

ONE FAMILY CHURCH CURRICULUM RESOURCES

We use an “open market” system where you can propose a group around just about anything. If you are looking to lead a group this semester but aren’t sure about the topic or curriculum, we’ve got some options you can choose from.

I. *SERMON DEEP DIVE*

What: We will be intentionally reviewing the previous Sunday’s sermon, exploring any impressions or questions we may have, as well as how we can practically apply what we’ve learned to our lives and walk with one another as we do so.

Why: In Matthew 13:23 (NIV) while explaining the Parable of the Sower to His disciples, Jesus says, “But the seed falling on good soil refers to someone who hears the word and understands it. This is the one who produces a crop, yielding a hundred, sixty, or thirty times what was sown.” Jesus takes our response to hearing the Word a step further in Luke 11:28 (NIV) when He says, “Blessed rather are those who hear the word of God and obey it.” Jesus calls us to not only hear the Word of God, but to understand and obey it. When we do these things, we are being obedient and fruitful followers of Christ!

Curriculum Details

Provided Curriculum: A structured guide to facilitate discussions and activities for each week. You’ll receive basic questions that can be asked of any sermon before the Life Group semester starts, in addition to questions about that week’s specific sermon by each Friday at 5pm.

Flexibility: Ability to modify and tailor the curriculum to fit the unique needs of your group. You don’t have to go through every provided question in the general and specific guides. Your group’s discussion should stay on topic for the most part but ultimately be natural!

II. BOOK STUDY



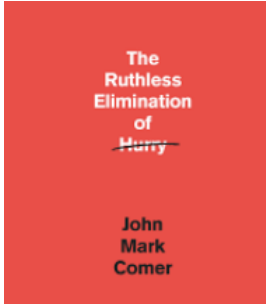
A. [Made for People by Justin Whitmel Earley](#)

Summary: "Made for People" explores the importance of deep, meaningful relationships and how to cultivate them in a digital age. Addresses the struggles we face in forming authentic relationships and Provides actionable steps for building community and deepening connections.

Curriculum Details

Provided Curriculum: A structured 10-week guide is provided to facilitate discussions and activities

Flexibility: Ability to modify and tailor the curriculum to fit the unique needs of your group.



B: [Ruthless Elimination of Hurry by John Mark Comer \(RNM\)](#)

Summary: We are all busy. Some of us can't remember the last time we rested or even had free time. Our busyness can feel productive but it is a toxic distraction, sapping our spiritual, physical, and emotional vitality. It may seem like we have no choice but to live at a frantic pace, but God has a better path for us.

Join pastor and author John Mark Comer in this five-part series as he addresses one of the greatest threats to our spiritual lives: hurry. Instead of allowing our calendars and screens to control our lives, Jesus offers us a new rhythm of life, overflowing with grace, peace, and beauty.

Curriculum Details

Provided Curriculum: A structured 5-session guide is provided through RightNow Media. This includes videos and outline to facilitate discussions and activities

Flexibility: Ability to modify and tailor the curriculum to fit the unique needs of your group.

III. GOSPEL STUDY

- A. [Gospel of Mark by Francis Chan \(RNM\)](#) - 11 sessions
- B. [Gospel of John: Part 1 by Tony Evans \(RNM\)](#) - 12 Sessions
- C. [Gospel of John: Part 2 by Tony Evans \(RNM\)](#) - 9 Sessions