



## **Best Damn Sport and Social Club**

### **Sand Volleyball Rules**

Last Updated 3/5/25

#### **Game Regulations**

- Games last for 1 hour
- 4 vs 4
- Players must rotate every serve
- Play best of 3 matches. Continue playing for fun if time is left in the hour
- The team who wins best of 3 gets a win for that week
- Rally Type Scoring, 1st team to 25 points wins match
- If your team cannot field at least 1 males or 1 female they forfeit the week (be there on time and bring Subs if you need them!)
- Each team will select a Referee each match who will not play that round (if available)
- SAFETY RULE: If a ball from other court interferes with your play, stop playing and restart serve without counting score
- The Ref will write down winner of round on scorecard and be the judge on all calls
- Keep things Social and do not argue over calls, ref has final say
- All BDSSC members must wear Team Shirts WHILE PLAYING

#### **Substitutes**

- He/She must be replacing an actual BDSSC member who is absent
- Sub must sign in with WHO he/she is replacing for the week
- Every sub must get with staff BEFORE game and sign waiver
- The sub may wear a similar colored shirt as subs team

## Game Rules

**(We want to keep these short and sweet, this is not the olympics, so just have fun and enjoy the game!)**

- The ball may be hit 3 times on each side of court, without touching ground
- No double contact on same player, in succession
- No Lift, Catch, or Throw allowed. The ball may not come to rest in any motion.
- Serves must clear the net, a serve that touches net and goes over still counts
- You are not allowed to spike or block a serve
- You can only spike when the ball is touching your side of the net/plane (no reaching over)
- Standard volleyball boundaries will be in play
- Only the top 4 Teams make the playoffs (This may change based on league size)
- 2 Team TieBreakers will be determined by Head to Head first then Sets Won
- Any TieBreaker over 2 teams will be broken by Sets Won (Unless the rare scenario occurs where all teams tied have played each other and 1 team beat all of them)
- *The immediate standings may not be correct after Week 6 if there is a multi-team tie, Best Damn Staff will conclude final standings with tie breaker logic above*

## Captain Responsibilities

- Make sure your team has enough people to play every week
- Grab and hand out your team shirts! We will bring them to the field around 10 minutes before your 1st gametime!
- Make sure you turn in scorecard to BDSSC Staff EVERY week after play
- Make sure your team understands this is a social league. No one should be getting angry or arguing calls
- Make sure your team understands all rules before playing
- Captains are responsibility for ANY lost or damaged volleyballs, so make sure all are returned to BDSSC Staff after every game
- Captains will split the cost of replacing every lost or damaged volleyball and must pay ASAP. Failure to do so can hinder future participation so DO NOT LOSE ANY BALLS!!

## Other Things

- Please play fair and do not get angry, this is a social league

- Please do not drink and drive, if you need assistance getting a ride speak with BDSSC Staff
- BDSSC LLC is not responsible in any way for damages, injuries, and faults of its members. You sign this away with your waiver so you will be responsible for all of the above. Please be aware and stay safe
- BDSSC Staff will be taking photos and videos during all events. We have the right to use all media and will be posting them to our social media for everyone to enjoy
- There is no smoking anywhere in the facility
- Have FUN and Keep it SOCIAL!!