of behavior is not eligible to practice, travel, or play in that day's event.

Consequence: Athlete is not eligible for activity until the day after your suspension is completed.

5. Possession or use of Alcohol, tobacco, drugs, vape products or any other illegal substances.

- a. Any athlete who is in possession of or been under the influence of any of the above-mentioned substances will be removed from their current team. This includes police reports, video's, and pictures which confirm possession or use.

Consequence:

First Offense – removal from current team for the remainder of the season.

Second Offense – not eligible to compete in any extra-curricular activities for calendar year.

6. Sportsmanship & Game Conduct

- a. Athletes are expected to show good sportsmanship towards their opponents and game officials at all times.
- b. The good name of our school is more important than any game won or lost.
- c. Accept the decision of officials without dispute. They are seldom responsible for your success or failure, so do not blame them for your circumstance.
- d. Recognize and show appreciation for the fine play of your opponents.
- e. Be proud of your school's reputation and work hard to protect it.
- f. Cheer for your team, and not against your opponent.
- g. Do not allow others negative sportsmanship to become an excuse for you to do the same.

Consequence for display of poor sportsmanship: Meeting to be held with Administration, Head Coach, athlete and their parents to determine the course of action that will take place before athlete can resume participation in their respective sport/program.

7. Individual Programs

- a. Each Individual program at CHS can and may have increased or additional rules or requirements that athletes in their program must adhere to. In the event that they do the program must have approval from the CHS administration and have them written and signed by the athlete and parent prior to the start of their season.

As a student athlete at Cedar High School, I agree to the CHS extra-curricular contract.

Athlete Name

Athlete signature

date

As the parent/guardian of the above-named student I agree to the CHS extra-curricular contract.

Parent/guardian

Parent/guardian signature

date