



Your Performance Aspirations & Inspirations Worksheet

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Your Performance Aspiration:

If you could be in any show, what would be your dream performance? Example: A pop star at a sold out show, the lead in “The Hunger Games”, a singer on Broadway, etc.

Share why that is your dream. How would your dream make you feel? What would it mean for your confidence? How would it change your life?

Your Performance Inspiration:

List Your Three Most Favorite...

1. Singers:

2. Bands:

2. Actors/Actresses:

3. Dancers:

4. Movies:

5. Plays:

6. Books:

7. TV Shows:

8. Online Show (Youtube/Netflix, etc)

Now read over your performance aspiration and inspiration answers above. Do you see any common themes or similarities about what types of things inspire you and what you aspire to do? Explain: