



## **KIPP Bay Area | KIPP Through College (KTC): COVID-19 Resources for Alums**

Your KIPP Through College advising team has gathered the following resources to help navigate the ongoing COVID-19 outbreak. We know everyone's individual needs will vary, so **please reach out to your KTC advisor for additional support** as needed. (Not sure who your KTC advisor is? Contact Diana Rubio Olvera at [diana.rubio@kippbayarea.org](mailto:diana.rubio@kippbayarea.org)).

**There are resources in this document for [all regions](#), [San Francisco](#), [East Bay](#), and [San Jose](#). As well as resources for [undocumented students/families](#), [UC students](#), and [CSU students](#).**

## Resources for all Regions

*Education, basic needs/income, wellness/relaxation, fun/entertainment*

- Educational Resources:
  - [Free online textbooks](#) with a student email at any school
  - [Free online books/textbooks](#)
  - List of [Reduced Cost or Free Internet Access](#) Options
  - List of [scholarships for students affected by COVID-19](#)
- Basic Needs & Income Resources:
  - Receive a [90-day grace period for paying your mortgage](#)
  - [Join the waitlist for financial assistance](#) from Housing Industry Foundation (HIF)
  - File for [CA Pandemic Unemployment Assistance](#)
    - CA Unemployment Insurance-[applying online](#) is fastest right now!
  - [Disaster Distress Hotline](#): Text TalkWithUs at 66746 to talk to a counselor or call 1-800-985-5990
  - [CalFresh online application](#) (food stamps)
  - [Bay Area Community](#): Groceries, Hot Meals, and mental health, legal, and medical resources
  - [Natl. Domestic Violence Hotline](#): Advocates available 24/7 at 1-800-799-SAFE (7233)
  - Stimulus Check [FAQ sheet](#) & [website](#)
  - [Financial Tips for Pandemic](#) from KIPP Foundation Webinar series
  - SwiftStudent will help [write a financial aid appeal letter](#) for free
  - [Request for Enrollment Deposit Fee Waiver](#) [During covid, students can submit the waiver directly to colleges if obtaining both signatures is a hardship. Simply note that obtaining the second signature constitutes a hardship, and send the form directly to the admission office.]
- Wellness/Relaxation Resources:
  - Natl. Alliance on Mental Illness (NAMI) [COVID-19 Resource & Information Guide](#)
  - [Free at home workouts](#) through Gold's Gym
  - [Crisis Text Line](#): Free texting with a counselor 24 hours a day by texting HOME to 741741
  - [Interactive coping tools](#) to help with mental health
  - Behavioral Health Tips ([Best Practices to Manage Mental Health](#))
  - [Self-Care Tips](#)
- Fun/Entertainment:
  - [Learn a language](#)—3 month trial \$14.99 for students
  - Monterey Bay [Aquarium Live Cams](#)
  - Virtual [Tour of Yosemite](#)
  - [Learn How to Code](#) for free



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## Resources in San Francisco

- General San Francisco City/County Resources:
  - [Free meals for people under 18](#) at local schools
  - [SF Eviction Moratorium](#) Info
  - Resources for [lost job/reduced hours](#)
  - [Food Assistance](#) via the SF/Marin Food Bank
  - SF Free Help Charts: [food](#), [shelter](#), [medical](#), [etc.](#)
  - [City of SF: Covid-19 Updates & Resources](#)
  - [SF Human Services](#) (CalFresh, EBT, Employment, etc.)
- San Francisco State University:
  - [General SFSU COVID-19 Resources](#) (academic, basic needs/housing, health)
  - [SFSU Food Security Programs](#)
  - [CSU Cares Funds](#) (can apply on your portal)
  - [SFSU Online Zoom Tutoring](#)
  - [SFSU Metro Tutoring & Online Advising](#)
  - [SFSU Remote Library Services](#)
- City College of San Francisco:
  - [CCSF Remote Contact Info by dept.](#) (financial aid, matriculation/admissions, etc.)
  - [CCSF Online Learning Help](#) (Canvas, Zoom, Help Desk, computer help, etc.)
  - [CCSF Remote Library Services](#)
  - [CCSF Online Tutoring via Net Tutor](#) [[Schedule](#) for tutoring availability]
  - [CCSF Free Mental & Physical Health Services](#)



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## Resources in the East Bay

- General East Bay Resources:
  - Alameda County [Food Banks](#)
    - [Hayward Food Pantries](#)
    - [San Leandro Food Pantries](#)
    - [Oakland Food Pantries](#)
  - Hayward [Community Resource Guide](#)
  - City of Hayward Hotline for Resources & Updates: (510) 583-4949
  - [Hayward Eviction Moratorium](#) Info
  - [Oakland Eviction, Late Fee & Rent Hike Moratorium](#) Info
  - [H.E.L.P.](#) provides ONE-TIME emergency assistance to Alameda County residents to prevent homelessness & transition to permanent housing
  - Access to [Free or Low Cost Medical Services](#)
  - [Relief Fund](#) for Service Workers
  - [Keep Oakland Housed](#): emergency financial assistance, legal representation, etc.
- CSU East Bay:
  - [Virtual Academic Advising](#) from SCAA via Zoom (By appointment & drop in)
  - [Mental Health counseling](#) is available via phone & with appointment. After hours, students can call 650-885-3735 to reach a counselor
  - [Online textbooks](#) courtesy from the campus library
- Chabot College:
  - The [CARES Mental Health Center](#) is providing 30-minute virtual sessions w/ therapists. No appointment necessary.
  - [Academic advising](#) available by virtual appointment & chat
  - El Centro is offering [financial & academic counseling](#) through phone & virtual chat (Cranium Cafe)



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### Resources in San Jose

- General San Jose Resources:
  - Santa Clara [County Food Resource](#)
  - Santa Clara County [Meals on Wheels](#)
  - Drive Thru Sites from Santa Clara County [Catholic Charities](#)
  - [Second Harvest Food Bank](#) Need food? Call 1-800-984-3663
  - Financial Assistance from [Salvation Army- Santa Clara County](#)
  - Silicon Valley [Employment Opportunities](#)
  - [San Jose Eviction Moratorium](#) Info
  - [Baseline COVID-19 Testing Program](#)
  - Join the waitlist for financial assistance from [Sacred Heart](#)
- San Jose State University:
  - **\*Please note: On May 22, SJSU will launch an online recognition experience that will allow graduates to share their celebration with peers, family & friends**
  - **\*Please note: Students may request grade change once the semester is completed before June 8th** (review [FAQ](#) & [submit grade change](#))
  - [Refunds](#) for parking permits
  - [Meal plan & housing cancellation form](#)
  - The [Student Health & Wellness Center](#) remains open Mondays & Thursdays 9a-3p. Students can access the pharmacy & primary care during these hours
  - Mental Health counseling is available via [Therapist Assisted Online](#). ([Register](#) & download the app.)
  - [CAPS Life Skills Workshops](#) (happening via Zoom) Connect with peers, learn new skills & grow both emotionally and educationally
  - [Spartan Food Pantry](#) (Hours & Directions)
  - [EOP](#) advisors are available 10am- 2pm for remote advising, via Google Meet until April 30th. Email your advisor directly and provide your availability and student ID #
  - [SSS-ASPIRE](#) program: 1-on-1 advising, writing & math tutors, & a Federal Aid Grant
- Evergreen City College:
  - Financial Aid staff are working remote. [Review the staff directory](#) & call someone directly
  - [Emergency funding](#) available
  - Campus [updates & resources](#)
  - [Online tutoring](#) in Canvas
- San Jose City College
  - [Student Emergency Funds](#)
  - Equipment Loan [Request Form](#) (including Computers)
- De Anza Community College/Foothill Community College
  - [Student Services Campus Directory](#) (Financial Aid, Admissions & Records, etc.)
  - [Virtual Advising](#)
  - [Organization Tips](#)



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### Resources for Undocumented Students & Families

- COVID-19 Relief for Undocumented Immigrants in CA
  - \*Please note: Beginning Monday May 18, the State of California is providing one-time state-funded relief to undocumented immigrant workers who are ineligible for federal aid via the CARES Act (Coronavirus Aid, Relief, and Economic Security) because of their immigration status. **Individuals interested in applying for relief should contact the nonprofit organization in their county/region ([see directory here](#)).** Those who qualify can receive \$500 in direct assistance, with a maximum of \$1000 in assistance per household.
- [CA Immigrant Youth Justice Alliance | COVID-19 Resources](#)
- [Employment Rights](#) of Undocumented Workers
- [Immigrant Eligibility for Public Programs](#) During COVID-19
- Undocumented [Students/Families Guide for COVID-19](#)
- Legal Aid At Work | [Relief Funds For Undocumented Workers](#) in California
- CA COVID-19 [Disaster Relief Assistance for Immigrants](#) [[one pager here](#)]
- Unity Council | [Resources for Undocumented Californians](#)

### Resources for University of California (UC) Students

- The Coronavirus Aid, Relief, and Economic Security (CARES) Act signed into law March 28, 2020, provided funding directly to higher education institutions to support the costs of shifting classes online, and for emergency relief to federally eligible students for basic needs, technology, and other purposes. **Each UC campus has their own process for allocating and distributing this funding to eligible students. Contact your campus' financial aid department for assistance.**
  - [Summary of CARES Act funds](#) released by UC Office of the President
- Fact sheet: [UC-held student loan relief & COVID-19](#)
- 3/17/2020 [Letter from UC President](#) Janet Napolitano to the UC community
- Campus Updates: [Berkeley](#), [Davis](#), [Irvine](#), [Los Angeles](#), [Merced](#), [Riverside](#), [San Diego](#), [Santa Barbara](#), [Santa Cruz](#)



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## Resources for California State University (CSU) Students

- \*Please note: “**CSU courses [will] primarily be delivered virtually for the fall 2020 term**, with limited exceptions for in-person teaching, learning and research activities that cannot be delivered virtually” - [CSU Chancellor Timothy P. White's Statement on Fall 2020 University Operational Plans](#)
- The CSU Cares Program offers emergency grants for CSU students experiencing financial hardships directly due to the COVID-19 pandemic. [Fact sheet here](#).
- Campus Updates: [Bakersfield](#), [Channel Islands](#), [Chico](#), [Dominguez Hills](#), [East Bay](#), [Fresno](#), [Fullerton](#), [Humboldt](#), [Long Beach](#), [Los Angeles](#), [Maritime](#), [Monterey Bay](#), [Northridge](#), [Poly Pomona](#), [Sacramento](#), [San Bernardino](#), [San Diego](#), [San Francisco](#), [San Jose](#), [Cal Poly SLO](#), [San Marcos](#), [Sonoma](#), [Stanislaus](#)