

St Joseph's Catholic Primary School Bulli

Learning Schedule Term 4 Week 1 - Year 3



Be Respectful Be Responsible

Be Safe

Follow Home Learning Expectations

REMOTE LEARNING MONDAY - PUBLIC HOLIDAY Key Learning Areas Day 2- Wednesday Day I- Tuesday Day 3- Thursday Day 4- Friday Remote Learning Remote Learning Remote Learning Remote Learning STUDENT SIGN IN (by 12pm each STUDENT SIGN IN (by 12pm each day) STUDENT SIGN IN (by 12pm each day) STUDENT SIGN IN (by 12pm each day) **FREE CHOICE** zoom **FRIDAY Zoom Class Meeting: Zoom Class Meeting: Zoom Class Meeting:** 9:15 am 9:15 am 9:15 am Mrs. Smith: link Mrs. Smith: link Mrs. Smith: link Mr. Cox: Link Mr. Cox: Link Mr. Cox: Link Religion Say school prayer and/or sing the school Say school prayer and/or sing the Say school prayer and/or sing the sona. school song. school song. FRIDAYS Religion: Religion: Religion: **Feast Day of** October **FRIDAYS** St Francis of Assisi Month of The **Holy Rosary** 4 October Go to the Seesaw activity titled:











Click here to listen to the audio. Saint Francis of Assisi loved to spend time in the environment and recognised the importance of respecting all people, creatures and creation.

TASK: Look at the image of St Francis of Assisi lying on the ground to take in the beauty of the surroundings. Take 10 minutes to lie outside. Take some time to notice everything around you.

Resource: Click <u>here</u> for the image of Saint Francis of Assisi lying on the ground.

Upload a photo to Seesaw of you and your pet lying in the grass like St Francis of Assisi.



'Catholic Mission Month - Socktober.'

In the month of October we raise awareness of those in need through Catholic Mission.

Socktober is a great initiative where we 'Sock It to Poverty'.

We need to speak for those who have no voice.

FOI WE CANNOT KEEP FROM SPEAKING about what we have SEEN & HEARD

ACTS 4:20

Start collecting tape, string, old plastic bags and socks to reuse to make your own Socktober Ball next week.

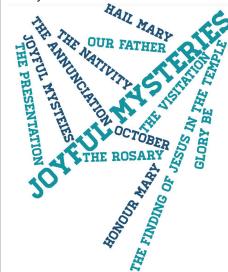
Challenge
Who can make a soccer ball that is strong and sturdy?

Go to the Seesaw activity titled: 'Month of the Rosary - Joyful Mysteries.'



Task 1: Complete the 'Joyful Mysteries' matching task.

Task 2: Create a 'Joyful Mysteries' Word Collage using the app on your ipad and upload a screenshot in the Seesaw activity.



OPTIONAL

Click on the TASKBOARD image below or <u>HERE</u> to access the Optional TaskBoard Activities



Optional Learning

You have the option to select two or more tasks to complete today.

It is recommended that you reduce your screen time today.







Words Their Way Sort (Orange Sheet in Home Learning Pack)



ONLINE LEARNING

Task 1: Cut, discuss and sort words.

Task 2: Sort words in Alphabetical order and upload a photo in Seesaw.



Words Their Way Sort (Orange Sheet in Home Learning Pack)

Task: Speed Sort (3 times) and record results in a table in your Home Learning Book.

Words Their Way Sort (Orange Sheet in Home Learning Pack)



ONLINE LEARNING

Task 1: Select 3-5 words from your weekly sort to define and write them in platypus' super sentences.

Task 2: Glue your sort into your Home Learning Book.

BRAIN BREAK





Task 1: View the following multimodal texts that introduce the informative text of explanations.

- 1. Explanation Text
- 2. View this second video on Explanation Text Writing
- Read the Text Structure and Language Features sheets in your Home Learning Pack.



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EXPLANATION TEXT FEATURES

Task 1: Go to the Seesaw activity titled: 'Identifying Text Structure & Features of Explanations.'

Consider - What are the criteria for success when writing explanations. We will discuss this in our Zoom Meeting tomorrow.



ONLINE LEARNING

Task 2- View this 'Hermit Crab' video link to learn about how and why a Hermit Crab changes shells.

Task 1: Go to the Seesaw activity titled: 'Questioning.'



ONLINE LEARNING

Task 2: Complete a Bug Club reading task.



Remember to click on the



to complete quizzes as you read.







Learning Intentions:

We are learning about explanations so that we can write to inform an audience using the correct structure and language features.

Success Criteria:

This will be co-constructed in Week 1 with the students.

Task 1: Time Conjunctions

Time Conjunctions are used to explain the steps in an explanation text in the order they occurred.

Complete the Explanation Text - Time Conjunctions sheet in your Home Learning Pack.



Optional extension: Choose 3 time conjunctions, to write your own sentences in your Home Learning Book.

Task 2: Present Tense

View the following <u>link</u> to learn more about present tense.

Complete the **Explanation Text - Present Tense** sheet in your Home Learning Pack to identify the text that is written in the present tense, as though the events are happening now.

EXPLANATION TEXT Prosonal Tonso								
An explanation text is generally written in the present tense, as though the events are happening now. Shade the present tense sentence out of each option below.								
L	The bee creates.	The bee created.	The bee will create.					
2.	You will bake.	You are baking	You have baked.					
3.	The bear elept.	The bear sleeps.	The boar will sleep.					
4.	The figer will run	The figer ran.	The figer is running.					
5.	We studied.	We are studying.	We have studied.					
6.	The penguin swims.	The penguin swom.	The penguin will swim.					
z	The volcano erupts.	The volcano will erupt.	The volcano erupted.					
8.	The egg hatched	The egg hatches.	The egg will hatch.					
٩	The moth flew	The moth will fly.	The moth is flying.					
10.	The ocean is safty.	The ocean was softy	The ocean will be softy.					

Task 3: Complete one page from your Handwriting book.

Task 1: Find the Hermit Crab text below in your Home Learning Pack. Cut out the paragraphs and reorder them into the correct structure by pasting them into your Home Learning Book.



Task 2: Use the explanation text template below that is in your Home Learning Pack to write your own ideas for an introduction and explanation of how hermit crabs change shells.

Click on the link to view instructions on how to complete the task and view an example by one of your teachers, before you complete your own. LINK



Task 1: Today you will use your Hermit Crab 'Explanation Text Features' planning template (completed yesterday) to write your own written explanation about 'How Hermit Crabs Change Shells', in your Home Learning Book

<u>or</u>

onto the Explanation Text Template writing sheet in your Home Learning Pack. (Image below)



View the video LINK of your teacher explaining the task and view a modelled example.

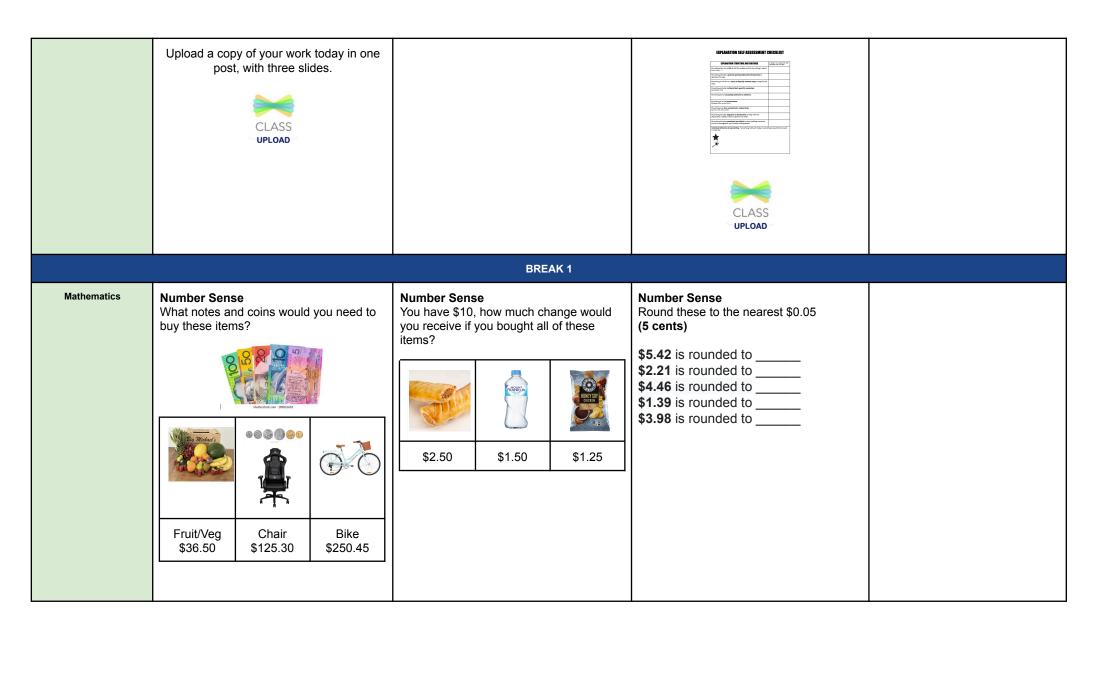
Go to the Seesaw activity titled: Explanation Writing - using the Explanation Text Template.'

Task 2: Use the visual image sheet in your Home Learning Pack, to cut out some visuals, to trace or paste visual images into your book beside your written text or on the reverse side of the template so a visual diagram is included.



Task 3:

Complete a self assessment checklist that is in your Home Learning Pack to ensure you have included the structure and features.



Mathematics

123 456 789

Area:

Learning Intention:

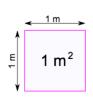
We are learning to use square units of measurement so that we can measure, calculate and compare the area of rectangles.

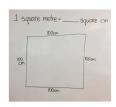
Success Criteria:

I will be successful in my learning if I can...

- construct a square metre and use it to measure the areas of large rectangles
- record areas in square metres using words and the abbreviation for square metres (m2)
- estimate the areas of rectangles in square metres.

Area is measuring the space inside a 2D Shape. Sauare Metre





Task 1:

Complete the maths online task titled: 'Area - Week 1'



Task 2:

Create a square metre using newspaper and tape, trying to be accurate by using a ruler or tape measure.

Area:

Success Criteria:

I will be successful in my learning if I can:

- construct a square metre and use it to measure the areas of large rectangles
- record areas in square metres using words and the abbreviation for square metres (m2)
- estimate the areas of rectangles in square metres.

Task 1: Using the square metre from yesterday, estimate the size of a room in your house. Answer the question, 'How did you get that estimate?'

You might like to set it out like the example below.

The Deck



Estimate: 40 square metres $(40 \, m^2)$

How?: I thought about the square metre I made and imagined it going along the top (width) and the side (length). I know that when I multiply the width and length together I get my answer.

I estimated the width was 4m and the length was 10m.

 $L \times W = 40$

 $10 \times 4 = 40$

40 square metres is my estimate.

Task 2: Use the newspaper square metre

Area:

Success Criteria:

I will be successful in my learning if I can:

- construct a square metre and use it to measure the areas of large rectangles
- record areas in square metres using words and the abbreviation for square metres (m2)
- estimate the areas of rectangles in square metres.

Task 1:

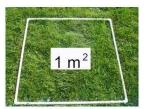
Complete the Hotsheet titled 'Square Metres' that is in your Home Learning Pack.

HOT sheet	Me	asuring area
SQUARE METRES		
Make a square with sie	les of 1 metre out of newspaper. Use this as a 1 m ² measur	e.
TASK 1 Com	pare areas to a square metre	
Using your measure, for Record them in the tab	ind surfaces that are smaller, larger or close to 1 m ² .	
	Surface	
Smaller than 1 m ²		
About 1 m²		
Larger than 1 m ²		
TASK 2 How	many shoes make a square metre?	_
How many shoes woul	d you need to cover a square metre?	
Make an estimate		
Draw an outline of you the exact number of sh	ar shoe to create a template on card or paper. Use the temploes needed.	late to find out
Record what you did.		
How many shoes were	needed?	
How did this compare	to your estimate?	

Optional Challenge: Can you cut your square metre in half once to form another shape that is still 1 square metre? (See the images below for examples)

Take a photo and upload it to Seesaw.



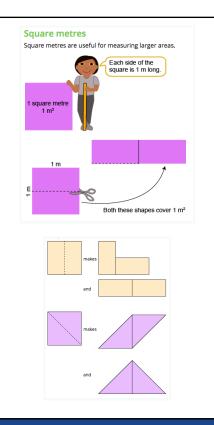


Take a photo of your square metre and upload it to Seesaw, adding a textbox that has the symbol for squared metres in it.



to measure the same room. Record length and width to the nearest square metre.

Remember to be respectful, responsible and safe as you complete this task.



BREAK 2

Other KLA Learning Activities



time on these activities is 30 minutes per day. However, the amount of time spent on these activities throughout the week is at the discretion of parents.

The suggested amount of

Geography

Go to the Seesaw activity titled: 'Geography Term 4 Week 1.'



Personal Development Health

Task 1: Modelled/explicit teaching - 5 Food Groups



ONLINE LEARNING



Visual Arts

Task 1: Go to the Seesaw activity titled: 'Rosary Beads'.



Task 2: Stain Glass Window Colouring in your Home Learning Pack. This can be

- 1. Complete any unfinished work from the week.
- **2.** View the school assembly via the shared link.

SJB Online Assembly

worked on over the Month of October and Task 2: Complete the 'Finding the Food placed on display once completed. Group' two sided activity sheet in your Home Learning Pack. Challenge: Add an additional two foods in each group that you enjoy eating. All people benefit greatly from participating in activities to focus on self-care. It is important to look after your physical, mental, and emotional wellbeing. Please select activities from the options below to take care of yourself throughout the week or choose to do something with your family to keep physically active every day and to focus on self-care. **Looking After Myself** Collect and create a patterned shell of your own (asking your parents/carers first). If you aren't able to get a shell, you can learn to draw your own by using this link. Remember to colour and decorate it! Learn how to do the 'Moonwalk' dance move and upload it to Seesaw. Personal Development, **Physical Education** Health & Physical ☐ Cardio Brain Break Education How to create a safe

Physical activity & School Sport - Remote Learning Matrix

Now more than ever it is important that we find ways to remain active. Please access this following matrix to select activities that suit you. You <u>must</u> complete between 20pts - 60pts each week, (60pts per week is the <u>Australian Physical Activity and Sedentary Behaviour Guidelines</u>).

	Physical Activity Options					
	A- Around the house	B - Cardio workouts	C - Dance/Aerobics	D - Strength	E - Student Choice	
1 Point	A1- Sweep the floors	B1- 30 star jumps	C1- Put on your favourite song and dance around the room	D1 - 20 push ups OR 20 situps	E1- Design and complete your own 5 min. physical activity	
3 Points	A3-Juggle a soccer ball, shoot a basketball/netball, throw a ball at a target for 10 minutes	B3 - Meditation- Smiling Mind app or Calm app- 10 minute meditation session. (free download)	C3 - <u>Beginners</u> dance routine for fitness 12 mins	D3 - Try this 10 minute Cardio Boxing routine	E3 - Design and complete your own 10 minute physical activity	
5 Points (20 mins of physical activity)	A5 - Jump on the trampoline for 15 minutes (or 15 minutes skipping)	B5 - Choose one of the 20min <u>7 Days of</u> <u>Sweat</u> workouts to complete	C5 - Complete 20 minutes of Just Dance: <u>Just Dance</u> YouTube Channel	D5 - <u>Full Body workout</u> - Casey Ho Blogilates- 12 mins +warm up	E5- Design and complete your own 20 minute workout routine	
7 Points (30 mins of physical activity)	A7 - Complete <u>Yoga</u> time or find your own yoga routine to do	B7 - Complete this 30 minute cardio routine	C7 - Complete the <u>Born To Move</u> <u>Dance Routine</u>	D7 - <u>Power Yoga</u> <u>Session -</u> Yoga by Adriene	E7- Design and complete your own 30 minute workout routine	
9 Points	A9 - 15 pushups 15 situps 60 second plank 60 seconds rest (repeat x 8)	B9 - Challenge yourself with this 40min cardio boxing routine	C9 - Complete a 30 minute <u>aerobics for</u> <u>beginners</u> session	D9 - <u>30 Minute</u> <u>bodyweight strength</u> <u>class</u>	E9- Design a 30 minute workout routine. Complete with a friend over facetime	
12 Points	A12 - Go for a 30-40 minute run/powerwalk	B12 - Choose 3 HIIT workouts on the youtube channel: <u>The Body Coach</u>	C12 - 30 minute hip hop TABATA workout	D12 - Build strength by completing this challenging 40 minute strength workout	E12- Design and complete your own 40 minute workout routine	
15 Points (60 mins of physical activity)	A15 - Do all of the house chores for at least 60 mins	B15 -Challenge yourself with Les Mills full body combat cardio workout	C15 - Start <u>Slideshow</u> and complete all Zumba routines	D15 -Use <u>Fitness</u> <u>Blender</u> to complete a free strength workout- must total 60 mins	E15- Design and complete your own 60 minute workout routine	

https://docs.google.com/document/d/1DOofvLZvCrTydanfTy-uvlph8B05BdYj7CicuNdaBKs/edit?usp=sharing link for the matrix

Optional Extension Task/s

Optional Extra Task/s

- $\hfill \square$ School Magazine rehearse and perform a readers theatre with family members.
- $\hfill\square$ Matharoo Problem Solving Sheets
- $\hfill\Box$ Set Studyladder Pods
- ☐ South Coast Writing Competition https://southcoastwriters.org/youngarchiewriting



Dismissal- Family check-in time.

The following questions would support you when checking in with your child.

- What are you learning today?
- What are your learning tasks or goals in this session?
- How will you be spending your time?
- What resources do you require?
- What support do you need?

The following questions would support you to check in with your child after a learning session

- What did you learn as you completed your work today or what did you work on improving?
- Consider 2-3 things that went well today or that you enjoyed about your learning task, tell me about them.
- Can you acknowledge one challenge or something difficult? Discuss how this can be overcome tomorrow.
- How did you go with the new learning presented this week?
- Are you okay? Do you need to ask your teacher for something or do you need support with anything to make tomorrow more successful?